

Sunday, February 15, 2026

St John of the Cross Parish

Served by the Carmelites



PARISH OFFICE 6890 Glen Erin Drive, Mississauga, ON L5N 2E1 Tel: 905.821.1331 E-mail: sjocrossmi@archtoronto.org Website: https://stjohnofthecrossmi.archtoronto.org	PARISH OFFICE HOURS Monday to Friday: 9:30am - 4:30pm and 5:30 - 8:30pm Saturday: 9:00am–12:00pm and 3:15- 6:15pm Sunday: 8:30 am 1:30pm
PASTORAL TEAM Fr. Joyson George, O.Carm, Pastor Ext. 228 Fr.JGeorge@archtoronto.org Fr. Joby Joseph, O.Carm, Associate Pastor Ext. 224 joby.joseph@archtoronto.org Deacon Mark Romeo 222 mromeo@archtoronto.org Deacon Ferdinand D'Souza fdsouza@archtoronto.org Liane Harris, Pastoral Associate LHarris@archtoronto.org 226 Violanta Nicholson, Secretary VNicholson@archtoronto.org 223 Diane Mejia, Reception 221	MASS TIMES Mondays to Saturdays: 9:00am Additional Masses on Wednesdays & 1st Fridays: 7:00pm Sundays: 8:00am, 10:00am, 12:00pm, and 4:00pm Sunday Vigil Mass at 5:00pm on Saturday RECONCILIATION 6:00-6:45pm before Wednesday 7pm Mass or appointment. SICK AND HOMEBOUND Please contact the office.
SACRAMENTAL PREPARATION 1st Communion/1st Reconciliation Sjoc-firstcommunion@archtoronto.org 225 Confirmation, Sjoc-confirmation@archtoronto.org 230 Youth Group, Ryan Belluz, RBelluz@archtoronto.org 222	Two Steps for E-Transfer: 1) Send donations to: admin@sjocross.org 2) A separate email message to admin@sjocross.org with your answer, your, Tel. number, & purpose of this fund.
BAPTISM Parents are required to attend the Baptism Preparation Class. They are also encouraged to attend the class prior to the birth of the baby. Godparents are expected to attend the class. A registration package is available at the Parish Office or at our website for download. Email completed forms to the parish office.	MARRIAGE It is required that one of those to be married resides within the Parish boundary. Couples planning to be married must contact the Parish office at least one year in advance of their proposed date. They are required to complete a Marriage Preparation Course.
AddME To receive parish notifications, weekly bulletin & Sunday Mass link, click AddMe to be added to the Parish Email List.	Live Stream All 9am masses, Monday to Saturday, & the Saturday 5pm (Sunday Mass) Holy Mass are live streamed. <div>  Click here for Live Stream </div>

BULLETIN DEADLINE—MONDAY AT NOON, TWO WEEKS BEFORE

Sunday, February 15, 2026

ASH WEDNESDAY

February 18th

Holy Mass with
Distribution of Ashes at
9am, 5pm, & 7pm



“Remember that you are dust and unto dust, you shall return.”



Stations of the Cross every
Friday during Lent starting
February 20th at 7pm
followed by the
Holy Mass.
Community Rosary at
6:30pm.

WEDDING ANNOUNCEMENTS

There is a promise of marriage this
Saturday, February 21st, between



**Sheldon Vaz and
Alexandra Almeida**

Let us pray for this couple as they
prepare for their wedding.

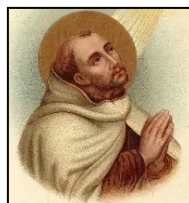
On Fasting

“When you are fasting, do not put on a gloomy look as the hypocrites do: they go about looking unsightly to let people know they are fasting. In truth I tell you, they have had their reward.”
(Matthew 6:16)

Fasting is not for showing off that you are fasting. Fasting is to be done with pure hearts out of sheer love, not to impress others or to “earn” anything by your own efforts. Authentic Christian fasting opens ourselves to receive God’s graciousness and an occasion for inner joy. It reminds us that there are more important things in life than food.

Thomas Aquinas teaches the three values of fasting: repression of one’s concupiscence (strong or ardent desire) of the flesh, atonement for one’s sins, and the disposing of oneself to higher things.

PARISH PILGRIMAGE



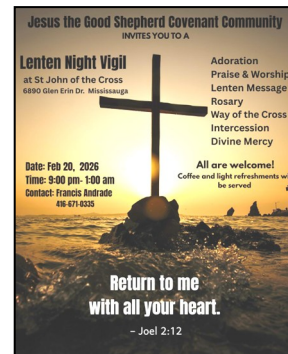
St. John of the Cross Parish
Pilgrimage to Portugal, Spain,
& France will be on September
28th-October 9th.

Pilgrimage information
session will be on Tuesday,
March 10th, 7pm, in Carmel Room.
*Celebrating 300th Anniversary of the
canonization of our patron saint.*

Jesus the Good Shepherd
Covenant Community
invites you to a:

Lenten Night Vigil
Friday, Feb. 20
9:00pm-1:00am

Contact: Francis Andrade
416.671.0335



2025 TAX RECEIPTS

Please email the parish office,
sjocrossmi@archtoronto.org
to have your 2025 tax receipt emailed to you.
Tax receipts will be ready for pick up starting
February 21st.

Fasting & Abstinence on Ash Wednesday & Good Friday

Abstinence means abstaining
From eating meat.



