

Sunday, August 2, 2026

St John of the Cross Parish

Served by the Carmelites



PARISH OFFICE

6890 Glen Erin Drive, Mississauga, ON L5N 2E1
Tel: 905.821.1331 E-mail: sjocrossmi@archtoronto.org
Website: <https://stjohnofthecrossmi.archtoronto.org>

PARISH OFFICE HOURS

Monday to Friday: 9:30am - 4:30pm and 6:00 - 8:30pm
Saturday: 9:00am–12:00pm and 3:15- 6:15pm
Sunday: 8:30 am 1:30pm

PASTORAL TEAM

Fr. Joyson George, O.Carm, Pastor	Ext. 228
Fr.JGeorge@archtoronto.org	
Fr. Joby Joseph, O.Carm, Associate Pastor	Ext. 224
joby.joseph@archtoronto.org	
Deacon Mark Romeo	229
mromeo@archtoronto.org	
Deacon Ferdinand D'Souza	
fdsouza@archtoronto.org	
Liane Harris, Pastoral Associate	LHarris@archtoronto.org 226
Violanta Nicholson, Secretary	VNicholson@archtoronto.org 222
Diane Mejia, Reception	221

MASS TIMES

Mondays to Saturdays: 9:00am
Additional Masses on Wednesdays & 1st Fridays: 7:00pm
Sundays: 8:00am, 10:00am, 12:00pm, and 4:00pm
Sunday Vigil Mass at 5:00pm on Saturday

RECONCILIATION

6:00- 6:45pm before Wednesday 7pm Mass or appointment.

SICK AND HOMEBOUND

Please contact the office.

SACRAMENTAL PREPARATION

1st Communion/Reconciliation	Sjoc-firstcommunion@archtoronto.org	225
Confirmation	Sjoc-confirmation@archtoronto.org	230
Youth Group	Sjoc-youthministry@archtoronto.org	223
St.Vincent de Paul Society		305

Two Steps for E-Transfer:

1) Send donations to: admin@sjocross.org
2) A separate email message to admin@sjocross.org
with your answer, your, Tel. number, & purpose of this fund.

BAPTISM

Parents are required to attend the Baptism Preparation Class. They are also encouraged to attend the class prior to the birth of the baby. Godparents are expected to attend the class. A registration package is available at the Parish Office or at our website for download. Email completed forms to the parish office.

MARRIAGE

It is required that one of those to be married resides within the Parish boundary. Couples planning to be married must contact the Parish office at least one year in advance of their proposed date. They are required to complete a Marriage Preparation Course.

AddME

To receive parish notifications, weekly bulletin & Sunday Mass link, click **AddMe** to be added to the Parish Email List.

Live Stream

All 9am masses, Monday to Saturday, & the Saturday 5pm (Sunday Mass) Holy Mass are live streamed.



Click here for
Live Stream

BULLETIN DEADLINE—MONDAY AT NOON, TWO WEEKS BEFORE

Sunday, August 2, 2026



**Join us on August 7th, 9am & 7pm for the
1st FRIDAY HOLY MASS**

Followed by:

ADORATION & BENEDICTION

*Come, let us worship our Gracious &
Merciful God, fully present in the Blessed Sacrament.*

Along the Mystical Carmelite way ...

John of the Cross: Dark Night of the Soul

The dark night isn't the end of your spiritual life.

It's the middle.

And the middle is where transformation happens.

How to Navigate the Darkness

- First, do not try to go back to old methods that no longer work. When meditation on Scripture feels dry, when imaginative prayer leaves you cold, when familiar devotional practices produce nothing, do not force it. Those methods served their purpose in an earlier stage. Clinging to them now is like an adult insisting on baby food.
- Second, stay in the silence. Just be present to God without agenda, without trying to manufacture feelings or force insights. Sit in the darkness. Let God work in ways you cannot perceive or control. This requires enormous trust.
- Third, trust the process. God isn't abandoning you; rather, the Great Physician is doing surgery. Divine love is cutting away your dependence on spiritual consolations, your need to control the relationship, your attachment to feelings instead of faith. It hurts. But it is healing.
- Fourth, and critically, get a spiritual guide. You need someone who knows these territories, who can assure you that what feels like disaster is actually transformation.



What does darkness teach us? It teaches faith without feelings; i.e., faith that believes even when nothing confirms belief. It teaches hope without certainty; i.e., hope that trusts God's goodness when all

evidence seems to contradict it. It teaches love without reward; i.e., love that continues loving God simply because He is worthy of love, not because we get anything from it. These are the theological virtues in their purest form.

Bishop Joshy, newly ordained bishop and brother of our dear pastor, Fr. Joyson, will be here to celebrate the 5pm Holy Mass on Saturday, August 15th. There will be a reception in the rotunda after the Mass to welcome and congratulate Bishop Joshy.



SHARELIFE 50TH ANNIVERSARY

ShareLife 50th Anniversary Mass

Join us on Saturday, August 22, 2026, as we celebrate 50 years of bringing the hands of Christ to those in need through faith, compassion, and service. Mass at St. Michael's Cathedral Basilica will be celebrated by His Eminence Frank Cardinal Leo, Metropolitan Archbishop of Toronto at 10:30 a.m. This is a free event, but registration is required.

Please RSVP by August 17.

Registration link and event information:

www.sharelife.org/50

CEMETERY ANNUAL MASS

Catholic Cemeteries & Funeral Services invites families and our faith communities to join us for the Annual Mass for the Faithful Departed on

Wednesday, August 12, 2026 at 7 p.m.

Held annually across our cemetery locations, this special Mass offers an opportunity to gather in prayer, remember loved ones who have gone before us, and celebrate the hope and promise of eternal life.

