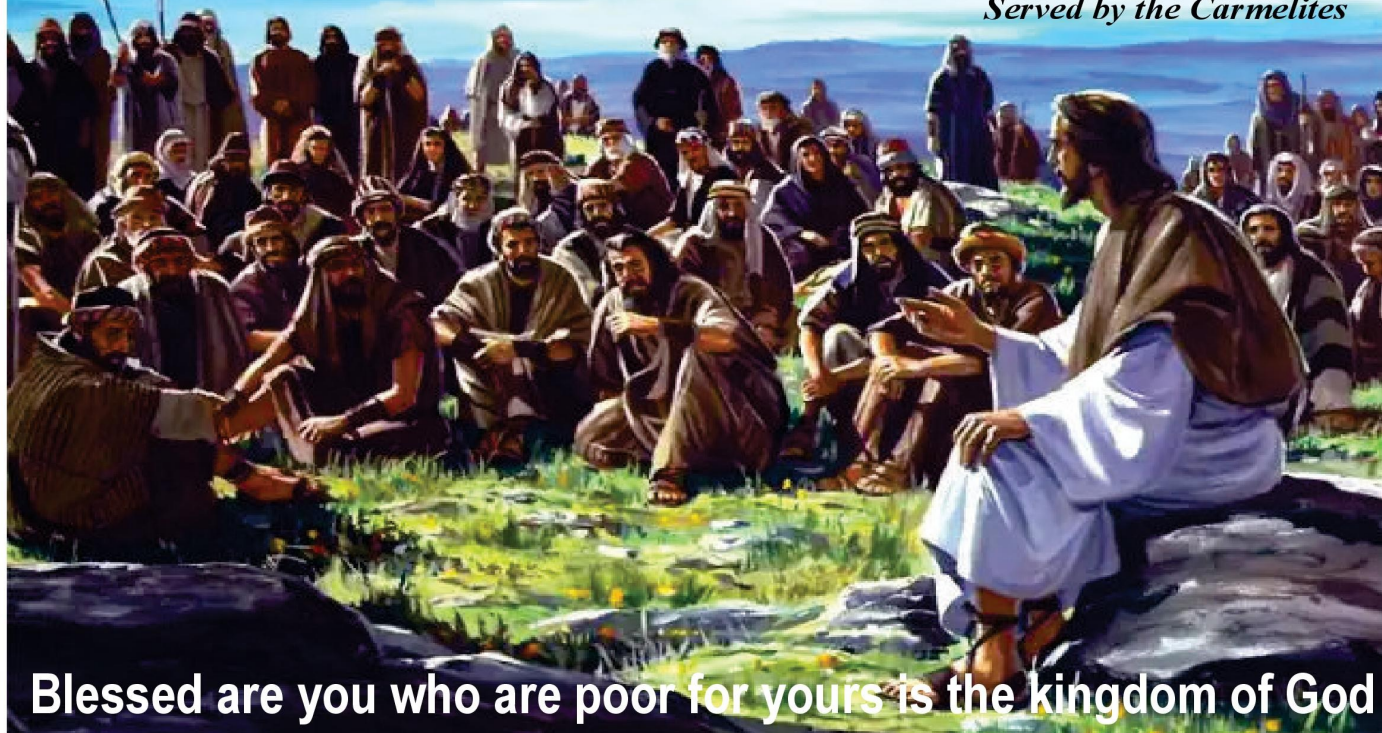



Sunday, February 16, 2025

St. John of the Cross

Served by the Carmelites



Blessed are you who are poor for yours is the kingdom of God

<p>PARISH OFFICE</p>	<p>PARISH OFFICE HOURS</p>
<p>6890 Glen Erin Drive, Mississauga, ON L5N 2E1 Tel: 905.821.1331 E-mail: sjocrossmi@archtoronto.org Website: https://stjohnofthecrossmi.archtoronto.org</p>	<p>Monday to Friday: 9:30am - 4:30pm and 6:00 - 8.30pm Saturday: 9:00am–12:00pm and 3:15- 6:15pm Sunday: 8:30 am 1:30pm</p>
<p>PASTORAL TEAM</p>	<p>MASS TIMES</p>
<p>Fr. Joyson George, O.Carm, Pastor Ext. 228 Fr.JGeorge@archtoronto.org Fr. Joby Joseph, O.Carm, Associate Pastor Ext. 224 joby.joseph@archtoronto.org Deacon Mark Romeo 222 mromeo@archtoronto.org Deacon Ferdinand D’Souza fdsouza@archtoronto.org Liane Harris, Pastoral Associate LHarris@archtoronto.org 226 Violanta Nicholson, Secretary VNicholson@archtoronto.org 223 Diane Mejia, Reception 221</p>	<p>Mondays to Saturdays: 9:00am Additional Masses on Wednesdays & 1st Fridays: 7:00pm Sundays: 8:00am, 10:00am, 12:00pm, and 4:00pm Sunday Vigil Mass at 5:00pm on Saturday</p> <p>RECONCILIATION 6:00- 6:45pm before Wednesday 7pm Mass or appointment.</p> <p>SICK AND HOMEBOUND Please contact the office.</p>
<p>SACRAMENTAL PREPARATION</p>	<p>Two Steps for E-Transfer:</p>
<p>1st Communion/1st Reconciliation Sjoc-firstcommunion@archtoronto.org 225 Confirmation, Sjoc-confirmation@archtoronto.org 230 Youth Group, Sjoc-youthministry@archtoronto.org Vincent de Paul Society 305</p>	<p>1) Send donations to: admin@sjocross.org 2) A separate email message to admin@sjocross.org with your answer, your, Tel. number, & purpose of this fund.</p>
<p>BAPTISM</p>	<p>MARRIAGE</p>
<p>Parents are required to attend the Baptism Preparation Class. They are also encouraged to attend the class prior to the birth of the baby. Godparents are expected to attend the class. A registration package is available at the Parish Office or at our website for download. Email completed forms to the parish office.</p>	<p>It is required that one of those to be married resides within the Parish boundary. Couples planning to be married must contact the Parish office at least one year in advance of their proposed date. They are required to complete a Marriage Preparation Course.</p>
<p>AddME</p>	<p>Live Stream</p>
<p>To receive parish notifications, weekly bulletin & Sunday Mass link, click AddMe to be added to the Parish Email List.</p>	<p>All 9am masses, Monday to Saturday, & the Saturday 5pm (Sunday Mass) Holy Mass are live streamed.  Click here for Live Stream</p>

