

Sunday, July 6, 2025



St John of the Cross Parish

PARISH OFFICE

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Violanta Nicholson, Secretary	VNicholson@archtoronto.org 222
Diane Mejia, Reception	221

SACRAMENTAL PREPARATION

1st Communion/1st Reconciliation	Sjoc-firstcommunion@archtoronto.org 225
Confirmation	Sjoc-confirmation@archtoronto.org 230
Youth Group	Sjoc-youthministry@archtoronto.org
Vincent de Paul Society	305

BAPTISM

Parents are required to attend the Baptism Preparation Class. They are also encouraged to attend the class prior to the birth of the baby. Godparents are expected to attend the class. A registration package is available at the Parish Office or at our website for download. Email completed forms to the parish office.

AddME

To receive parish notifications, weekly bulletin & Sunday Mass link, click **AddMe** to be added to the Parish Email List.

PARISH SUMMER OFFICE HOURS

Monday to Friday: 9:30am - 3:00pm
Saturday: 9:00am-12:00pm and 3:15- 6:15pm
Sunday: 8:30 am 1:30pm

MASS TIMES

Mondays to Saturdays: 9:00am
Additional Masses on Wednesdays & 1st Fridays: 7:00pm
Sundays: 8:00am, 10:00am, 12:00pm, and 4:00pm
Sunday Vigil Mass at 5:00pm on Saturday

RECONCILIATION

6:00- 6:45pm before Wednesday 7pm Mass or appointment.

SICK AND HOMEBOUND

Please contact the office.

Two Steps for E-Transfer:

- 1) Send donations to: admin@sjocross.org
- 2) A separate email message to admin@sjocross.org with your answer, your, Tel. number, & purpose of this fund.

MARRIAGE

It is required that one of those to be married resides within the Parish boundary. Couples planning to be married must contact the Parish office at least one year in advance of their proposed date. They are required to complete a Marriage Preparation Course.

Live Stream

All 9am masses, Monday to Saturday, & the Saturday 5pm (Sunday Mass) Holy Mass are live streamed.



Click here for
Live Stream

BULLETIN DEADLINE—MONDAY AT NOON, TWO WEEKS BEFORE

Sunday, July 6, 2025



CARMELITE
MISSIONS



We welcome Fr. Thomas Kunnappilly O.Carm., 1st Councilor from St. Thomas Carmelite Province in India who will be preaching this weekend for the Carmelite Mission.

Along the Mystical Carmelite Way ...

Hope will be your Strength

As we mark the Jubilee Year and reflect on the theme *Pilgrims of Hope*, I find myself returning to a line from the Carmelite Rule that first struck me while discerning my vocation with the Order. It is taken from Isaiah 30:15, quoted in Chapter 21 of the Rule: *'In silence and in hope will be your strength.'* At the time, I didn't fully understand what that meant. In truth, I found both 'hope' and 'silence' to be abstract and somewhat distant concepts.

Hope, in particular, seemed difficult to relate to. Unlike faith or love, which I could more easily grasp through action or relationship, hope felt vague—almost elusive. And silence? In a noisy world filled with constant motion, opinions, and activity, what does silence mean today? Not simply the absence of noise, I've come to learn, but a posture of listening. A space where God's voice can emerge—sometimes as a whisper, sometimes in stillness alone.

Over the years, I have learned two important things about hope. First, like the other theological virtues—faith and love—hope is not something we muster up through sheer willpower. It is, fundamentally, a gift from God. We can ask for it, we can prepare for it, but it is given. We do not journey in hope on our own; we walk this path with God's help. Second, I have come to see that hope is not merely an idea or a feeling. Hope is a person: Jesus Christ. And hope is found in people—in concrete moments of encounter, in stories and lives that carry traces of God's presence, even in pain or brokenness. Hope involves people because God chooses to dwell among us.

