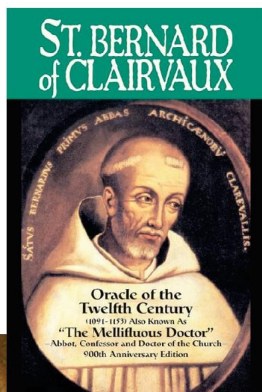


Sunday, August 17, 2025

St John of the Cross Parish



St Helena
August 18

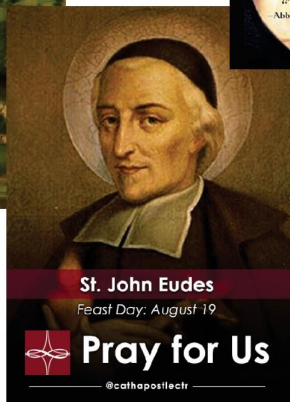


August
20th

St. Rose of Lima
August 23



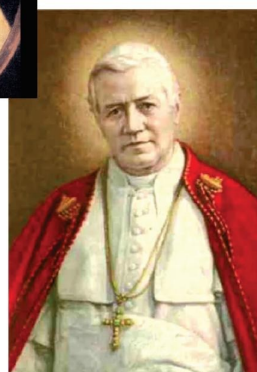
Queenship of
The Blessed
Virgin Mary
August 22



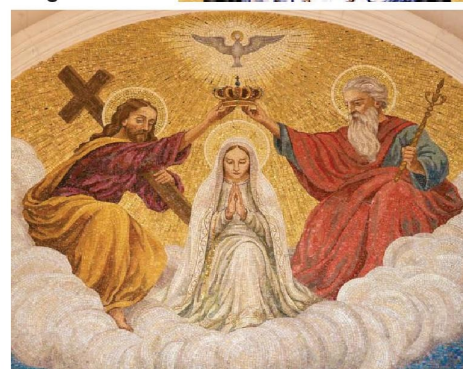
St. John Eudes
Feast Day: August 19



Pray for Us



St. Pius X August 21



PARISH OFFICE	PARISH SUMMER OFFICE HOURS
6890 Glen Erin Drive, Mississauga, ON L5N 2E1 Tel: 905.821.1331 E-mail: sjocrossmi@archtoronto.org Website: https://stjohnofthecrossmi.archtoronto.org	Monday to Friday: 9:30am - 3:00pm Saturday: 9:00am-12:00pm and 3:15- 6:15pm Sunday: 8:30 am 1:30pm
PASTORAL TEAM	MASS TIMES
Fr. Joyson George, O.Carm, Pastor Ext. 228 Fr.JGeorge@archtoronto.org Fr. Joby Joseph, O.Carm, Associate Pastor Ext. 224 joby.joseph@archtoronto.org Deacon Mark Romeo 229 mromeo@archtoronto.org Deacon Ferdinand D'Souza fdsouza@archtoronto.org Liane Harris, Pastoral Associate LHarris@archtoronto.org 226 Violanta Nicholson, Secretary VNicholson@archtoronto.org 222 Diane Mejia, Reception 221	Mondays to Saturdays: 9:00am Additional Masses on Wednesdays & 1st Fridays: 7:00pm Sundays: 8:00am, 10:00am, 12:00pm, and 4:00pm Sunday Vigil Mass at 5:00pm on Saturday
SACRAMENTAL PREPARATION	RECONCILIATION
1st Communion/1st Reconciliation Sjoc-firstcommunion@archtoronto.org 225 Confirmation, Sjoc-confirmation@archtoronto.org 230 Youth Group, Ryan Belluz, RBelluz@archtoronto.org 222	6:00-6:45pm before Wednesday 7pm Mass or appointment.
BAPTISM	SICK AND HOMEBOUND
Parents are required to attend the Baptism Preparation Class. They are also encouraged to attend the class prior to the birth of the baby. Godparents are expected to attend the class. A registration package is available at the Parish Office or at our website for download. Email completed forms to the parish office.	Please contact the office.
ADDME	Two Steps for E-Transfer:
To receive parish notifications, weekly bulletin & Sunday Mass link, click AddMe to be added to the Parish Email List.	1) Send donations to: admin@sjocross.org 2) A separate email message to admin@sjocross.org with your answer, your, Tel. number, & purpose of this fund.
LIVE STREAM	MARRIAGE
All 9am masses, Monday to Saturday, & the Saturday 5pm (Sunday Mass) Holy Mass are live streamed.	It is required that one of those to be married resides within the Parish boundary. Couples planning to be married must contact the Parish office at least one year in advance of their proposed date. They are required to complete a Marriage Preparation Course.



