

Sunday, July 26, 2026

St John of the Cross Parish

Served by the Carmelites



PARISH OFFICE

6890 Glen Erin Drive, Mississauga, ON L5N 2E1
Tel: 905.821.1331 E-mail: sjocrossmi@archtoronto.org
Website: <https://stjohnofthecrossmi.archtoronto.org>

PASTORAL TEAM

Fr. Joyson George, O.Carm, Pastor	Ext. 228
Fr.JGeorge@archtoronto.org	
Fr. Joby Joseph, O.Carm, Associate Pastor	Ext. 224
joby.joseph@archtoronto.org	
Deacon Mark Romeo	229
mromeo@archtoronto.org	
Deacon Ferdinand D'Souza	
fdsouza@archtoronto.org	
Liane Harris, Pastoral Associate	LHarris@archtoronto.org 226
Violanta Nicholson, Secretary	VNicholson@archtoronto.org 222
Diane Mejia, Reception	221

SACRAMENTAL PREPARATION

1st Communion/Reconciliation	Sjoc-firstcommunion@archtoronto.org 225
Confirmation,	Sjoc-confirmation@archtoronto.org 230
Youth Group,	Sjoc-youthministry@archtoronto.org 223
St.Vincent de Paul Society	305

BAPTISM

Parents are required to attend the Baptism Preparation Class. They are also encouraged to attend the class prior to the birth of the baby. Godparents are expected to attend the class. A registration package is available at the Parish Office or at our website for download. Email completed forms to the parish office.

AddME

To receive parish notifications, weekly bulletin & Sunday Mass link, click **AddMe** to be added to the Parish Email List.

PARISH OFFICE HOURS

Monday to Friday: 9:30am - 4:30pm and 6:00 - 8.30pm
Saturday: 9:00am-12:00pm and 3:15- 6:15pm
Sunday: 8:30 am 1:30pm

MASS TIMES

Mondays to Saturdays: 9:00am
Additional Masses on Wednesdays & 1st Fridays: 7:00pm
Sundays: 8:00am, 10:00am, 12:00pm, and 4:00pm
Sunday Vigil Mass at 5:00pm on Saturday

RECONCILIATION

6:00- 6:45pm before Wednesday 7pm Mass or appointment.

SICK AND HOMEBOUND

Please contact the office.

Two Steps for E-Transfer:

1) Send donations to: admin@sjocross.org
2) A separate email message to admin@sjocross.org
with your answer, your, Tel. number, & purpose of this fund.

MARRIAGE

It is required that one of those to be married resides within the Parish boundary. Couples planning to be married must contact the Parish office at least one year in advance of their proposed date. They are required to complete a Marriage Preparation Course.

Live Stream

All 9am masses, Monday to Saturday, & the Saturday 5pm (Sunday Mass) Holy Mass are live streamed.



Click here for
Live Stream

BULLETIN DEADLINE—MONDAY AT NOON, TWO WEEKS BEFORE

Sunday, July 26, 2026

BLESSING OF GRANDPARENTS

Happy Grandparents Day!



There will be a blessing of grandparents at all Sunday Masses this weekend for the World Day of Grandparents and the Elderly.

God bless all grandparents, living and deceased.

Along the Mystical Carmelite way ...

Understanding Contemplation

Contemplation has quite a specific sense for the Carmelites. It is primarily something we receive, not something we do. For the Carmelite, contemplation is essentially a gift of God which we prepare to receive through 'de-centering', making God and others, rather than ourselves, the centre of our lives and everything we do. Preparation to receive the gift of contemplation involves two key elements of Carmelite spirituality:

- emptying ourselves in order to receive God (*vacare Deo*)
- purity of heart (*puritas cordis*).

This means that we seek, with the help of God, to remove 'false gods' and sinfulness from our lives so as to be open to welcome His grace and inner healing.

Contemplation is an encounter with God which transforms us. It is a kind of letting go. It means resting in God, beyond words, beyond thoughts, beyond activity. It is taking to heart the words of God in the psalm: 'Be still and know that I am God.'

