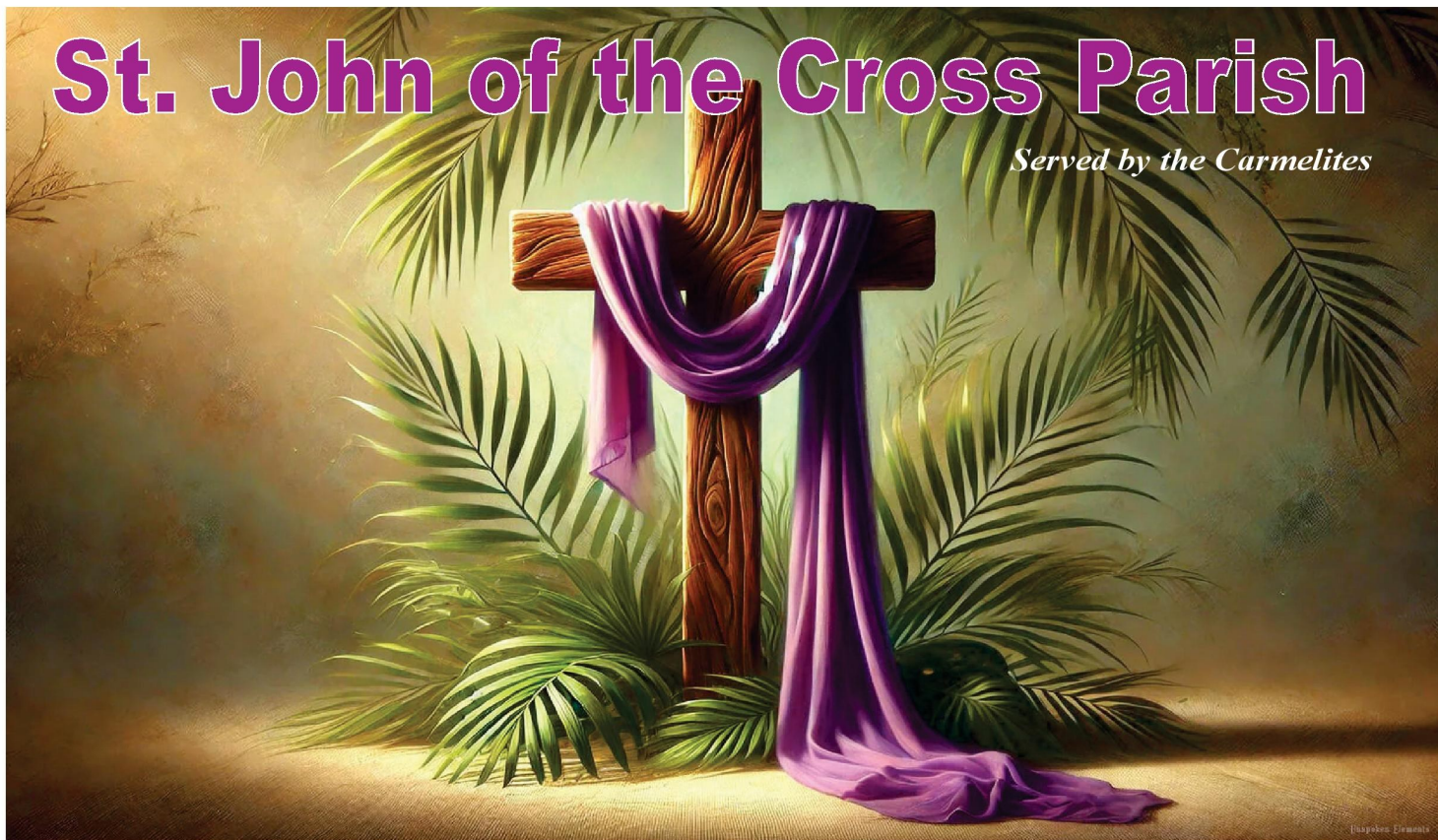



Sunday, March 9, 2025

# St. John of the Cross Parish

*Served by the Carmelites*



<b>PARISH OFFICE</b>	<b>PARISH OFFICE HOURS</b>
6890 Glen Erin Drive, Mississauga, ON L5N 2E1 Tel: 905.821.1331 E-mail: <a href="mailto:sjocrossmi@archtoronto.org">sjocrossmi@archtoronto.org</a> Website: <a href="https://stjohnofthecrossmi.archtoronto.org">https://stjohnofthecrossmi.archtoronto.org</a>	<b>Monday to Friday: 9:30am - 4:30pm and 6:00 - 8.30pm</b> <b>Saturday: 9:00am–12:00pm and 3:15- 6:15pm</b> <b>Sunday: 8:30 am 1:30pm</b>
<b>PASTORAL TEAM</b>	<b>MASS TIMES</b>
Fr. Joyson George, O.Carm, Pastor Ext. 228 <a href="mailto:Fr.JGeorge@archtoronto.org">Fr.JGeorge@archtoronto.org</a> Fr. Joby Joseph, O.Carm, Associate Pastor Ext. 224 <a href="mailto:joby.joseph@archtoronto.org">joby.joseph@archtoronto.org</a> Deacon Mark Romeo 222 <a href="mailto:mromeo@archtoronto.org">mromeo@archtoronto.org</a> Deacon Ferdinand D’Souza <a href="mailto:fdsouza@archtoronto.org">fdsouza@archtoronto.org</a> Liane Harris, Pastoral Associate LHarris@archtoronto.org 226 Violanta Nicholson, Secretary VNicholson@archtoronto.org 223 Diane Mejia, Reception 221	<b>Mondays to Saturdays: 9:00am</b> <b>Additional Masses on Wednesdays &amp; 1st Fridays: 7:00pm</b> <b>Sundays: 8:00am, 10:00am, 12:00pm, and 4:00pm</b> <b>Sunday Vigil Mass at 5:00pm on Saturday</b>
<b>SACRAMENTAL PREPARATION</b>	<b>RECONCILIATION</b>
1st Communion/1st Reconciliation <a href="mailto:Sjoc-firstcommunion@archtoronto.org">Sjoc-firstcommunion@archtoronto.org</a> 225 Confirmation, <a href="mailto:Sjoc-confirmation@archtoronto.org">Sjoc-confirmation@archtoronto.org</a> 230 Youth Group, <a href="mailto:Sjoc-youthministry@archtoronto.org">Sjoc-youthministry@archtoronto.org</a> Vincent de Paul Society 305	6:00- 6:45pm before Wednesday 7pm Mass or appointment.
<b>BAPTISM</b>	<b>SICK AND HOMEBOUND</b>
Parents are required to attend the Baptism Preparation Class. They are also encouraged to attend the class prior to the birth of the baby. Godparents are expected to attend the class. A registration package is available at the Parish Office or at our website for download. Email completed forms to the parish office.	Please contact the office.
<b>AddME</b>	<b>Two Steps for E-Transfer:</b>