Click here for
Live Stream

BULLETIN DEADLINE—MONDAY AT NOON, TWO WEEKS BEFORE

Along the Mystical Carmelite Way

Carmelite Pilgrimage—Jubilee of Youth



I was fortunate enough to attend the Jubilee Year event in Rome last week — an experience that has left a deep and lasting mark on my heart. Going into it, I had no expectations as I had never been to anything like 'World Youth Day' before, so I

didn't quite know what to expect. But from the moment I arrived, I felt something was different. From the very beginning, I found myself overwhelmed, not just emotionally, but spiritually. We spent many hours praying, worshipping and reflecting. There was such a strong and tangible presence of love and the Holy Spirit surrounding us in every conversation, every shared moment, and every silent prayer. Hearing the stories of others, strangers from around the world who quickly began to feel like family was a powerful experience. The people's openness, courage, and faith inspired me. Many shared how they serve God in their everyday lives, whether through ministry, small acts of kindness, or simply living their faith quietly and faithfully. I felt both challenged and comforted by these stories. It was comforting to realise that not everyone had life all figured out, some had found their calling, while others were still seeking, still listening. It reminded me that serving God isn't about titles or grand gestures; it's about the sincerity in how we love, how we give, and how we show up each day with our hearts open.

One of the many discussion topics that stood out to me, was contemplation. We explored how contemplation isn't just stillness or silence, but true communication, a dialogue between ourselves and God. It is through contemplation that we become more present, more receptive, and more attuned to God's voice in our lives. This idea shifted something in me. It made me realise that transformation doesn't always come from loud, dramatic moments — sometimes, the most life-changing encounters happen in quiet reflection, when we allow ourselves to truly listen.

Traveling with the Carmelite community was a truly wonderful and enriching experience. Along the way, I came to realize that many people weren't very familiar with what it means to be a Carmelite, or how to even define it. At its heart, being a Carmelite means belonging to a community deeply rooted in prayer, contemplation, and faith. It's a way of life that invites you to seek God in the silence of your heart, to walk humbly with others, and to trust in His presence in all things. What makes being a Carmelite so special is the sense of spiritual family, a bond that goes beyond borders and brings people together in a shared commitment to love, simplicity, and service.

Excerpt from Megan Salter, <https://carmelite.org/news/carmelite-pilgrimage-jubilee-of-youth/>

Please pray for those affected by wildfires and other calamities.

Meet Our New Youth Ministry Coordinator



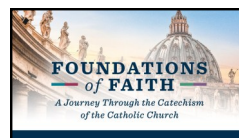
Ryan Belluz has been a parish-ioner at St. John of the Cross since he was a young child. As an adult, he has actively participated in the parish community, serving as the coordinator of the Liturgy of the Word with Children ministry from 2014 to 2019. For the past four years, Ryan has also served as the Director of the annual summer Cross Camp. Professionally, he works as a Special Education Resource Teacher in the Halton Catholic District School Board and facilitates a youth public speaking program in Brampton that is affiliated with Toastmasters International. Ryan is happily married to his beautiful wife, Vanessa, and they are proud parents of their two-year-old daughter, Celeste. *Welcome, Ryan!*

PARISH RCIA PROGRAM

A Journey of Faith to Encounter God

Do you know anyone who is curious to know about God, the Catholic Faith, and the Church teachings? Or thinking about joining the Church? RCIA is a program for adults to help them in this journey. They may contact Liane Harris, 905.821.1331 x 226 for details or they can leave their contact information in the office.

RCIA Program starts in September.



Foundations of Faith

A Journey Through the Catechism of the Catholic Church

Explore the core beliefs of the Catholic Faith, discover the historic ecumenical councils, unfold the biblical context of the Catechism, & discover why we believe what we believe and how it relates to your life. Led by renowned educators Dr. Edward Sri, Jeff Cavins, Dr. Marcellino D'Ambrosio, Fr. Mike Schmitz, etc.

Sign up for this Parish Bible Study next weekend!

BEREAVEMENT SESSIONS

Bereavement sessions are scheduled for 6 consecutive weeks starting Sept 9th to Oct 14th from 6pm - 8pm at St. John of the Cross Church.

Groups consist of men and women who are dealing with the loss of their loved ones. Men have commented how beneficial these confidential groups have been to their healing. If you have lost a piece of your heart, even if not recently, contact Muriel at muriel76mph@gmail.com

Please include your phone number.

