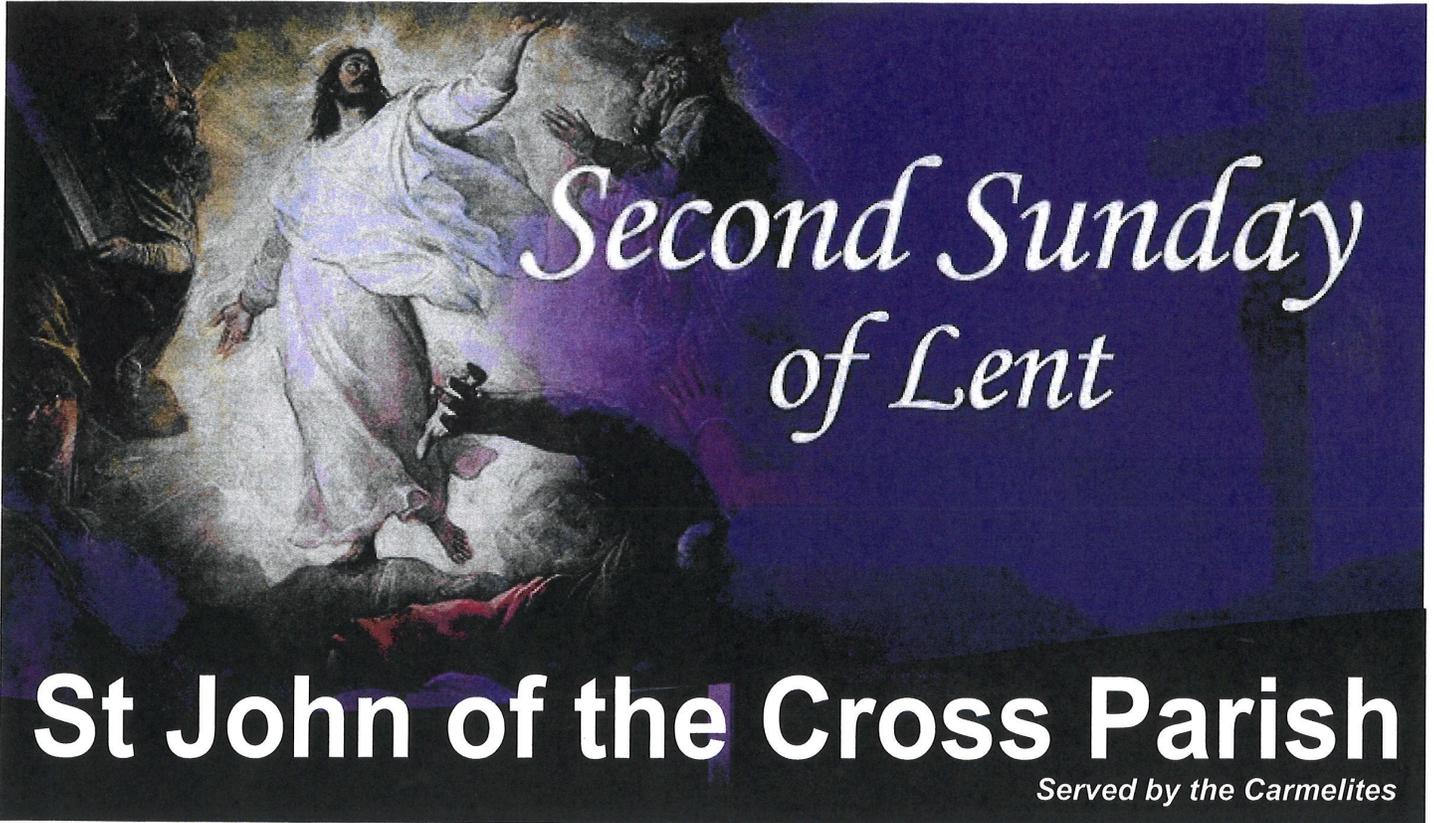


Sunday, March 1, 2026



<p>PARISH OFFICE</p>	<p>PARISH OFFICE HOURS</p>
<p>6890 Glen Erin Drive, Mississauga, ON L5N 2E1 Tel: 905.821.1331 E-mail: sjocrossmi@archtoronto.org Website: https://stjohnofthecrossmi.archtoronto.org</p>	<p>Monday to Friday: 9:30am - 4:30pm and 6:00 - 8.30pm Saturday: 9:00am–12:00pm and 3:15- 6:15pm Sunday: 8:30 am 1:30pm</p>
<p>PASTORAL TEAM</p>	<p>MASS TIMES</p>
<p>Fr. Joyson George, O.Carm, Pastor Ext. 228 Fr.JGeorge@archtoronto.org Fr. Joby Joseph, O.Carm, Associate Pastor Ext. 224 joby.joseph@archtoronto.org Deacon Mark Romeo 222 mromeo@archtoronto.org Deacon Ferdinand D’Souza fdsouza@archtoronto.org Liane Harris, Pastoral Associate LHarris@archtoronto.org 226 Violanta Nicholson, Secretary VNicholson@archtoronto.org 223 Diane Mejia, Reception 221</p>	<p>Mondays to Saturdays: 9:00am Additional Masses on Wednesdays & 1st Fridays: 7:00pm Sundays: 8:00am, 10:00am, 12:00pm, and 4:00pm Sunday Vigil Mass at 5:00pm on Saturday</p> <p>RECONCILIATION 6:00- 6:45pm before Wednesday 7pm Mass or appointment.</p> <p>SICK AND HOMEBOUND Please contact the office.</p>
<p>SACRAMENTAL PREPARATION</p>	<p>Two Steps for E-Transfer:</p>
<p>1st Communion/1st Reconciliation Sjoc-firstcommunion@archtoronto.org 225 Confirmation, Sjoc-confirmation@archtoronto.org 230 Youth Group, Sjoc-youthministry@archtoronto.org Vincent de Paul Society 305</p>	<p>1) Send donations to: admin@sjocross.org 2) A separate email message to admin@sjocross.org with your answer, your, Tel. number, & purpose of this fund.</p>
<p>BAPTISM</p>	<p>MARRIAGE</p>