**Assumption Cemetery & Funeral Home
Mississauga**

Celebrant: Most Reverend John Corriveau



There will be a 2nd collection this weekend for the Building Fund.

Thank you for your generosity!

Follow SJOC Parish in:



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Facebook: [SJOCParish](https://www.facebook.com/SJOCParish)

BULLETIN DEADLINE—MONDAY AT NOON, TWO WEEKS BEFORE

MASS INTENTIONS

Monday, August 3, 9am

1. In Thanksgiving & 3rd Birthday Blessings for Rhaneyra Fernandes, requested by John, Sabrina & Family
2. In Thanksgiving for Blessings Received, requested by Johnny & Angie
3. For the Repose of Emilio Villaruz, requested by the Family
4. For the Repose of Matthew Jerome Vaz, requested by the Family
5. In Thanksgiving & Birthday Blessings for Julianne Camille, requested by the Family

Tuesday, August 4, 9am

1. For All Deceased Clergy, requested by the Nicholson Family
2. For the Repose of Sampath Bandaratilleke, requested by Onita Bandaratilleke
3. For the Repose of Arthur Tavares, requested by Lynda Tavares & Family

Wednesday, August 5, 9am

1. In Thanksgiving & Birthday Blessings for Olivia Pais, requested by the Menezes Family

Wednesday, August 5, 7pm

1. In Thanksgiving for Getting a New Job, requested by Ashlin Varghese

Thursday, August 6, 9am

1. For the Repose of Lawrence Lewis, requested by the Nicholson Family
2. In Thanksgiving & Anniversary Blessings of Ryan & Kerrie Desouza, requested by the Desouza Family
3. For the Repose of Benigno Atienza Alejandro Jr., requested by the Alejandro Family

Friday, August 7, 9am

1. For the Repose of Nury Andrews, requested by Vincent Andrews
2. For the Repose of Ida Maria Antao-Lewis, requested by the Nicholson Family

Friday, August 7, 7pm

1. For the Repose of Clodualdo Dawinan, requested by the Buhain Family
2. For the Repose of Efren & Zenaida Buhain, requested by the Buhain Family

Saturday, August 8, 9am

1. For the Repose of Mary, Lucien & Francis Apikian, requested by the Family

Saturday, August 8, 5pm

1. For the Repose of Victor Mercieca, requested by Leli & Family
2. In Thanksgiving for Blessings Received, requested by Nilo & Irene Ayson
3. For the Repose of Valerian Dsouza, requested by the Dsouza Family
4. For the Repose of Christopher Samuel Ruth, requested by the Collins Family

Sunday, August 9, 8am

1. In Thanksgiving & Birthday Blessings for Darren & Harper Desouza, requested by the Desouza Family
2. For the Repose of Theresa Rebello, requested by the Cabral Family
3. For the Birthday Blessings of Albina Devotta, requested by the Family
4. For the Repose of Roman Pinto, requested by Seth, Oliver & Gwyn D'Mello

Sunday, August 9, 10am

1. For the Repose of Roberto Arellano Jr., requested by the De Mesa Family
2. For the Repose of Cryslyn & Roman Pinto, requested by a Parishioner
3. For the Repose of Baby Isla Murison, requested by the Family

Sunday, August 9, 12pm

1. For the Repose of Martin & Bridget Mongan, requested by Annie & Barney
2. For the Repose of Cecelia D'Souza, requested by her Children & Family
3. For the Repose of Lou Lou & Saleem Kassab, requested by the Family
4. For the Repose of Mariam, Nasar & Merhej Kassab, requested by the Family

BOTTLE DRIVE & BBQ

The Knights of Columbus will be holding a Bottle Drive on Aug 8th and Aug 9th before and after all the Sunday masses. Profits will go toward Share Life and Food for Kids. You may drop off your empty beer, wine and liquor bottles to the Knights, in the parking lot. Please also consider dropping off your empties at the Beer Store and donate proceeds by e—transfer:

eventskoc@gmail.com

There will also be a BBQ in the parking lot that weekend following the Saturday 5pm Mass, Sunday 10am Mass and the Sunday noon Mass. Burgers and sausages will be available for purchase.

MEN'S FRATERNITY

3rd Annual Summer Retreat 2026

Calling all men! Join us for an inspiring evening of faith, fellowship, and reflection at the **SJOC Men's Fraternity 3rd Annual Summer Retreat**.

Topic: These Things Drive Priests Crazy

Speaker: Fr. Leo Patalinghug

Thursday, August 6, 2026

6:30 p.m. – 9:00 p.m., Nessinger Hall

The evening begins with refreshments and fellowship, followed by Fr. Leo's engaging presentation & small group discussions. Whether you're a regular attendee or joining us for the first time, all men are warmly welcome.

Come, be inspired, grow in faith, and connect with other men in our parish community.

ST. JOHN OF THE CROSS ROOM

Mon	Aug 3	CWL Intercessory Group 7:00pm
Wed	Aug 5	PTC Crafts 1:00-3:00pm

NESSINGER HALL

Mon	Aug 3	Neophyte Catechism Study 7:00pm
Tues	Aug 4	Line Dancing 1:00-3:00pm
Thurs	Aug 6	Men's Fraternity Retreat 5:00-9:00pm
Sat	Aug 8	Men's Fraternity 7:00-8:30am
Sat	Aug 8	Lay Carmelites 8:30am-3:00pm

BASEMENT CARMEL A ROOM

Tues	Aug 4	Alpha Marriage Annual Meeting 7:00-9:00pm
Fri	Aug 7	Prayer Group 6:00pm

ROTUNDA

Tues	Aug 4	Baptism Class 7:00pm
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A BLESSED



The Parish Office is closed on Monday, August 3rd, for the holiday.

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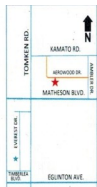
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