

Sunday, August 16, 2026

St. John of the Cross Church

Managed by the Carmelites



20th Sunday in Ordinary Time

PARISH OFFICE	PARISH OFFICE HOURS
6890 Glen Erin Drive, Mississauga, ON L5N 2E1 Tel: 905.821.1331 E-mail: sjocrossmi@archtoronto.org Website: https://stjohnofthecrossmi.archtoronto.org	Monday to Friday: 9:30am - 4:30pm and 6:00 - 8:30pm Saturday: 9:00am–12:00pm and 3:15- 6:15pm Sunday: 8:30 am 1:30pm
PASTORAL TEAM	MASS TIMES
Fr. Joyson George, O.Carm, Pastor Ext. 228 Fr.JGeorge@archtoronto.org Fr. Joby Joseph, O.Carm, Associate Pastor Ext. 224 joby.joseph@archtoronto.org Deacon Mark Romeo 229 mromeo@archtoronto.org Deacon Ferdinand D'Souza fdsouza@archtoronto.org Liane Harris, Pastoral Associate LHarris@archtoronto.org 226 Violanta Nicholson, Secretary VNicholson@archtoronto.org 222 Diane Mejia, Reception 221	Mondays to Saturdays: 9:00am Additional Masses on Wednesdays & 1st Fridays: 7:00pm Sundays: 8:00am, 10:00am, 12:00pm, and 4:00pm Sunday Vigil Mass at 5:00pm on Saturday RECONCILIATION 6:00- 6:45pm before Wednesday 7pm Mass or appointment. SICK AND HOMEBOUND Please contact the office.
SACRAMENTAL PREPARATION	Two Steps for E-Transfer:
1st Communion/Reconciliation Sjoc-firstcommunion@archtoronto.org 225 Confirmation, Sjoc-confirmation@archtoronto.org 230 Youth Group, Sjoc-youthministry@archtoronto.org 223 St.Vincent de Paul Society 305	1) Send donations to: admin@sjocross.org 2) A separate email message to admin@sjocross.org with your answer, your, Tel. number, & purpose of this fund.
BAPTISM	MARRIAGE
Parents are required to attend the Baptism Preparation Class. They are also encouraged to attend the class prior to the birth of the baby. Godparents are expected to attend the class. A registration package is available at the Parish Office or at our website for download. Email completed forms to the parish office.	It is required that one of those to be married resides within the Parish boundary. Couples planning to be married must contact the Parish office at least one year in advance of their proposed date. They are required to complete a Marriage Preparation Course.
AddME	Live Stream
To receive parish notifications, weekly bulletin & Sunday Mass link, click AddMe to be added to the Parish Email List.	All 9am masses, Monday to Saturday, & the Saturday 5pm (Sunday Mass) Holy Mass are live streamed.



Click here for
Live Stream

BULLETIN DEADLINE—MONDAY AT NOON, TWO WEEKS BEFORE

Along the Mystical Carmelite way ...



An Invitation to Silence

If you have never prayed contemplatively, you're invited to try it for one week. Just 20 minutes a day. You'll probably feel like you are failing. Your mind will wander constantly. You will wonder if anything is happening. You might feel bored, restless, even frustrated. But that is exactly where contemplative prayer begins... in the humbling realisation that we can't manufacture God's presence, we can't control spiritual experience, we can't engineer transformation.

All we can do is show up. Sit down. Be present. Trust that the Spirit is praying "wordless groans" too deep for conscious awareness.

The Spirit's deepest work often happens beneath conscious awareness.

When you sit in silence, when you stop generating your own prayers and simply rest in God's presence, the Spirit begins interior work you can't monitor or measure. The Spirit is:

- Purifying your motivations (why do you really pray?)
 - Deepening your capacity for intimacy with God
 - Teaching you to love God for God's sake, not for spiritual experiences
 - Healing wounds at depths you can't consciously access
 - Conforming you to Christ in ways you can't engineer
 - Praying the prayers you don't know you need
- This isn't prayer that produces immediate results you can feel. It's prayer that transforms you slowly, often imperceptibly, from the inside out.

