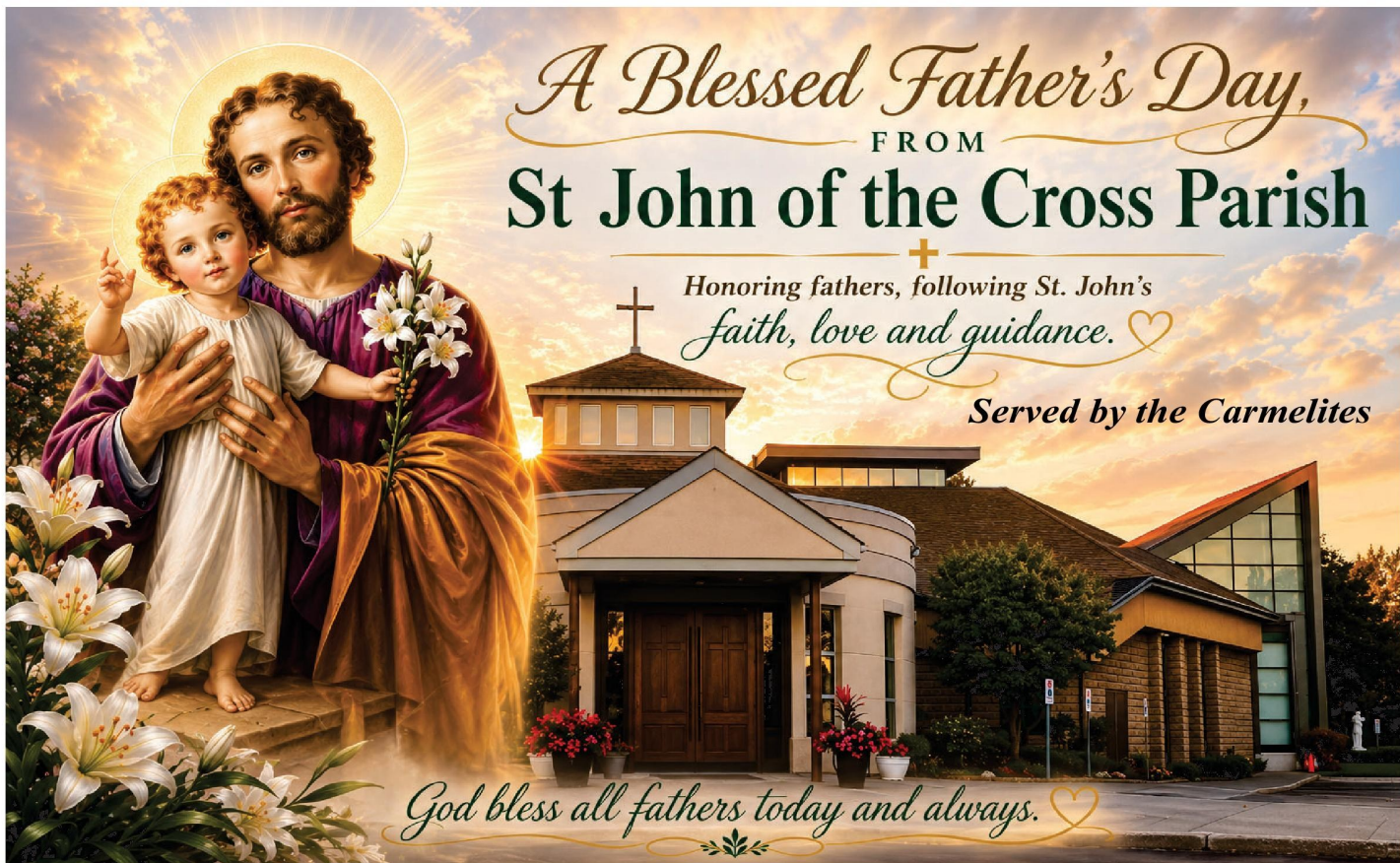


Sunday, June 21, 2026



*A Blessed Father's Day,*  
FROM  
**St John of the Cross Parish**

Honoring fathers, following St. John's  
*faith, love and guidance.*

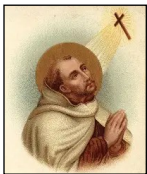
*Served by the Carmelites*

*God bless all fathers today and always.*

<p><b>PARISH OFFICE</b></p>	<p><b>PARISH OFFICE HOURS</b></p>
<p>6890 Glen Erin Drive, Mississauga, ON L5N 2E1 Tel: 905.821.1331 E-mail: <a href="mailto:sjocrossmi@archtoronto.org">sjocrossmi@archtoronto.org</a> Website: <a href="https://stjohnofthecrossmi.archtoronto.org">https://stjohnofthecrossmi.archtoronto.org</a></p>	<p>Monday to Friday: 9:30am - 4:30pm and 6:00 - 8:30pm Saturday: 9:00am–12:00pm and 3:15- 6:15pm Sunday: 8:30 am 1:30pm</p>
<p><b>PASTORAL TEAM</b></p> <p>Fr. Joyson George, O.Carm, Pastor Ext. 228 <a href="mailto:Fr.JGeorge@archtoronto.org">Fr.JGeorge@archtoronto.org</a> Fr. Joby Joseph, O.Carm, Associate Pastor Ext. 224 <a href="mailto:joby.joseph@archtoronto.org">joby.joseph@archtoronto.org</a> Deacon Mark Romeo 229 <a href="mailto:mromeo@archtoronto.org">mromeo@archtoronto.org</a> Deacon Ferdinand D'Souza <a href="mailto:fdsouza@archtoronto.org">fdsouza@archtoronto.org</a> Liane Harris, Pastoral Associate LHarris@archtoronto.org 226 Violanta Nicholson, Secretary VNicholson@archtoronto.org 222 Diane Mejia, Reception 221</p>	<p><b>MASS TIMES</b></p> <p>Mondays to Saturdays: 9:00am Additional Masses on Wednesdays &amp; 1st Fridays: 7:00pm <b>Sundays:</b> 8:00am, 10:00am, 12:00pm, and 4:00pm Sunday Vigil Mass at 5:00pm on Saturday</p> <p><b>RECONCILIATION</b></p> <p>6:00- 6:45pm before Wednesday 7pm Mass or appointment.</p> <p><b>SICK AND HOMEBOUND</b></p> <p>Please contact the office.</p>