<p>Parents are required to attend the Baptism Preparation Class. They are also encouraged to attend the class prior to the birth of the baby. Godparents are expected to attend the class. A registration package is available at the Parish Office or at our website for download. Email completed forms to the parish office.</p>	<p>It is required that one of those to be married resides within the Parish boundary. Couples planning to be married must contact the Parish office at least one year in advance of their proposed date. They are required to complete a Marriage Preparation Course.</p>
<p>AddME</p>	<p>Live Stream</p>
<p>To receive parish notifications, weekly bulletin & Sunday Mass link, click AddMe to be added to the Parish Email List.</p>	<p>All 9am masses, Monday to Saturday, & the Saturday 5pm (Sunday Mass) Holy Mass are live streamed.  Click here for Live Stream</p>

BULLETIN DEADLINE—MONDAY AT NOON, TWO WEEKS BEFORE

Sunday, March 1, 2026



XIII
Stations of the Cross
every Friday during Lent
starting at 7pm followed
by the Holy Mass.
Community Rosary at
6:30pm.
Come! Bring your family.

Scripture to Stage Musical
Production for March 7th
show is now SOLD OUT.
Tickets are still available for
Sunday, March 8th, 8pm show.
Please consider carpooling as
the church parking lot space is
very limited. Thank you!



Along the Mystical Carmelite Way ...
Prayer Requires Stillness

If Carmelites seek the desert atmosphere, it is simply to achieve stillness of soul—the requisite disposition for prayer. St. Teresa Benedicta (1891-1942) explains, “The work of salvation takes place in obscurity and stillness.”