To receive parish notifications, weekly bulletin & Sunday Mass link, click <b>AddMe</b> to be added to the Parish Email List.	<b>1) Send donations to: <a href="mailto:admin@sjocross.org">admin@sjocross.org</a></b> <b>2) A separate email message to <a href="mailto:admin@sjocross.org">admin@sjocross.org</a></b> with your answer, your, Tel. number, & purpose of this fund.
<b>AddME</b>	<b>MARRIAGE</b>
<b>AddME</b>	It is required that one of those to be married resides within the Parish boundary. Couples planning to be married must contact the Parish office at least one year in advance of their proposed date. They are required to complete a Marriage Preparation Course.
<b>AddME</b>	<b>Live Stream</b>
<b>AddME</b>	All 9am masses, Monday to Saturday, & the Saturday 5pm (Sunday Mass) Holy Mass are live streamed.  <a href="#">Click here for Live Stream</a>

**BULLETIN DEADLINE—MONDAY AT NOON, TWO WEEKS BEFORE**

## PARISH FAMILY MINISTRY

The pilgrim statue of Our Lady of Mount Carmel will be visiting families in our parish. Two members of the ministry will bring the statue to homes and will pray the Holy Rosary with the family. A family can be a person of 1 (i.e., a widow with adult children living somewhere) or Mom, Dad, children, and extended families.

There will be a signup next weekend after all Sunday Masses, March 15th-16th, for those who want the Our Lady of Mount Carmel pilgrim statue in their homes for a few days. Thank you for opening your homes to our Lady of Mount Carmel's visit.



### Coffee Sunday next weekend!

We thank the Parish Family Ministry for hosting the Coffee Sunday after all Sunday Masses next weekend, March 15-16. Come, enjoy the fellowship in the rotunda and get to know some of our parish families!



*We pray for world peace.*

### Along the Mystical Carmelite Way ....

#### Aspects of Carmelite Prayer: Prayer is Breathing God's Breath

It is said in the *Book of Genesis* that Adam became a living being after God breathed the breath of life into his nostrils. In like manner, prayer opens the soul's nostrils, as it were, in order to inhale the breath of the Holy Spirit. This "inspiration," causes the soul to become a living being. "It is the Spirit that gives life," says Jesus (Jn 6:63).