*Here's how you know if contemplative prayer is genuinely the Spirit's work in you: **not** by what you feel during prayer but by how you live after prayer.*

Does silence in prayer produce greater love in life? Are you becoming more patient, more compassionate, less judgmental? Can you stay present with difficult people without needing to fix or flee? Are you growing in what Paul calls the fruit of the Spirit – love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control?

If yes, the Spirit is praying in you, even when prayer itself feels empty. *The Spirit invites you into the silence today. Will you come?*

(Excerpt from Carmelite Friars <https://www.carmelite.uk.net/spirituality/praying-in-the-spirit-the-carmelite-contemplative-way/>)

PARISH RCIA PROGRAM

A Journey of Faith to Encounter God

Do you know anyone who is curious to know about God, the Catholic Faith, and the Church teachings? Or thinking about joining the Catholic Christian Church? RCIA is a program for adults to help them in this journey. Contact Liane Harris, 905.821.1331 x 226 for details or they can leave their contact information in the office. RCIA Program starts in September.



Let us pray for Pope Leo's August intention:

For evangelization in the city



Let us pray that in large cities often marked by anonymity and loneliness we find new ways to proclaim the Gospel, discovering creative paths to build community.

HELP WANTED: PAID POSITION

St. John of the Cross Church is seeking individuals for cleaning of the church facilities every day of the week and for other miscellaneous duties starting Fall 2026. This paid position is ideal for a couple or for two individuals willing to share the duties.

The duties include cleaning of all church facilities following a prescribed schedule with flexibility for unplanned cleaning as required. This includes washrooms, offices, hallways, worship area, and meeting rooms. Some items need attention daily and the remainder less frequently. In addition to cleaning, the duties will include setting up chairs and tables for functions in the meeting rooms or other duties as required.

The workload and salary are ideally shared between two persons acting as Independent Service Providers willing to invoice the church on a regular basis.

If interested, please drop your resume or application to the church office or email it to stjohnofthecross-mi@archtoronto.org before September 15, 2026. The Building Committee will review your expression of interest.

Do you know?

There is a 3rd Order Lay Carmelites Community in our parish. They meet on the 1st Saturday of each month for faith formation, learning about the Carmelite Order, and living their charisms of prayer, service, & community. You are welcome to attend the monthly meeting and see if this order is for you.

Follow SJOC Parish in:



Instagram: [sjoc.youth](https://www.instagram.com/sjoc.youth)



Facebook: [SJOCParish](https://www.facebook.com/SJOCParish)

BULLETIN DEADLINE—MONDAY AT NOON, TWO WEEKS BEFORE

MASS INTENTIONS

Monday, August 17, 9am

1. In Thanksgiving & Birthday Blessings for Marilyn & Clayton, requested by Treffy, Sabrina & John

Tuesday, August 18, 9am

1. For the Repose of Aaron Racelis, requested by Johnny & Angie
2. In Thanksgiving & 10th Birthday Blessings for Ezra Monisse, requested by John, Sabrina & Family

Wednesday, August 19, 9am

1. In Thanksgiving & Birthday Blessings for Sienna Desouza, requested by the Desouza Family
2. For the Weddings Anniversary Blessings of Victor & Gloria, requested by the Family
3. For the Healing of Pamela Borgona, requested by the Borgona-Pace Families
4. For the Repose of Douglas Colaco, requested by the Family

Wednesday, August 19, 7pm

1. For the Repose of Abraham A.T., requested by Tennyson & Family

Thursday, August 20, 9am

1. For the Repose of Fr. Marcel Dube, requested by the Nicholson Family
2. For Wedding Anniversary Blessings on Basuki Tantra & Margaretha Susanti, requested by the Family

Friday, August 21, 9am

1. For the Repose of Joyce D'Mello, requested by the Rodgers Family
2. For the Repose of Joan Dias, requested by the Chaves Family
3. In Thanksgiving & Birthday Blessings for M. Flemi, requested by Albin & Family