The Carmelite tradition has deep insights to offer us as pilgrims of hope. Saint Titus Brandsma spoke of the apostolate of Carmelite mysticism—an apostolate that is not static, but always on the move. He reminds us that each of us must do our part in awakening those around us to the truth that God loves them. This is at the heart of Christian hope—not that life will always be easy, but that we are not alone. God is with us. God is love.

And so I return to the line that first stirred my heart: *'In silence and in hope will be your strength.'* It makes more sense to me now. Silence is not emptiness, but openness. Hope is not abstraction, but encounter—with Christ and with others. As pilgrims of hope, we walk not alone, but in communion—with each other and with the One who leads us.

Excerpt from Carmel Reflection by Fr. Simon Nolan O. Carm.
<https://carmelite.org/weekly-reflections/hope-will-be-your-strength/>



Parish Summer Fest

in honour of Our Lady of Mount Carmel,
Patroness of the Carmelites and ours

Feast Mass on Saturday, Jul 12th, at 4pm

Outdoor procession reciting the rosary after the Feast Mass followed by the blessing and distribution of the brown Carmelite scapular.

Games, music, food, cake, ice cream, BBQ, facepainting, dunk booth, dancing, and many other fun activities in the parking lot for everyone after the distribution of scapulars.

The Knights will be selling BBQ tickets for \$5 this weekend.

All are welcome to come and enjoy as we celebrate Our Lady of Mount Carmel.

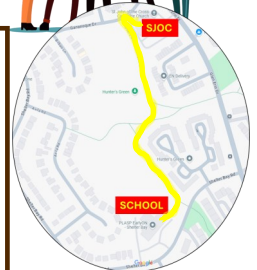
The Mass will not be at 5pm on this day.



ADDITIONAL PARKING SPACE DURING THE CELEBRATION!

We have a permit to park at the
Shelter Bay Public School
6735 Shelter Bay Road

And walk along the ball field path
to get to church. An easy walk.



The Carmelite Mission envelope will be handed out this weekend. Thank you for responding to the need of the mission. Your generosity goes a long way!



St John of the Cross Men's Fraternity

It's where you get better at what you already are.... a son, a husband, a father...

2025 SUMMER RETREAT

This summer we will be using episodes from Chris Stefanick's popular TV show



Chris Stefanick is an internationally acclaimed author, speaker, and television host who has devoted his life to sharing the love of Jesus, and helping others do the same. His live seminars, TV, radio, and video ministry have reached millions, and his educational initiatives are turning the tide in the Church.

DATE: June 10th 2025
TOPIC: How to live real masculinity – Chris Stefanick
7:00 pm to 9:00 pm – Carmel Room in the basement

DATE: JUNE 24th 2025
A talk by Fr. Henry Alva
7:00 pm to 9:00 pm – Carmel Room in the basement

DATE: JULY 8th 2025
TOPIC: Struggling to forgive – Chris Stefanick
7:00 pm to 9:00 pm – Carmel Room in the basement

DATE: JULY 29th 2025
TOPIC: Love your self – Chris Stefanick
7:00 pm to 9:00 pm – Carmel Room in the basement

ADMISSION FREE – ONLY LOVE OFFERING ARE WELCOME

NO NEED TO REGISTER

BULLETIN DEADLINE—MONDAY AT NOON, TWO WEEKS BEFORE

Sunday, July 6, 2025

PARISH WOMEN'S GROUP

Summer Bash

For all women parishioners! Come for an evening of fun, games, dancing, and laughter on:

Friday, July 18th, 6:45-9:00pm, Hall

Sign up after any of the Sunday Masses this weekend.

See you all, ladies!

Let's celebrate our sisterhood!

Bring a dish to share (potluck)!



CAMP VOLUNTEERS NEEDED

Our summer Cross Camp requires more volunteers to support our children especially on the 2nd week of the camp, July 21-25. If you are a current secondary school student or adult and are free to assist for half days, full days, one week, or both weeks, please consider this great opportunity! Interested individuals are asked to provide their name, phone number, and email address to the parish office (in-person or via email sjocross-mi@archtoronto.org) and our camp coordinator will reach out to you for the next steps.