For those who are able to fast, fasting is eating one
full meal, as well as two smaller meals that together
are not equal to a full meal.

Fridays during Lent are days of abstinence
but Catholics can substitute special acts of
charity or piety on this day.

1ST COMMUNION RITE OF ENROLLMENT

Candidates for 1st Communion who
has not attended the Rite of Enrollment for 1st Communion to come on
any of the Sunday Masses this week-
end, February 14th and 15th.



Follow SJOC Parish in:  Instagram: [sjoc.youth](https://www.instagram.com/sjoc.youth)

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BULLETIN DEADLINE—MONDAY AT NOON, TWO WEEKS BEFORE

Sunday, February 15, 2026

MASS INTENTIONS

Monday, February 16, 9am

1. In Thanksgiving for Neela & Sherard, requested by Heather DeSouza
2. For the Repose of Curcino D'Costa, requested by the Vieira Family
3. For the Repose of Catherine & Joseph Fernando, requested by the Fernando Family

Wednesday, February 18, 9am

1. For the Repose of Maria Vitug Ferrer, requested by the De Leon family
2. In Thanksgiving & Birthday Blessings for Elaine Jyll Regio, requested by Mom & Dad
3. For Safe Travels, requested by Maria Teresa Manuel

Wednesday, February 18, 7pm

1. For the Repose of Glany Saldanha, requested by Anitha, Gabriele & Family
2. For the Repose of Pacita De La Cura, requested by Eva Dega
3. For the Repose of Stasia May, requested by the Grala Family

Thursday, February 19, 9am

1. For the Repose of Yolanda Villaruz, requested by the Family
2. For the Repose of Romeo Lagardo, requested by the Family

Friday, February 20, 9am

1. For the 7th Birthday Blessings of Quinn & Sloane, requested by John, Sabrina, Selwyn & Family
2. For the Repose of Sylvester DeSouza, requested by Loretta & Neil DeSouza
3. For the Spiritual Healing of Cleve, requested by the Family

Saturday, February 21, 9am

1. In Thanksgiving & Birthday Blessings for Anthony Martin Talagsa, requested by the Talagsa Family
2. In Thanksgiving for Healing & Blessings Received, requested by the Robson Family
3. In Thanksgiving for Blessings Received, requested by Vincent & Family

Saturday, February 21, 5pm

1. For the Repose of Archibald & Phyllis Crasto, requested by the Crasto Family
2. For Birthday Blessings of Yolande & Janet D'Souza, requested by the Crasto Family

Sunday, February 22, 10am

1. For the Repose of Geraldine DeCruze, requested by her Family

Sunday, February 22, 12pm

1. For the Repose of Marie Kilfeather, requested by the Kilfeather Family

Sunday, February 22, 4pm

1. For the Repose of Miguel Almazan, requested by the Florentin Family

BEREAVEMENT SESSIONS

In person Bereavement Sessions are scheduled for 6 consecutive weeks starting Apr 7th through May 12th at St John of the Cross Parish.

Many have commented how beneficial these confidential groups have been to their healing.

If you have lost a piece of your heart, even if not recently, contact Muriel at muriel76mph@gmail.com Please include your phone number.



PANCAKE SUPPER

Tuesday, February 17th, 2026

5:30 pm to 7:30 pm

St. John of the Cross Parish Hall

TICKETS \$7.00 each or 5 for \$30.00.

Tickets will be sold after Sunday Mass on: Feb 14th and 15th. A ShareLife fundraiser.

CWL Valentine Bake Sale

February 14 & 15

Celebrate Valentine's Day by supporting our parish bake sale. Your generosity helps serve God and His people. Come treat someone special (or yourself!) "Let all that you do be done in love."

(1 Cor 16:14)



Red Sand Prayer Service to bring awareness to Human Trafficking

February 22nd after the
10am & 12pm Holy Mass in
the Nessinger Hall

The parish office will be closed on

Monday, February 16th.

Have a blessed and happy Family Day!

CHURCH

Sun	Feb 15	Alpha Marriage 6:00pm
Wed	Feb 18	Ash Wednesday Mass 9am, 5pm, & 7pm
Thurs	Feb 19	Folk Choir 7:00pm
Fri	Feb 20	Stations of the Cross & Mass 7:00pm

ST. JOHN OF THE CROSS ROOM

Wed	Feb 18	PTC Crafts 1:00-3:00pm
Fri	Feb 19	RCIA Discernment Meeting 7:00pm

NESSINGER HALL

Tues	Feb 17	Pancake Supper 5:30pm
Wed	Feb 18	CIC 6:00-6:45pm
Thurs	Feb 19	EDGE Program 6:45-8:45pm
Sat	Feb 21	Men's Fraternity 6:00-9:00am
Sun	Feb 22	Alpha Marriage 6:00pm

BASEMENT CARMEL A ROOM

Mon	Feb 16	CWL Council Meeting 7:00pm
Fri	Feb 20	Prayer Group 7:00-9:00pm
Sun	Feb 22	LIFE TEEN 5:15-7:15pm

BASEMENT LISIEUX ROOM

Mon	Feb 16	Musical Rehearsal 7:00-9:00pm
Wed	Feb 18	Musical Rehearsal 7:00-9:00pm
Thurs	Feb 19	PTC Book Club 1:00-3:00pm
Thurs	Feb 19	Band Practice 8:00-10:00pm
Fri	Feb 20	Musical Rehearsal 7:00-9:00pm
Sat	Feb 21	Children's Choir 10:00am

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