<p><b>SACRAMENTAL PREPARATION</b></p> <p>1st Communion/Reconciliation <a href="mailto:Sjoc-firstcommunion@archtoronto.org">Sjoc-firstcommunion@archtoronto.org</a> 225 Confirmation, <a href="mailto:Sjoc-confirmation@archtoronto.org">Sjoc-confirmation@archtoronto.org</a> 230 Youth Group, <a href="mailto:Sjoc-youthministry@archtoronto.org">Sjoc-youthministry@archtoronto.org</a> 223 St.Vincent de Paul Society 305</p>	<p><b>Two Steps for E-Transfer:</b></p> <p>1) Send donations to: <a href="mailto:admin@sjocross.org">admin@sjocross.org</a> 2) A separate email message to <a href="mailto:admin@sjocross.org">admin@sjocross.org</a> with your answer, your, Tel. number, &amp; purpose of this fund.</p>
<p><b>BAPTISM</b></p> <p>Parents are required to attend the Baptism Preparation Class. They are also encouraged to attend the class prior to the birth of the baby. Godparents are expected to attend the class. A registration package is available at the Parish Office or at our website for download. Email completed forms to the parish office.</p>	<p><b>MARRIAGE</b></p> <p>It is required that one of those to be married resides within the Parish boundary. Couples planning to be married must contact the Parish office at least one year in advance of their proposed date. They are required to complete a Marriage Preparation Course.</p>
<p><b>AddME</b></p> <p>To receive parish notifications, weekly bulletin &amp; Sunday Mass link, click <b>AddME</b> to be added to the Parish Email List.</p>	<p><b>Live Stream</b></p> <p>All 9am masses, Monday to Saturday, &amp; the Saturday 5pm (Sunday Mass) Holy Mass are live streamed.</p> <p> <a href="#">Click here for Live Stream</a></p>