BULLETIN DEADLINE—MONDAY AT NOON, TWO WEEKS BEFORE

MASS INTENTIONS

Monday, August 18, 9am

1. In Thanksgiving & Birthday Blessings for Ezra Monisse, requested by John, Sabrina & Family
2. For the Repose of Kenneth Irwin Maynard, requested by the Family

Tuesday, August 19, 9am

1. In Thanksgiving & Birthday Blessings for Sienna Desouza, requested by the Desouza Family
2. In Thanksgiving & Wedding Anniversary Blessings for Victor & Gloria, requested by the Family
3. For the Repose of Kenneth Irwin Maynard, requested by the Family

Thursday, August 21, 9am

1. For the Repose of Joan Dias, requested by the Chaves Family
2. For the Repose of Joyce D'Mello, requested by the Rodgers Family
3. For the Repose of Anthony & Rosy De Souza, requested by Mercia Menezes
4. For the Healing of Elisa Lee, requested by the Lee Family
5. In Thanksgiving & Birthday Blessings for Flemi M., requested by Albin & Family
6. For the Repose of Kenneth Irwin Maynard, requested by the Family

Friday, August 22, 9am

1. For the Birthday Blessings of Dante Romeo, requested by the Romeo Family
2. For the Birthday Blessings of Tim Remedios, requested by Tim & Rhonda Remedios
3. For the Repose of Kenneth Irwin Maynard, requested by the Family

Saturday, August 23, 9am

1. For the Birthday Blessings of Mitchell Romeo, requested by the Romeo Family
2. For Wedding Anniversary Blessings of George & Kelli Babu, requested by the Family
3. For the Repose of Maria Bernadette Aguiar Barreto, requested by Helga, Sanjay & Her Family
4. For the Repose of Ernest & Vallerie Ambrose, requested by the Robson Family
5. For the Wedding Anniversary Blessings of Tim & Rhonda Remedios, requested by Tim & Rhonda Remedios
6. For the Deceased Members of the Rasquinha & Gulati Families, requested by Joyce Gulati & Family
7. For the Repose of Kenneth Irwin Maynard, requested by the Family

Saturday, August 23, 5pm

1. For the Repose of Joan Fernandes, requested by Doris Goveas
2. For the Repose of Wendel Koessler, requested by the Family
3. For the Repose of Christopher Srinivasan, requested by the Collins Family
4. For the Repose of Ryan Angeles, requested by Remy Lontoc
5. For the Repose of Normilita Sumalpon De Leon, requested by Remy Lontoc
6. For the Repose of Maria Esperance Viegas, requested by the Viegas Family
7. For the Repose of Matthew Jerome Vaz, requested by the Viegas Family

Sunday, August 24, 8am

1. For the Intentions of the Joseph Family, requested by Erva Joseph

Sunday, August 24, 10am

1. For the Repose of Cyril Godinho, requested by the Godinho Family
2. For the Repose of Geraldine DeCruze, requested by Her Family

Sunday, August 24, 12pm

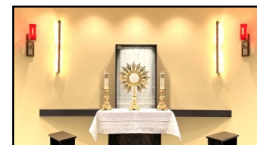
1. For Wedding Anniversary Blessings of Gil & Brenda Aburto, requested by the Family
2. In Thanksgiving & Birthday Blessings for Emily Carmen Swindon, requested by the Quintos & Swindon Families

Sunday, August 24, 4pm

1. For the Repose of Raymond, Grisilda & Hyginus Perera, requested by the Perera Family

BLESSED SACRAMENT ADORATION

Moms and Dads, during summer, how about a family visit to the Living God, the King of Kings, the best friend ever? Talk to your older kids and teens about the Blessed Sacrament and bring them to the Adoration Chapel for a quiet visit and talk with the Lord. The Blessed Sacrament is a safe and peaceful refuge. Encourage them to develop that very special bond of friendship and of family with Jesus.



Regular Adoration Chapel Hours:

Monday to Saturday 8am-9pm

Sunday 8am-7pm

The Parish Adoration Chapel is a place of silent, personal prayer before the Blessed Sacrament.

NESSINGER HALL

Tues Aug 19 Line Dancing 1:00-3:00pm

BASEMENT CARMEL A

Tues Aug 19 Knights of Columbus Meeting 7:00-9:00pm

LOVE OF GOD will make us want to find out what God has told us about Himself. It will make us want to be with Him in heaven and to know more and more about the way which leads there and will make us always study how we can advance more surely and rapidly toward Him.

ALPHA PROGRAM



The Alpha Course

will start on

Sept. 14th to Dec. 7th

More details to follow

For more information or to register, please email:
alphasjoc@gmail.com

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St John of the Cross Men's Fraternity

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- Wrestle with the mysteries of a kingdom "not of this world" yet simultaneously "within you."
- Experience the transformation of God through personal testimonies that will touch the hardest of hearts.
- Embrace the God of mercy and experience His superabundant compassion and love.
- Discover Jesus Christ present as the true King of your heart and claim your royal inheritance.
- Live with an eternal perspective. • Become the man we need to rebuild the kingdom!

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