

Sunday, July 20, 2025

St John of the Cross Parish



Served by the Carmelites

PARISH OFFICE

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Diane Mejia, Reception	221

SACRAMENTAL PREPARATION

1st Communion/1st Reconciliation	Sjoc-firstcommunion@archtoronto.org 225
Confirmation,	Sjoc-confirmation@archtoronto.org 230
Youth Group,	Sjoc-youthministry@archtoronto.org
Vincent de Paul Society	305

BAPTISM

Parents are required to attend the Baptism Preparation Class. They are also encouraged to attend the class prior to the birth of the baby. Godparents are expected to attend the class. A registration package is available at the Parish Office or at our website for download. Email completed forms to the parish office.

AddME

To receive parish notifications, weekly bulletin & Sunday Mass link, click **AddMe** to be added to the Parish Email List.

PARISH SUMMER OFFICE HOURS

Monday to Friday: 9:30am - 3:00pm
Saturday: 9:00am–12:00pm and 3:15- 6:15pm
Sunday: 8:30 am 1:30pm

MASS TIMES

Mondays to Saturdays: 9:00am
Additional Masses on Wednesdays & 1st Fridays: 7:00pm
Sundays: 8:00am, 10:00am, 12:00pm, and 4:00pm
Sunday Vigil Mass at 5:00pm on Saturday

RECONCILIATION

6:00- 6:45pm before Wednesday 7pm Mass or appointment.

SICK AND HOMEBOUND

Please contact the office.

Two Steps for E-Transfer:

- 1) Send donations to: admin@sjocross.org
- 2) A separate email message to admin@sjocross.org with your answer, your, Tel. number, & purpose of this fund.

MARRIAGE

It is required that one of those to be married resides within the Parish boundary. Couples planning to be married must contact the Parish office at least one year in advance of their proposed date. They are required to complete a Marriage Preparation Course.

Live Stream

All 9am masses, Monday to Saturday, & the Saturday 5pm (Sunday Mass) Holy Mass are live streamed.



Click here for
Live Stream

BULLETIN DEADLINE—MONDAY AT NOON, TWO WEEKS BEFORE



*Have a safe, healthy,
and blessed summer!*

Along the Mystical Carmelite Way ...

Mary, Mother of Hope

Once again, we have the great joy of celebrating the solemnity of Our Lady of Mount Carmel as a celebration of the Church and of the whole Carmelite Family throughout the world. We do so this year as part of the Jubilee Year, an event that gives added significance to our novenas, processions and liturgical celebrations because this year, the late Pope Francis asked us to look at the hope that is in our lives and at the foundations of that hope, Jesus Christ and Mary, the Mother of Jesus. Because of them and what they represent we are able to live in hope with a hope that cannot disappoint. Jesus is the Incarnate Word of God. Mary is the handmaid of the Lord, ever obedient to his Word. Jesus, hanging on the Cross is the promise of resurrection, the victory over all that could hold us back. Mary stood and understood and without knowing what was happening, remained in hope and did not turn away as she saw her Son dying of crucifixion. In this Jubilee Year, that sees us all as pilgrims of hope, our faith and hope are being tested.

Today we can give thanks because we have reason to hope. Every time we turn to the Gospel we discover again the reason for our hope and we give thanks. The Gospel speaks of Jesus revealing the love and mercy of the Father. The Gospel speaks of Mary receiving that word and putting it into practice. The Gospel speaks of a way of life that is all about love and treating every other human being as our brother and our sister.

This is the world that the Gospel offers to us. It is not just a pious thought. It is not merely an unreachable dream. It is a reality that we are able to achieve and it has been achieved by people who put their faith in Jesus Christ as Mary did, and sought to live a simple life of love and service to others. This is the life that millions of people strive to obtain, for themselves and for their families, but something has gone wrong. There is a part of our society that has let us down.