MASS INTENTIONS

Monday, July 7, 9am

1. For the Repose of Nury Andrews, requested by the Andrews Family

Tuesday, July 8, 9am

1. For the Repose of Leonissa, requested by the Family
2. For the Birthday Blessings of Shara Baksh, requested by Shara Baksh

Wednesday, July 9, 7pm

1. For the Repose of Clotilda Pereira, requested by Candida, Irene, Marilyn & Family
2. For the Repose of Peter DSilva, requested by the Family
3. In Thanksgiving to St. Anthony, requested by the Menezes Family

Thursday, July 10, 9am

1. In Thanksgiving & 16th Birthday Blessings for Maya Babu, requested by the Family

Friday, July 11, 9am

1. For the Repose of Pius Goveas, requested by Doris Goveas

Saturday, July 12, 5pm

1. For the Repose of Crecencio Gomes, requested by Daniel & Melissa

Sunday, July 13, 8am

1. For the Repose of Cecilia Fernandes, requested by Rodly & Lenet Fernandes Family

Sunday, July 13, 12pm

1. For the Repose of Elizabeth Tesoro, requested by Christopher & Sonia Tesoro
2. In Thanksgiving & Birthday Blessings for Jizel Lenea Cruz, requested by the Cruz Family
3. For the Repose of Gloria Fernandez, requested by Susan Pershad

Sunday, July 13, 4pm

1. In Thanksgiving & Birthday Blessings for Brendan, requested by the Perera Family
2. For the Repose of Lucyna Czajowska-Zegarmistrz, requested by the Zegarmistrz Family
3. For the Repose of Leanne Rodgers, requested by Mom & Dad
4. For the Repose of Janusz Zegarmistrz, requested by the Zegarmistrz Family

Novena to Our Lady of Mount Carmel

O most beautiful flower of Mount Carmel,
splendor of heaven,
Blessed Mother of the Son of God and
Mother of mine,
support me by your never-failing love
and help and protect me.
Show me that you are my Mother.



May I, unworthy as I am, come one day
to exchange your scapular that I had the privilege to
wear, for the wedding garment of heaven,
and dwell with you and all the saints of Carmel
in the kingdom of your Son.

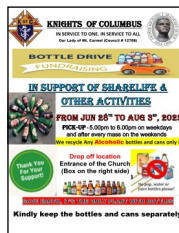
(Make your petition)

Sweet Mother, I place this cause in your loving hands.
O Mary, my Mother, I consecrate myself to you forever.
I offer you my body with all its miseries,
my soul with all its imperfections,
and my heart with all its affections and desires.

I offer you all my prayers, works, joys, and sufferings,
my struggles and especially my death with all that it
will entail.

I unite all of these, Mother,
with your own joys and sufferings. Amen.

*We will pray the novena together
after every Mass starting July 4th to July 12th.*



Bottle Drive Fundraising
in Support of ShareLife
& other activities
until August 3

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CHURCH

Wed	July 9	Band Choir 8:00-9:30pm
Thurs	July 10	Folk Choir 7:00-8:30pm

ST. JOHN OF THE CROSS ROOM

Wed	July 9	Prime Time Club Crafts 1:00-3:00pm
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NESSINGER HALL

Tues	July 8	PTC Line Dancing 1:00-3:00pm
Tues	July 8	Baptism Prep Class 6:30-8:30pm
Thurs	July 10	St. Vincent de Paul Society 7:00-9:00pm
Sun	July 13	Alpha Marriage Course 6:30-9:00pm

CARMEL ROOM A

Mon	July 7	CWL Executive Meeting 7:00pm
Tues	July 8	Men's Fraternity Retreat 7:00-9:30pm
Thurs	July 10	Prayer Group 7:00-9:00pm



There will be a Building Fund Collection this weekend, July 5-6, for the ongoing projects in the church. *Thank you for your generosity!*

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