'Contemplation is the inner journey of Carmelites, arising out of the free initiative of God, who touches and transforms us leading towards unity in love with him, raising us up so that we may enjoy his gratuitous love and living in his loving presence. It is a transforming experience of the overpowering love of God. This love empties us of our limited and imperfect human ways of thinking, loving, and behaving, transforming them into divine ways.'

(*Carmelite Constitutions* (1995), 17)



Thank you to all who participated in the PS5 Fortnite raffle last week. The raffle generated \$1,324 which will go towards the church special projects.

Congratulations to Ashlin Varghese, PS5 raffle winner.

Learn about the Catechism of the Catholic Church. Fr. Mike Schmitz offers free daily podcasts.

Catechism in a Year Podcast
By Fr. Mike Schmitz

https://youtu.be/OnWsRYVMm5c?si=sIf_8JDKMM_Vf7Jj

Faith Q & A:

Q: Where do our souls go after we die? Do all go to heaven?

A: The first destination is the judgment seat of Christ: It is appointed unto men once to die, and after this the judgment (Heb 9:27). And again, For we must all appear before the judgment seat of Christ, that each one may receive what is due him for the things done while in the body, whether good or bad. (2 Cor 5:10) From here are three possible destinations. Many do go to Heaven, the ultimate destination of all who believe in the Lord and, by his grace, die in love, and friendship with him, and are perfected. But most of the heaven-bound likely first experience Purgatory where those who die in friendship with God, but are not yet fully perfected in His love, are purified and then drawn to heaven (cf 1 Cor 3:12-15). Finally, some go from judgment to Hell, for by their own choice they rejected God and the values of the Kingdom. It is wrong, as some do, to dismiss Hell as an unlikely possibility since the Lord Jesus taught frequently of it, and warned that many were on the wide road that led there.

A good deed is never lost; they who sow courtesy reap friendship, and they who plant kindness gather love.—*St. Basil*

Follow SJOC Parish in:



Instagram: [sjoc.youth](https://www.instagram.com/sjoc.youth)



Facebook: [SJOCParish](https://www.facebook.com/SJOCParish)

BULLETIN DEADLINE—MONDAY AT NOON, TWO WEEKS BEFORE

MASS INTENTIONS

Monday, July 27, 9am

1. In Thanksgiving & 70th Birthday Blessings for Kingsley La Brooy, requested by the La Brooy Family
2. In Thanksgiving & Birthday Blessings for Fiona Noronha, requested by the Family
3. For the Repose of Lucia Zamolo, requested by Anne Viljakainen

Tuesday, July 28, 9am

1. For the Repose of Lee & Doreen Asciak, requested by the Family
2. For the Repose of Paul Alan Sciberras, requested by the Family
3. For the Birthday Blessings of Pamela Perera, requested by Marina & Zeno
4. For the Repose of Carmina Thuraingham, requested by Marina & Zeno

Wednesday, July 29, 9am

1. For the Repose of Oscar Lopes, requested by his Friends
2. In Thanksgiving & Birthday Blessings for Antonette & Angelo Fernandes, requested by John, Sabrina & Family
3. In Thanksgiving & Birthday Blessings for Henrietta Ukwu, requested by the Family
4. For the Healing of Gia Degalas & her Family, requested by Luisa & Bob
5. For the Repose of Jessie Rebello, requested by Anita D'Souza

Wednesday, July 29, 7pm

1. For the Healing of Pamela Borgona, requested by the Borgona & Torreno Families

Thursday, July 30, 9am

1. For the Repose of Angie O'Reilly, requested by the Family
2. For the Repose of Milagros Caberto, requested by Bernardo Caberto & Family

Friday, July 31, 9am

1. In Thanksgiving & Birthday Blessings for Selwyn Fernandes, requested by John, Sabrina & Family
2. For Special Blessings on Nadine & Adrian, requested by the Family
3. For the Repose of Maria Esperance D. Viegas, requested by the Family

Saturday, August 1, 9am

1. In Thanksgiving for Pedrinho Rodrigues, requested by the Family

Sunday, August 2, 8am

1. In Thanksgiving & Anniversary Blessings for Dustin & Ashley Desouza, requested by the Desouza Family
2. In Thanksgiving & Birthday Blessings for Jonathan Vas, requested by the De Souza Family
3. For the Repose of Cryslyn & Roman Pinto, requested by a Parishioner