I pray that our celebrations of the Solemnity of Our Lady of Mount Carmel, in this Jubilee Year, may renew our hope, increase our joy and lead many others to find that hope and joy in Jesus the Incarnate Word, in Mary the Mother of Jesus ever obedient to his word, and in the people who adorn each day of our lives, as brothers and sisters, pilgrims of hope.

Excerpt from a message from

Fr. Mícheál O'Neill O. Carm. – Prior General

<https://carmelite.org/weekly-reflections/mary-mother-of-hope/>



BLESSED SACRAMENT ADORATION

Moms and Dads, during summer, how about a family visit to the Living God, the King of Kings, the best friend ever? Talk to your older kids and teens about the Blessed Sacrament and bring them to the Adoration Chapel for a quiet visit and talk with the Lord. The Blessed Sacrament is a safe and peaceful refuge. Encourage them to develop that very special bond of friendship and of family with Jesus.



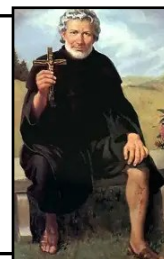
Regular Adoration Chapel Hours:

Monday to Saturday 8am-9pm

Sunday 8am-7pm

The Parish Adoration Chapel is a place of silent, personal prayer before the Blessed Sacrament.

The St. Peregrine relic will be visiting our parish next weekend, July 26th-27th, for veneration after all Sunday Masses. St. Peregrine is the patron saint of cancer patients.



OLDER CHILDREN BAPTISM

Mom and Dad, if your child is not baptized yet and is now 7 years old and above, please contact the Parish Office. The parish has an RCIA program adapted for children (RCIC) to help prepare your child for baptism.

WORLD DAY FOR GRANDPARENTS

World Day for Grandparents will be celebrated on Sunday, July 27th, close to the Feast of Saints Anne and Joachim, grandparents of Jesus (July 26). The theme is "Blessed are those who have not lost hope."

There will be a blessing upon all grandparents after all Sunday Masses next weekend, July 26-27.

Saints Anne and Joachim, pray for us.

PARISH RCIA PROGRAM

A Journey of Faith to Encounter God



Do you know anyone who is curious to know about God, the Catholic Faith, and the Church teachings? Or thinking about joining the Church? RCIA is a program for adults to help them in this journey. They may contact Liane Harris, 905.821.1331 x 226 for details or they can leave their contact information in the office. RCIA Program starts in September.

PARKING LOT



A portion of the parking lot closest to the park will be blocked off during the weekdays for the Summer Camp. This gives our children a safe area to play and spend time during breaks. Thank you for your understanding!

MASS INTENTIONS

Monday, July 21, 9am

1. In Thanksgiving & Birthday Blessings for Christine Robson, requested by the Robson Family
2. For the Repose of Edgardo Morales, requested by the De Leon Family

Tuesday, July 22, 9am

1. For the Repose of Ratnam & Innasimuthu, requested by Mercy Arumainayagam

Wednesday, July 23, 9am

1. For the Repose of Francis M. Yap, requested by Jessy Yap
2. For the Repose of Luiza Maria D'Costa, requested by the Pinto Family

Thursday, July 24, 9am

1. For the Repose of Raechel Mary Mathews, requested by Mafalda Fernandes
2. In Thanksgiving & Birthday Blessings for Fortuna Alejandro Leblanc, requested by the Alejandro Family
3. For the Healing of Elisa Lee, requested by the Lee Family
4. For the Repose of Elisa Di Loreto, requested by the Manrique Family

Friday, July 25, 9am

1. In Thanksgiving & Birthday Blessings for Jordan & Marla Desouza, requested by the Desouza Family
2. For the Safe Travels of Tiffany, Natalee & Nathan, requested by Erva Joseph

Saturday, July 26, 9am

1. In Thanksgiving & Anniversary Blessings for Jason & Cybel Desouza, requested by the Desouza Family
2. For the Repose of Lucien, Mary & Francis Apikian, requested by the Family
3. For the Repose of Jermain Apikian, requested by the Family