Yet, stillness is difficult to attain because it requires not only freedom from external noise but more especially, interior agitation. Unchecked passions, emotions, and anxiety wreak havoc on stillness. As Catherine de Houck Doherty says in her classic book, *Poustinia*, “Where noise is—inward noise and confusion—there God is not.”

Prayer requires a completely carefree life, for even the slightest worry disrupts our prayer. When we are united with the Lord, then our soul is at peace and Grace descends upon us.

To arrive at this stillness, one must then quiet the interior, including stray thoughts, worries, emotions, and desires. The Dijon Carmelite, St. Elizabeth of the Trinity (1880-1906) says, “My Rule tells me: **‘In silence will your strength be.’** It seems to me, therefore, that to keep one’s strength for the Lord is to unify one’s whole being by means of interior silence, to collect all one’s powers in order to employ them in the one work of love.”



Pray for an increase in virtues.

PARISH PILGRIMAGE
Celebrate the 300th Anniversary of the canonization of our patron saint, St. John of the Cross through this Parish Pilgrimage to Portugal, Spain, & France on September 28th-October 9th.

Pilgrimage information session will be on Tuesday, March 10th, 7pm, in Carmel Room.



**Confirmation Retreat for Candidates
Preparing for Confirmation**

Come this Saturday, March 7th, 9:00-11:30am if you did not come to the February 28th retreat date.

Be grateful.

BEREAVEMENT SESSIONS

In person Bereavement Sessions are scheduled for 6 consecutive weeks starting Apr 7th through May 12th at St John of the Cross Parish. Many have commented how beneficial these confidential groups have been to their healing. If you have lost a piece of your heart, even if not recently, contact Muriel at muriel76mph@gmail.com

Please include your phone number.

Easter Mass Cards available in the Parish Office for \$3.



 There will be a 2nd collection this weekend for the Building Fund.
Thank you!

2025 TAX RECEIPTS

Have your tax receipt emailed to you!
Please email the parish office, sjocrossmi@archtoronto.org to have your 2025 tax receipt emailed to you. You can still pick up a hardcopy at the office, if you wish. *Thank you for your generosity!*

MASS INTENTIONS

Monday, March 2, 9am

1. For the Healing of Edward Foltynski, requested by Anna

Tuesday, March 3, 9am

1. In Thanksgiving & Birthday Blessings for Alma Desouza, requested by the Desouza Family
2. For the 15th Wedding Anniversary Blessings of Alan & Bhavisha Fernandes, requested by the Fernandes Family
3. For the Repose of Josefina Madijanon, requested by the Uy Family
4. For the Repose of Corazon M. Malunas, requested by the Malunas & Sumale Families
5. For the Intentions of Marina & Zeno, requested by Marina & Zeno

Wednesday, March 4, 9am

1. In Thanksgiving & Birthday Blessings for Efren Regio, requested by Dorita Regio & Family
2. For the Repose of Joseina Madijanon, requested by the Varquez Family

Wednesday, March 4, 7pm

1. For the Repose of Gary Grahn Jr., requested by Friends & Family

Thursday, March 5, 9am

1. For the Repose of Lawrence Lewis, requested by the Nicholson Family
2. For the Birthday Blessings of Willy Menezes, requested by the Menezes Family
3. For the Repose of Domnic D'Mello, requested by John, Sabrina, Treffy & Fr. Bosco
4. For the Repose of Josefina Madijanon, requested by the Marquez Family

Friday, March 6, 9am

1. For the Repose of Ida Maria Antao-Lewis, requested by the Nicholson Family
2. For the Repose of Margarida Lopes, requested by the Sanders Family
3. For the Repose of Manuel & Clothilda Morta, requested by Rosie Uy

Friday, March 6, 7pm

1. For the Special Intentions of the Menezes Family, requested by the Menezes Family
2. For the Repose of Josefina Madijanon, requested by Unilock Friends
3. For the Repose of Epprezine & Henry Pinto, requested by the D'Cruz Family