**BULLETIN DEADLINE—MONDAY AT NOON, TWO WEEKS BEFORE**

DIVE INTO ST. JOHN OF THE CROSS



St John of the Cross can seem intimidating at first. His poetry feels mysterious, and his writings on the “dark night of the soul” might sound discouraging. But this 16th-century Spanish mystic offers counsel for anyone seeking a closer relationship with God. Here are three practical ways to engage with his spiritual insights.

1. **Read his poetry, not just his treatises.** John’s poems like “The Dark Night” and “The Living Flame of Love” capture the beauty of God’s love in vivid, accessible language. Read them slowly, perhaps during morning prayer. Let the images wash over you before tackling his theological explanations. Poetry opens the heart in ways prose cannot. E. Allison Peers’ classic translation remains widely appreciated for its clarity and faithfulness to the original Spanish.

2. **Listen to what the “dark night” teaches.** John describes times when prayer feels dry and God seems distant; he says, it is often a divine invitation to something deeper. When you experience spiritual dryness, listen for what God may be teaching you. He may be weaning you from spiritual consolations to deepen your trust. This reframing transforms frustration and discouragement into patience and attentiveness.

3. **Pray with his teaching on detachment.** John emphasizes freedom from disordered attachments, but this does not mean rejecting all earthly goods. In prayer, ask God to reveal what you cling to for security beyond Him... perhaps social media validation, the approval of others, or control over outcomes. Invite God to gently loosen your grip on one attachment at a time.



John of the Cross isn’t reserved for contemplatives in monasteries. His wisdom addresses universal Christian experiences: feeling spiritually dry, desiring deeper prayer, and learning to love God beyond feelings. You will discover a compassionate guide who walked this challenging path to holiness himself – who embraced the ‘Ascent of Mount Carmel’, persevered through ‘the Dark Night’, to finally stand before ‘The Living Flame of Love’ and cry out:

*O living flame of love  
that tenderly wounds my soul in its deepest center!  
Since now you are not oppressive,  
now consummate! if it be your will:  
tear through the veil of this sweet encounter!*

**Along the mystical, Carmelite Way ...**

[Source: Carmelite Friars https://www.carmelite.uk.net/spirituality/three-ways-to-dive-deeper-into-john-of-the-cross/](https://www.carmelite.uk.net/spirituality/three-ways-to-dive-deeper-into-john-of-the-cross/)



God bless all our dads,  
living & deceased!

WEDDING ANNOUNCEMENTS

There is a promise of marriage this Saturday, June 27th, between



**Alexander Caton & Simonne Varela**

Let us pray for this couple as they prepare for their wedding.



Parish Summer Fest



in honour of Our Lady of Mount Carmel

**Feast Mass on Saturday, July 18th, at 4pm**

Outdoor procession reciting the rosary after the Feast Mass followed by the blessing and distribution of the brown scapulars. Games, music, food, cake, ice cream, BBQ, facepainting, and many other fun activities in the parking lot for everyone after the distribution of scapulars.

All are welcome to come and enjoy as we celebrate Our Lady of Mount Carmel, the heavenly Patroness of the Carmelite Order. The Mass will be at 4pm on this day instead of at 5pm.

Novena to Our Lady of Mount Carmel starts on Friday, July 8th after all Masses.