Saturday, July 26, 5pm

1. For the Repose of Greta D'Cunha, requested by the D'Cunha Family
2. For the Repose of Leonardo, Erlinda & Wally De Leon, requested by the De Leon Family
3. In Thanksgiving & Birthday Blessings for Sheila Obedoza, requested by Donald Obedoza

Sunday, July 27, 8am

1. For the Repose of Hieronino Bich Nguyen, requested by Chau Nguyen

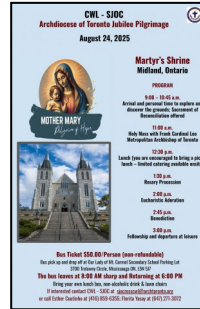
Sunday, July 27, 10am

1. For the Repose of Lucia Zamolo, requested by Anne Viljakainen
2. For the Repose of Geraldine DeCruze, requested by her Family
3. For the Repose of Renato Jose Laportar, requested by the Family

Sunday, July 27, 12pm

1. For the Repose of Charles & Muriel Martis, requested by the Martis Family
2. For the Repose of Zonla Chirinos de Chacin, requested by the Mendez Chacin Family
3. For the Healing of Ana Lucia Boscan de Mendez, requested by the Family
4. For the Healing of Andres Mendez Chacin, requested by the Mendez Chacin Family
5. For the Healing of Alain Le France, requested by the Mendez Chacin Family

MARTYR'S SHRINE PILGRIMAGE



CWL invites you to join us on the Archdiocese of Toronto Jubilee Pilgrimage to Martyrs' Shrine on Sunday, August 24th.
\$50/person
Tickets will be sold after each Mass this weekend



St John of the Cross Men's Fraternity

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2025 SUMMER RETREAT

This summer we will be using episodes from Chris Stefanick's popular TV show

Chris Stefanick is an internationally acclaimed author, speaker, and television host who has devoted his life to sharing the love of Jesus, and helping others do the same. His live seminars, TV, radio, and video ministry have reached millions, and his educational initiatives are turning the tide in the Church.

DATE: June 10 th 2025	DATE: June 24 th 2025	DATE: July 8 th 2025	DATE: July 29 th 2025
TOPIC: How to live real masculinity – Chris Stefanick	A talk by Fr. Henry Alva	TOPIC: Struggling to forgive – Chris Stefanick	TOPIC: Love your self – Chris Stefanick
7:00 pm to 9:00 pm – Carmel Room in the basement	7:00 pm to 9:00 pm – Carmel Room in the basement	7:00 pm to 9:00 pm – Carmel Room in the basement	7:00 pm to 9:00 pm – Carmel Room in the basement

ADMISSION FREE – ONLY LOVE OFFERING ARE WELCOME

NO NEED TO REGISTER

"The proof of love is in the works."

St. Teresa of Avila

FAITH Q & A:

Q: Why do we believe in the real presence of Jesus in the Eucharist?

A: We believe in the corporeal, substantial presence of Christ in the Eucharist. It means that the whole Christ is present in the consecrated host and wine – the resurrected and glorified body and blood of Christ with soul, and divinity. It is not a spiritual or symbolic presence as non-Catholics believe. It is also different from his presence in the Bible and in the praying community. Fathers of the Church starting from the first century believed it, based on John 6:45-59, Mt. 26:26-28, & 1 Cor. 11:27. In John 6:45-59, Jesus says that he is the bread from heaven, and that the bread that he will give is his flesh for the life of the world. In Mt. 26:26-28 we read: *"Now as they were eating, Jesus took bread, and blessed, and broke it, and gave it to the disciples and said, 'Take, eat; this is my body.' And he took a cup, and when he had given thanks he gave it to them, saying, 'Drink of it, all of you; for this is my blood of the covenant, which is poured out for many for the forgiveness of sins'".* (Fr. Tony)

CHURCH

Wed	July 23	Band Choir 8:00-9:30pm
Thurs	July 24	Folk Choir 7:00-8:30pm

ST. JOHN OF THE CROSS ROOM

Wed	July 23	Prime Time Club Crafts 1:00-3:00pm
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