Sunday, August 2, 10am

1. For the Repose of Leon Dias, requested by Louisa Rasquinha
2. For the Repose of Chanelle Marie Allcock, requested by the Family
3. For the Repose of Cyriac Joseph, requested by Tresa Cyriac & Family

Sunday, August 2, 12pm

1. For the Repose of John D'Souza, requested by the D'Souza Family

CHURCH

Tues	July 28	Joyful Worship Choir 7:00pm
------	---------	-----------------------------

ST. JOHN OF THE CROSS ROOM

Wed	July 29	PTC Crafts 1:00-3:00pm
-----	---------	------------------------

NESSINGER HALL

Mon	July 27	Neophyte Catechism Study 7:00pm
Tues	July 28	Line Dancing 1:00-3:00pm
Thurs	July 30	Altar Server Volunteer Appreciation 7:00pm
Fri	July 31	Parish Women's Group Summer Bash 7:00pm
Sat	Aug 1	Men's Fraternity 7:00-8:30am

PARISH WOMEN'S GROUP



Disco Summer Bash



Friday, July 31st
starting at 6:45pm, in the Hall

Sign up after any of the Sunday Masses
this weekend.

See you all, ladies! *Let's celebrate*
our sisterhood at the **Disco Summer**
Bash! Bring a dish to share (potluck).

BOTTLE DRIVE & BBQ

The Knights of Columbus will be holding a Bottle Drive on Aug 8th and Aug 9th before and after all the Sunday masses. Profits will go toward Share Life and Food for Kids. You may drop off your empty beer, wine and liquor bottles to the Knights, in the parking lot. Please also consider dropping off your empties at the Beer Store and donate proceeds by e—transfer:

eventskoc@gmail.com

There will also be a BBQ in the parking lot that weekend following the Saturday 5pm Mass, Sunday 10am Mass and the Sunday noon Mass. Burgers and sausages will be available for purchase.

***“Carmel teaches the church
how to pray.”***

Pope Francis & Pope Benedict XV

We are each created truly unique
in God's image, gifted to do some-
thing special, strengthened for the
work of God's Kingdom.

*Visit the parish adoration chapel more
often and stay with Jesus,
truly present in the Blessed Sacrament.
Bring your family!*

CHECK OUT YOURHOUSEPRICES.COM

FRANCIS BERROYA TEAM



FRANCIS: 416.805.1278
FJ: 416.986.4299
FROILAN: 647.657.7653
FBTEAM.CA

#141-1140 Burnhamthorpe Road W.,
Mississauga, ON L5C 4E9



Outstanding Agents
Outstanding Results

RE/MAX CENTRE



FJ BERROYA
SALES REPRESENTATIVE
fjberroya@remax.net

FRANCIS BERROYA
SALES REPRESENTATIVE
fberroya@remax.net

FROILAN GARCIA BERROYA
SALES REPRESENTATIVE
froilanberroya@remax.net

www.francescasflowers.ca



6677 Meadowvale Town Centre
Mississauga ON L5N 2R5
905-813-4434
IG@francescasflowersmississauga

Dr. Beena George DMD, BDSO



905-542-9999
2275 Britannia Rd. W.,
Unit 10, Mississauga
www.drbeenaageorge.com

www.goanspices.com

Karmas: Cooking Pastes, Spice Powders,
Seafood and Veg Pickles
Costas: Bebinca
East Indian Bottle Masala
All Items are imported from India.

(416)-770-4998 KARMAS Costas



MARK PINTO

Your Property. My Priority.

C: 647-201-5016 | B: 905-793-1111

contact@markpinto.com

www.markpinto.com

www.RoyalStarRealty.com

Residential / Commercial / Investment Properties

DOLPHIN MECHANICAL SERVICES INC

PAT NOLAN

Installation Manager

647-294-7287

patdolphinme@gmail.com

Residential & Commercial Gas/Electric
Air Conditioning, Furnaces, Heat
Pumps, Tankless Water Heaters,
Freezers, Coolers, Sheet Metal.