The word "spirit" in many languages, such as Hebrew (ruah) and Greek (pneuma), also means breath. In prayer, therefore, God's breath unites with our breath and impels the soul upwards and onwards. As the French Carmelite Brother Lawrence of the Resurrection (1614-1691), puts it, "Those who are empowered by the breath of the Holy Spirit sail along even when asleep."

St. Elijah experienced this breath as a gentle whisper while dwelling on Mt. Horeb: "After the fire, there was the sound of a gentle whisper. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave" (1 Kgs 19:12-13).

St. John of the Cross describes the divine breeze of the Holy Spirit as the 'south wind.' He says that God breathes through the garden of the soul with the south wind in order to infuse gifts and awaken love (Sp. C. Stanza 17:4-9). Elsewhere, St. John of the Cross describes the breathing of the Holy Spirit as a "spiration."



*Stations of the Cross every Friday during Lent at 7pm followed by the Holy Mass  
Community Rosary at 6:30pm.  
Come! Let us walk with the Lord in His last hours on earth.*

### LENTEN OBSERVANCES WE CAN DO

- 1) **Holy Mass:** Making more frequent participation in the Holy Mass during the week is an excellent Lenten observance because the Eucharistic celebration is the most sublime of Christian prayers.
- 2) **Lectio Divina:** It is the practice of slow, prayerful, meditative reading of the selected passages of the Sacred Scripture.
- 3) **Fasting and abstinence:** Fasting is taking only one major meal per day and abstinence is avoiding meat.
- 4) **Decide on Lenten Sacrifices** appropriate to the age of each child in the family, reminding them that our souls need this spiritual exercise to gain strength for living as Christians, just as our bodies need exercise to remain healthy.
- 5) **Acts of Charity:** Find out someone in need of our prayer, help, support or encouragement in our neighborhood and do with utmost sincerity what we can.
- 6) **Sacrament of Reconciliation:** Lent is a time for the Sacrament of Reconciliation so that we may put things right with God and others.

### BABY BOTTLE CAMPAIGN

The Knights of Columbus Council 12706 at St. John of the Cross will participate in the Baby Bottle Campaign 2025 in support of JFJ Hope Centre. "Fill a bottle, make a difference!" Because of you, a young couple can receive counselling for an unplanned pregnancy, a single mom will get practical help and parenting support, and children will benefit from the relationship counselling their parents receive. Strong families build a strong world. The Campaign will kick off on Saturday, March 8<sup>th</sup> and run until Sunday, March 23<sup>rd</sup>. On your way out of Mass, pick up a bottle and fill it with loose change, cash or a cheque. Want to donate without filling a bottle? No problem – use this link: <https://jfjhopecentre.ca/baby-bottle-campaign/> to donate through Canada Helps. Thank you!



### HORIZONS OF HOPE

The Catholic Women's League invites you to join a four-part program developed by the Canadian Conference of Catholic Bishops, entitled "Horizons of Hope: A Toolkit for Catholic Parishes on Palliative Care", on Wednesday March 12, 19, 26, and April 9th at either 10:00 a.m. or 7:00 p.m. Join us to share and discuss the importance of palliative care. Learn more about how we can respond to our Christian call to provide compassionate care for our loved ones at the end of life. Please register with the CWL members after mass or email

[sjocrosscwl@archtoronto.org](mailto:sjocrosscwl@archtoronto.org)

**MASS INTENTIONS**

**Monday, March 10, 9am**

1. In Thanksgiving for Sheldon Romeo, requested by the Romeo Family
2. For the Repose of Jacintho Vieira, requested by the Vieira Family
3. In Thanksgiving & Birthday Blessings for Victor Fernandes, requested by the Family
4. In Thanksgiving & 90th Birthday Blessings for Ann Fernandes, requested by the Family
5. In Thanksgiving & Birthday Blessings for Fatima Marie Talagsa, requested by the Talagsa Family
6. For the Repose of Flori Dias, requested by the Family
7. For the Deceased Members of the Coutinho & Dias Families, requested by the Family
8. For the Birthday Blessings of Conrad de la Cruz, requested by Pela Cruz
9. In Thanksgiving for Blessings Received, requested by the Benjamin Family

**Tuesday, March 11, 9am**

1. For the Repose of Bernice Cecilia Joseph, requested by Gillian, Devon & Derick

**Wednesday, March 12, 9am**

1. In Thanksgiving & Birthday Blessings for Triston Simpson, requested by the Family
2. For the Repose of Rose Castelino, requested by Robert & Hedy