Follow SJOC Parish in:



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**BULLETIN DEADLINE—MONDAY AT NOON, TWO WEEKS BEFORE**

**Sunday, June 21, 2026**



**Congratulations, Graduates!**  
**We are so proud of you!**

**MASS INTENTIONS**

**Monday, June 22, 9am**

1. For the Repose of Guiomar Silva, requested by the Castro Family

**Wednesday, June 24, 9am**

1. For the 13th Birthday Blessings of Aria Monisse, requested by John, Sabrina & Family
2. For the Repose of Melita Antonio, requested by the Beltran-Antonio Family
3. For the Repose of Felino Samaniego, requested by the Samaniego Family
4. In Thanksgiving & Birthday Blessings for Maria Virginia Florentin, requested by the Family

**Wednesday, June 25, 7pm**

1. For the Repose of Mathew Sebastian, requested by Joseph Sebastian & Family

**Thursday, June 25, 9am**

1. For the Repose of Ranee Abeywardena, requested by the Perera Family

**Friday, June 26, 9am**

1. For the Repose of Reginald Miranda, requested by the Miranda Family

**Saturday, June 27, 9am**

1. For the Repose of Louisa Vanderlowen, requested by the Rodgers Family
2. For the Repose of Thankamma Abraham Kunniparampil, requested by the Abraham Family
3. For the Repose of Melita Antonio, requested by the Antonio-Beltran Family
4. For the Repose of Marcel Lobo, requested by the Lobo Family

**Saturday, June 27, 5pm**

1. For the Repose of Douglas Colaco, requested by Duane D'Souza

**Sunday, June 28, 8am**

1. For the 40th Wedding Anniversary Blessings of Jose & Barry, requested by the Martinez Family

**Sunday, June 28, 10am**

1. For the Repose of Donald Gomes, requested by the Gomes Family
2. For the Repose of Frank Hodonsky, requested by the Hodonsky Family
3. For the Repose of Paul Alan Sciberras, requested by his Mother
4. For the Repose of John & Mary DeGiorgio, requested by the Family

**Sunday, June 28, 12pm**

1. For the Repose of Mr. Nawab Money, requested by the Family
2. In Thanksgiving for Blessings Received, requested by the Furtado Family
3. For Blessings on the Family, requested by Nwodo Patricia Nkiru & family
4. For Wedding Anniversary Blessings on Arun & Jaya, requested by Arun & Jaya



**ShareLife Update:**

Total ShareLife offering: \$71,143.66  
 Parish Goal: \$106,000  
 Percentage: 67.12 %

**God is Love.**

There will be a blessings for all fathers after all Sunday Masses this weekend, June 20th-21st, for Father's Day.

**FATHER'S DAY BAKE SALE**



The CWL will be hosting a bake sale after all Masses this weekend. See flyer for details.

**CHURCH**

Mon	Jun 22	Adult Choir 6:30-9:00pm
Thurs	June 25	Folk Choir 7:00pm

**ST. JOHN OF THE CROSS ROOM**

Wed	June 24	Prime Time Club Crafts 1:00-3:00pm
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**NESSINGER HALL**

Tues	June 23	Line Dancing 1:00-3:00pm
Tues	June 23	Bible Study 7:00pm
Thurs	June 25	Men's Fraternity Retreat 5:00-9:00pm
Fri	June 26	Prime Time Club 6:00pm
Sat	June 27	TMIY 9:00am-12:00pm

**BASEMENT CARMEL A ROOM**

Fri	June 26	Prayer Group 7:00-9:00pm
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**BASEMENT LISIEUX ROOM**

Sat	June 27	Children's Choir 10:00am
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**PARISH RCIA PROGRAM**

*A Journey of Faith to Encounter God*

Do you know anyone who is curious to know about God, the Catholic Faith, and the Church teachings? Or thinking about joining the Catholic Christian Church? RCIA is a program for adults to help them in this journey. Contact Liane Harris, 905.821.1331 x 226 for details or they can leave their contact information in the office. RCIA Program starts in September.



How to Apply for Papal Parchment Blessing:  
<https://www.elemosineria.va/papal-blessing-parchments/>

**BULLETIN DEADLINE—MONDAY AT NOON, TWO WEEKS BEFORE**

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