CENTURY TRAVEL SERVICES

INBOUND & OUTBOUND TRAVEL PACKAGE

SPECIAL FARES & PACKAGES AVAILABLE - CALL TODAY

GILBERT D'SOUZA - DIR-TEL: 647-975-9739

Ph. 905.282.0220 / 416.742.8788

Toll Free: 1.877.742.8780

info@centurytravelservices.com

gdsouza@centurytravelservices.com

UNIT 24-A, 7905 TRANSMERE DRIVE, MISSISSAUGA, ON L5S 1V9

AGTA IATA



Cosmic Glass

Glass Shower and Railing

Specialist

905 226 5555

www.cosmicglass.ca

@CosmicGlassOntario

TRUSTED SERVICE. CONFIDENT RESULTS

GIBI JOHN

BROKER

647 860 4624

realtorgibi@gmail.com

gibijohn.ca

RE/MAX CENTRE

1140 Burnhamthorpe Rd W Ste 141, Mississauga, ON L5C 4E9

Ph: (905) 795-1900

Never satisfied until you are

RE/MAX CENTRE

1140 Burnhamthorpe Rd W Ste 141, Mississauga, ON L5C 4E9

Ph: (905) 795-1900

LEGAL SERVICES

Real Estate Law

Wills & Estates

Business Law

Tax Law

Notary Services

RELIABLE LAWYERS

www.reliablelawyers.ca

208-1965 Britannia Rd W, Mississauga, ON L5M 4Y4

ARUN MENDES

Barrister & Solicitor

call us

647 930 9911

For advertising space,
please call the Parish
Office at 905.821.1331.

Remember to please let our
advertisers know that you
saw their advertising in this
bulletin.

5 private event spaces &
30 guests rooms



MARISSA BARDOLLAS

ACCOUNT EXECUTIVE

1695 The Collegeway

Mississauga ON L5L 3S7

mbardollas@glennerinn.com

905 301 8304

Assumption Catholic
Cemetery & Funeral Home
(905) 670-8801
catholic-cemeteries.com



EVER YOUNG CLINIC
ACUPUNCTURE
• Chronic Pain & Diseases
• Cosmetic Acupuncture
• Stress, Anxiety
• Immune System
647-453-8888
www.everyyoungclinic.org Direct Billing



New! Now Open! A Place to Thrive!



Stephanie Boticki

Community Relations Manager

905-455-5163

info@ashleyoaksretirement.com



You had me at free
COCKTAIL

With the purchase on a \$14 meal or more,
upon presentation of this coupon, receive
a free Cora Cocktail. Details in-restaurant.

CODE 101

MEADOWVALE

MEADOWVALE

MEADOWVALE

MEADOWVALE



REPAIRS TO ALL
MAKES & MODELS,
DOMESTIC & IMPORTS

DOMINIC MISQUITA

LICENSED TECHNICIAN

1220 Aerowood Drive, Unit #1, Mississauga, ON. L4W 1B7

Tel: 905-624-8607 • Cell: 647-233-4388

Email: smarttechauto@hotmail.com

We know the importance of
Your Faith & Parish. Thank
you for your trust and the
privilege to serve you in
advance & when in need.
turnerporter.ca

Turner & Porter
FUNERAL DIRECTORS

Let's start a conversation.

Toronto

416-767-3153

Mississauga

905-279-7663



RIGHT AT HOME

480 Eglington Ave W #30
Mississauga, Ontario
L5R 0G2

Fatima Andrade

SALES REPRESENTATIVE

Direct (416) 797-3656

Office (905) 565-9200

Fax (905) 565-6677

fatima.andrade@bell.net

www.fatimaandradehomes.ca



BRIDGE TO CARE
SPEECH THERAPY SERVICES

Speech Therapy Services
in your neighbourhood
Speech and Language Assessments •
One to One Treatment • Caregiver Education
In Centre and Virtual • Serving all Age Groups
6981 Millcreek Drive, Mississauga, ON, L5N 6B8
Tel: (647) 564-5671 • Email: info@bridgetocare.ca
BOOK YOUR FREE CONSULTATION TODAY