**Thursday, March 13, 9am**

1. For the Repose of Leanne Rodgers, requested by Mom & Dad
2. For the Birthday Blessings of Melvin Lapesigue, requested by Jessy Yap & family

**Saturday, March 15, 9am**


1. For the Repose of Clarence Rodgers, requested by the Rodgers Family
2. In Thanksgiving & Birthday Blessings for William Jude, requested by the Family

**Sunday, March 16, 10am**

1. For the Repose of Giles Chaves, requested by the Chaves Family
2. For the Repose of Especia Perez, requested by Jessy Yap & Family
3. For the Repose of Brian Benjamin, requested by the Quetta Mews Friends

**Sunday, March 16, 12pm**

1. In Thanksgiving & Birthday Blessings for Lita Legaspi, requested by the Chan Family



Daylight Savings Time begins this Sunday, March 9th. Remember to move your clock forward before you go to bed tomorrow, Saturday.

**What is Lent?** Lent is a season of spiritual preparation, one that not only looks forward to the joy of Jesus' Resurrection (beginning with the Easter Octave), but also provides the faithful—both Catholics and those joining the Church—an annual opportunity to fortify their faith and otherwise grow in holiness for the sake of Christ's kingdom (John 13:34-35; see Matt. 6:10; 24:14).

**2024 TAX RECEIPTS**

2024 Tax Receipts are ready for pickup. Kindly verify the address on the receipt to make sure that you are picking up your own Tax Receipt. If you prefer to receive an email copy of your tax receipt, please email the parish office at [sjocrossmi@archtoronto.org](mailto:sjocrossmi@archtoronto.org)

**FREE INCOME TAX PREPARATION**

**For Eligible Individuals**

Free income tax preparation for low income individuals is offered by the Community Volunteer Income Tax Program (CVITP), coordinated by the Canada Revenue Agency. Contact the parish office to check eligibility and to book an appointment on Saturdays from 9 AM to 12:00 PM, during the months of March and April. Each appointment will be about 30 minutes. Tax preparations can be done in-person or by telephone interview. Let the accountant know when they call you to confirm your schedule.

**HANDICRAFT HOLY LAND CHRISTIANS**

On the weekend March 22-23, we will welcome our guest Sebastien Cardinal representing "Handicraft Holy Land Christians", who after all the masses will briefly address the issues and concerns regarding the Christian presence in the Holy Land.

Christians in the Holy Land graciously ask your support through conscience prayers. There will be many unique hand carved olive wood religious art pieces made by these families in Bethlehem available for purchase after every Mass. Proceeds of the sales generate much needed employment for our Christian brothers and sisters in Bethlehem.

Cash, debit, credit cards and cheque will be accepted.

You can also visit and support us at [www.HolylandChristians.ca](http://www.HolylandChristians.ca)



CHURCH		
Tue	Mar. 11	Joyful Worship Choir 7:00-8:30pm
Wed	Mar. 12	Band Choir 8:00pm
Thurs	Mar. 13	Folk Choir 7:00pm-8:30pm
Fri	Mar. 14	Stations of the Cross 7:00pm
Sat	Mar. 15	Children's Choir 10:00am

ST. JOHN OF THE CROSS ROOM		
Wed	Mar. 12	PTC Crafts 1:00-3:00pm
Sat	Mar. 15	Tax Preparation 9:00am-12:00pm

NESSINGER HALL		
Mon	Mar. 10	RCIA 7:00-9:00pm
Tue	Mar. 11	PTC Line Dancing 1:00-3:00pm
Tue	Mar. 11	Parish Bible Study 7:00-8:45pm
Wed	Mar. 12	Horizons of Hope 10:00am-12:00pm
Wed	Mar. 12	CIC 6:00-6:45pm
Wed	Mar. 12	Horizons of Hope 7:00-9:00pm
Thurs	Mar. 13	Alpha Program 7:00-9:00pm
Sat	Mar. 15	Men's Fraternity 6:00am-9:00am

BASEMENT CARMELA		
Wed	Mar. 12	K of C General Meeting 7:00pm
Thurs	Mar. 13	SVDP 7:00-9:00pm

BASEMENT LISIEUX ROOM		
Tues	Mar. 11	CWL 7:00-8:30pm
Wed.	Mar. 12	Sacramental Preparation 6:00-7:30pm

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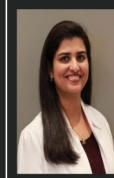
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