Saturday, March 7, 9am

1. For the Repose of Nury Andrews, requested by Vincent Andrews
2. For the Souls in Purgatory & Unborn Babies, requested by the Chaves Family
3. For the Repose of Josefina Madijanon, requested by Sonia & Maridel Mangao
4. For the Repose of Augustine Vattathara & Celine Augustine, requested by Anna Babu Palathingal

Saturday, March 7, 5pm

1. For the Repose of Herman & Helen Shim, requested by Perry & Chris Shim
2. For the Repose of Joyce Gordon, requested by the Family

Sunday, March 8, 8am

1. For the Repose of Flora & Paolo Biondi, requested by the Biondi Family
2. For the Healing of Husband's Surgery, requested by the Abranches/Fernandes Family

Sunday, March 8, 10am

1. For Thanksgiving for Kristian & Amanda, requested by the Family
2. For the Repose of Cecilia Mendes, requested by the Rego Family
3. For the Repose of Josefina Madijanon, requested by the Hardy Family

Visit the Blessed Sacrament in the Adoration Chapel more during this Holy Season of Lent. Stay with the Lord in silence.

BABY BOTTLE CAMPAIGN

The Baby Bottle Campaign is ending soon! Thank you so much for your support! Please bring your bottles back to church next week – March 7th and 8th!

Want to donate without filling a bottle? No problem – use this link: <https://jfhopecentre.ca/baby-bottle-campaign/> to donate through Canada Helps. Thank you and God bless!

FREE INCOME TAX PREPARATION

For Eligible Individuals

Free income tax preparation for low income individuals is offered by the Community Volunteer Income Tax Program (CVITP), coordinated by the Canada Revenue Agency. Contact the parish office to check eligibility and to book a 30-minute appointment on Saturdays from 9 AM to 12:00 PM, March to April.

To qualify for the CVITP program, the income thresholds (approx.) are as follows:

* \$35,000 for a single person who has no dependents

* \$45,000 for a single parent and 1 child plus \$2,500 per additional dependent

* \$45,000 for a couple plus \$2,500 per dependent

CHURCH

Sun	Mar 1	Alpha Marriage 6:00pm
Fri	Feb 20	Stations of the Cross & Mass 7:00pm
Sat	Feb 28	Confirmation Retreat 9:00-11:30am

ST. JOHN OF THE CROSS ROOM

Mon	Mar 2	CWL Exec Meeting 7:00pm
Wed	Mar 4	PTC Crafts 1:00-3:00pm
Sat	Mar 7	Lay Carmelites 9:00am—3:00pm

NESSINGER HALL

Mon	Mar 2	RCIA 7:00pm
Tues	Mar 3	PTC Line Dancing 1:00-3:00pm
Tues	Mar 3	Bible Study 7:00pm
Wed	Mar 4	CIC 6:00-6:45pm
Thurs	Mar 5	EDGE Program 6:45-8:45pm
Sat	Mar 7	Men's Fraternity 6:00-9:00am
Sat	Mar 7	Confirmation Retreat 9:00-11:30am

BASEMENT CARMEL A ROOM

Mon	Mar 2	CWL Intercessory Group 7:00pm
Tues	Mar 3	Joyful Worship Choir 7:00pm
Wed	Mar 4	Sacramental Preparation 6:30pm
Fri	Mar 6	Prayer Group 7:00-9:00pm

BASEMENT LISIEUX ROOM

Mon	Mar 2	Adult Choir 6:30-9:00pm
Tues	Mar 3	Knights of Columbus Meeting 7:00-9:00pm
Wed	Mar 4	Musical Rehearsal 7:00-9:00pm
Thurs	Mar 5	Band Practice 8:00-10:00pm
Sat	Mar 7	Children's Choir 10:00am

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