BULLETIN DEADLINE—MONDAY AT NOON, TWO WEEKS BEFORE

BLESSED SACRAMENT ADORATION

Talk to your older kids and teens about the Blessed Sacrament and bring them to the Adoration Chapel for a quiet visit and talk with the Lord. The Blessed Sacrament is a safe and peaceful refuge.

Regular Adoration Chapel Hours:
Monday to Saturday 8am-9pm
Sunday 8am-7pm



The Parish Adoration Chapel is a place of silent, personal prayer before the Blessed Sacrament.

A family that prays together, stays together.

Along the Mystical Carmelite Way ...

The School of Carmel:

Lessons for Family Life

Today's fast-paced society is not known for yielding a culture of peace, contentment, or joy. Below are some ideas borrowed from Carmelite life that can be fruitful to family life.

- 1. Develop a routine of prayer for the family. Think of it as a spiritual framework around which an individual or family lives. Families can incorporate a structure of prayer, such as reciting the daily Rosary, or even just a decade of the Rosary, or Grace Before Meals.
2. Live simply. We are called to temper our attachments to wealth and pleasure. The Catechism of the Catholic Church states: "Desire for true happiness frees man from his immoderate attachment to the goods of this world so that he can find his fulfillment in the vision and beauty of God." (CCC 2548) Moderate the consumption of material goods. We cannot be truly free if we will be a slave to any earthly thing. In a sense, we empty ourselves so that we can be filled with the things of God.
3. Practice a spirit of quiet. Times of quiet reading, playing classical music, and, of course, prayer, can help calm the children (and the parents!) and allow everyone to be more in tune with the Holy Spirit. "In silence and quiet, the devout soul advances in virtue and learns the hidden truths of Scripture."
4. Trust in Divine Providence. Our Heavenly Father knows all of our needs - spiritual and temporal - and will meet them according to His Will. We can be a witness to Jesus' instruction in the passage from St. Matthew's gospel, "Rather, seek the kingdom of God and his righteousness, and all these things will be given to you as well." (Matthew 6:33)



These are just a few examples of how we, as lay people, can grow in holiness by imitating the centuries-old traditions of the great monastic orders. We can begin by prayerfully discerning which steps to take and then making gradual changes to our lives which will bring us and our families closer to the Lord.

Cultivating the Virtues!

Human virtues are firm attitudes, stable dispositions, habitual perfections of intellect and will that govern our actions, order our passions, and guide our conduct according to reason and faith. They make possible ease, self-mastery, and joy in leading a morally good life. the virtuous man is he who freely practices the good.



The moral virtues are acquired by human effort. They are the fruit and seed of morally good acts; they dispose all the powers of the human being for communion with divine love.

Four virtues play a pivotal role and accordingly are called "cardinal"; all the others are grouped around them. They are: prudence, justice, fortitude, and temperance.

Prudence is the virtue that disposes practical reason to discern our true good in every circumstance and to choose the right means of achieving it. Prudence is "right reason in action," writes St. Thomas Aquinas.

Justice is the moral virtue that consists in the constant and firm will to give their due to God and neighbor. Justice toward God is called the "virtue of religion." Justice toward men disposes one to respect the rights of each and to establish in human relationships the harmony that promotes equity with regard to persons and to the common good.

Fortitude is the moral virtue that ensures firmness in difficulties and constancy in the pursuit of the good. It strengthens the resolve to resist temptations and to overcome obstacles in the moral life. the virtue of fortitude enables one to conquer fear, even fear of death, and to face trials and persecutions. It disposes one even to renounce and sacrifice his life in defense of a just cause. "The Lord is my strength and my song".