Saturday, August 22, 9am

1. For the Birthday Blessings of Dante Romeo, requested by the Romeo Family
2. In Thanksgiving & Birthday Blessings for Mya Vas, requested by the De Souza Family
3. For the Repose of Rev. Fr. Joseph Rodrigues, requested by Cippy & Shirley

Saturday, August 22, 5pm

1. In Thanksgiving for Blessings Received, requested by Nilo & Irene Ayson
2. For the Repose of Aninha & Viriato Menezes, requested by the Menezes Family
3. For the Repose of Yvonne Fernandes, requested by Jason, Clayton & Fernandes Family
4. For the Birthday Blessings of Tim & Rhonda Remedios, requested by Tim & Rhonda Remedios
5. For Wedding Anniversary Blessings of Tim & Rhonda Remedios, requested by Tim & Rhonda Remedios

Sunday, August 23, 8am

1. For the Birthday Blessings of Mitchell Romeo, requested by the Romeo Family
2. For the Repose of Maria Ventura, requested by the Poerba Family
3. For the Repose of Luisa Cabral, requested by the Poerba Family
4. In Thanksgiving for Family Blessings Received, requested by V. Harris
5. In Thanksgiving & Birthday Blessings for Kloe Vas, requested by the De Souza Family
6. For the Repose of Jacob & Bridget D'Cunha, requested by D'Cunha Family
7. For the Repose of Norris Cobham, requested by the Rego Family

Sunday, August 23, 10am

1. For the Repose of Joan Fernandes, requested by Doris Goveas
2. For the Repose of Wendel Koessler, requested by the Family

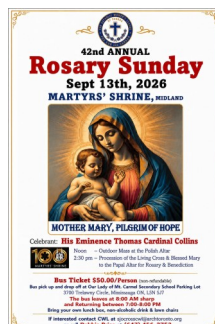
Sunday, August 23, 12pm

1. In Thanksgiving for 55th Wedding Anniversary Blessings for Brenda & Gil Aburto, requested by Brenda & Gil Aburto
2. For the Repose of Cristeta Franco, requested by Jojo & Bulen
3. In Thanksgiving for Blessings Received, requested by the D'Cruz Family
4. In Thanksgiving & Birthday Blessings for Emily Carmen Swindon, requested by the Quintos & Swindon Families
5. For the Repose of Corazon Tulaylay, requested by the Tulaylay

Family

6. For the Repose of Anthony Svalinski, requested by the Family
7. For the Repose of Nasar, Mariam & Merhej Kassab, requested by the Family
8. For the Repose of Martha & Ibrahim Sarhan & their 2 sons, requested by the Family

CATHOLIC WOMEN'S LEAGUE



The CWL invites you to join us on a Pilgrimage to Martyrs' Shrine on Rosary Sunday, September 13th, 2026. \$50/ person. Tickets available after each Sunday Mass starting August 8th until sold out. Contact Debbie Price at 647-456-3753 or see poster.

CANADIAN MISSIONS

There will be a second collection this weekend for Canadian Missions. Catholic Missions in Canada and the selected dioceses in Northern Canada will benefit from your generosity to sustain and extend the Catholic faith to isolated, poor and hard-to-reach mission areas in our country. Thank you for your support of this important work!

NESSINGER HALL

Mon	Aug 17	Neophyte Catechism Study 7:00pm
Tues	Aug 18	Line Dancing 1:00-3:00pm
Sat	Aug 15	Men's Fraternity 7:00-8:30am

ST. JOHN OF THE CROSS ROOM

Wed	Aug 19	PTC Crafts 1:00-3:00pm
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BASEMENT CARMEL A ROOM

Fri	Aug 21	Prayer Group 6:00pm
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*If every tiny flower wanted to be a rose,
spring would lose its loveliness.*

St. Therese of Lisieux

Thank You

Thank you to all parishioners and to all ministries who helped in the thanksgiving celebration of Bishop Joshy.

Thank you to our good and gracious God for the blessings, to our Lady of Mount Carmel, and to our parish patron saint, St. John of the Cross, for the intercessions.

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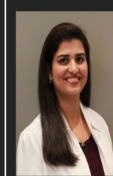
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