Temperance is the moral virtue that moderates the attraction of pleasures and provides balance in the use of created goods. It ensures the will's mastery over instincts and keeps desires within the limits of what is honorable. the temperate person directs the sensitive appetites toward what is good and maintains a healthy discretion: "Do not follow your inclination and strength, walking according to the desires of your heart."

(Catechism of the Catholic Church)



The Parish Office will be closed this Monday, February 17th. Have a safe and healthy Family Day!

Sunday, February 16, 2025

MASS INTENTIONS

Monday, February 17, 9am

1. For the Special Intentions for Adrian & Nadine, requested by the Family
2. For the Repose of Lourdes Lamsen-Pedro, requested by the Pedro & Egipto Families
3. For the Repose of Felix Flores, requested by the Family
4. For the Repose of Diana Flores Pineda, requested by the Family

Tuesday, February 18, 9am

1. For the Repose of Maria Vitug Ferrer, requested by the De Leon Family

Thursday, February 20, 9am

1. In Thanksgiving & Birthday Blessings for Quinn & Sloane, requested by John, Sabrina & Family

Friday, February 21, 9am

1. For the Repose of Manuel Legaspi, requested by the Chan Family
2. For the Birthday Blessings of Carene Contante Yap, requested by Jessy Yap & Family

Saturday, February 22, 5pm

1. For the Repose of Herman Shim, requested by the Family
2. For the Birthday Blessings of Maricel Somera, requested by the Querubim & Somera Families

Sunday, February 23, 8am

1. For the Repose of Alexis Lobo, requested by Lucy Lobo & Rodley & Lenet Fernandes Family

Sunday, February 23, 10am

1. For the Repose of Elvira Ferrer, requested by Mary Chiam

Sunday, February 23, 12pm

1. For the Repose of Marie Kilfeather, requested by the Kilfeather Family
2. For the Repose of Ernest & Vallerie Ambrose, requested by the Robson Family
3. For the Repose of Sonia Pena, requested by the Arenas Castillo Family

Sunday, February 23, 4pm

1. For the Repose of Harold & Nandani Perera, requested by the Family

As the family goes, so goes the nation and so goes the whole world in which we live.—St. John Paul II

CHURCH

Tue	Feb. 18	Joyful Worship Choir 7:00-8:30pm
Wed	Feb. 19	Band Choir 8:00pm
Thurs	Feb. 20	Folk Choir 7:00pm-8:30pm
Sat	Feb. 22	Children's Choir 10:00am
Sat	Feb. 22	Alpha Program 1:00-3:00pm

ST. JOHN OF THE CROSS ROOM

Wed	Feb. 19	PTC Crafts 1:00-3:00pm
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NESSINGER HALL

Mon	Feb. 17	RCIA 7:00-9:00pm
Tue	Feb. 18	PTC Line Dancing 1:00-3:00pm
Tue	Feb. 18	Parish Bible Study 7:00-8:45pm
Wed	Feb. 19	CIC 6:00-6:45pm
Thurs	Feb. 20	Alpha Program 7:00-9:00pm
Fri	Feb. 21	Alpha Program 6:00-9:00pm
Sat	Feb. 22	Men's Fraternity 6:00am-9:00am
Sat	Feb. 22	Alpha Program 9:00am-4:00pm

BASEMENT CARMEL A

Mon	Feb. 17	CWL Council Meeting 7:00pm
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BASEMENT LISIEUX ROOM

Wed	Feb. 19	Sacramental Preparation 6:00-7:30pm
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PANCAKE SUPPER

Tuesday, March 4, 2025

5:30pm-7:30pm

Our Lady of Mt. Carmel Secondary School
3700 Trelawny Circle, Mississauga

TICKETS \$7.00 each or 5 for \$30.00

Tickets will be sold after all Sunday Masses on
February 15-16, 22-23, & March 1-2

A ShareLife fundraiser.

2024 TAX RECEIPTS

2024 Tax Receipts are ready for pickup starting on February 15th. Kindly verify the address on the receipt to make sure that you are picking up your own Tax Receipt.

If you prefer to receive an email copy of your tax receipt, please email the parish office at sjcrossmi@archtoronto.org

Coffee Sunday this weekend!

We thank the Lectors Ministry for hosting the Coffee Sunday after all Sunday Masses this weekend, February 16th & 17th.

Come, enjoy the fellowship in the rotunda and get to know another parishioner!



"How precious is the family, as the privileged place for transmitting the faith!" - Pope Francis



Happy Family Day! As you spend time together in this 3-day long weekend, below are some ideas that you may enjoy doing together, making beautiful memories that will last

a lifetime.

1. Build a family of snowmen. Let the creativity flow.
2. Go tobogganing. Find the best hill around slide down with the toboggan.
3. Go on a winter hike. Collect items you find and make a winter collage.
4. Play soccer in the snow, or your favorite winter sport.
5. Play board games.
6. Do art work together.
7. Make a family snow angels.
8. Make a family scrapbook or a time capsule.
9. Play dress up.
10. Make a bird feeder.



Have fun!

BULLETIN DEADLINE—MONDAY AT NOON, TWO WEEKS BEFORE

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