St. John of the Cross Parish



PARISH OFFICE

6890 Glen Erin Drive, Mississauga, ON L5N 2E1

Phone: 905.821.1331

E-mail: sjocrossmi@archtoronto.org

Parish Website: https://stjohnofthecrossmi.archtoronto.org

PASTORAL TEAM

PASTORAL TEAIVI	
Fr. Joyson George, O.Carm, Pastor	Ext. 228
Fr.JGeorge@archtoronto.org	
Fr. Felix Antony, O.Carm., Assoc. Pastor	224
FAntony@archtoronto.org	
Liane Harris, Pastoral Associate	226
LHarris@archtoronto.org	
Sacratary Violanta Nicholcon	223
Secretary—Violanta Nicholson	223
VNicholson@archtoronto.org	
Reception—Diane Mejia	221
SACRAMENTAL PREPARATION	
1st Communion & 1st Reconciliation	225
Confirmation, confirmation@sjocross.org	230
commination, commination@sjocross.org	230
St. Vincent de Paul Society	305

RECONCILIATION

After the 9am Masses Mon. to Saturday or by appointment.

BAPTISM

Parents are required to attend the Baptism Preparation Class. They are also encouraged to attend the class prior to the birth of the baby. Godparents are expected to attend the class. A registration package is available at the Parish Office or at our website for download. Email the completed forms to the parish office.

MARRIAGE

It is required that one of those to be married resides within the Parish boundary. Couples planning to be married must contact the Parish office at least one year in advance of their proposed date. They are required to complete a Marriage Preparation Course.

SICK AND HOMEBOUND

Please contact the office.

Served by the Carmelites

PARISH OFFICE HOURS

Monday to Friday:

9:30am-4:30pm and 6:00-8:30pm

Saturday:

9:30am -12:00pm and 3:15-6:15pm

Sunday: 9:30am—1:30pm

MASS TIMES

Mondays to Saturdays: 9:00am

Additional Mass on Wednesdays: 7:00pm Additional Mass on 1st Fridays: 7:00pm

Sundays:

8:00am, 10:00am, 12:00pm, and 4:00pm Sunday Vigil Mass at 5:00pm on Saturday

AddMe

To receive parish notifications, weekly bulletin and Sunday Mass link, click AddMe to be added to the Parish Email List.



All 9am morning masses, Monday to Saturday, and the Saturday 5pm (Sunday Mass) Holy Mass will be livestreamed.

PLEASE OBSERVE SAFETY PROTO-COLS FOR EVERYONE'S SAFETY:

- 1. Wear mask
- 2. Sanitize your hands when you come inside the church

Two Steps for E-Transfer:

- 1) Send donations to: admin@sjocross.org
- 2) Send a separate email message to admin@sjocross.org with your Security Answer, your Name, Phone number, and purpose of this fund.

MASS INTENTIONS

Monday, March 7, 9am

1. For the soul of Nury Andrews, requested by Andrews Family

Tuesday, March 8, 9am

- 1. For the soul of Hari Sastry, requested by Elma Sastry & Family
- 2. Birthday Blessings for Kristian Chaves, requested by the Family
- 3. For the successful surgery of Babu, requested by the Family

Wednesday, March 9, 9am

- 1. For the healing of Nadine & Adrian, requested by the Family
- 2. For the soul of Mary Thompson Houle, requested by Diane & Family

Thursday, March 10, 9am

- 1. Birthday Blessings for Fatima Marie, requested by the Talagsa Family
- 2. For the Intentions of Greg Harrison & Judy Haim, requested by a well-wisher

Friday, March 11, 9am

1. For the soul of Father Manuel D'Souza, requested by the Nicholson Family

Friday, March 11, 7pm

1. Birthday Blessings for Victor Fernandes, requested by the Fernandes & DeSousa Families

Saturday, March 12, 9am

- Birthday Blessings for Tristan Simpson, requested By Erva Joseph
- 2. For the soul of Linda Fernandes, requested by the Grandchildren, Lionel, Pearl & Irene

Saturday, March 12, 5pm

1. For the soul of Eleanora Merlin, requested by Allan & Elfrida Lewis

Sunday, March 13, 10am

- 1. Thanksgiving & Birthday Blessings for Melvin Lapesigue, requested by Jessy Yap & Family
- 2. For the souls of Felix & Cecilia Violeta Atendido, requested by the Atendido Family
- 3. For the soul of Fred Sanches D'Souza, requested by Tim & Rhonda
- 4. For the soul of Leanne Rodgers, requested by Mum & Dad

For these intentions, Lord, hear our prayers.

2021 TAX RECEIPTS

Tax receipts 2021 are ready for pick up at your convenience.

If you prefer that your receipt be emailed to you, please email the parish office at

sjocrossmi@archtoronto.org

Thank you for your generosity!

Kindly notify the parish office if you are moving.

GRIEF SESSIONS

Registration for the April Bereavement Sessions begin April 13. These 6 sessions will be held on Tuesday evenings from 6 pm to 8 pm. All sessions will be held in the Seminar room.

Grieving is the most difficult of journeys and is the price we pay for loving someone. We need one another to support and nurture our healing to help ease the pain of separation from our loved ones.

Suffering a loss during this pandemic is even more difficult as we need socialization. Please contact Muriel Haney for more information at Muriel 1066@bell.net

Masks will be required.

Lord, make me a channel of your peace.

Let us offer a prayer and sacrifice for world peace, especially in Ukraine.

May the Queen of Peace protect the world from the folly of war.

LENTEN SCHEDULE

Friday Nights STATIONS OF THE CROSS

7pm followed by Holy Mass

March 28th—30th PARISH MISSION

7pm—9pm by Fr. Henry Alva OFM Cap.

April 5th PARISH RECONCILIATION

7pm—9pm

April 9th/10th PALM SUNDAY

Saturday, April 9th, 5pm

Sunday, April 10th

8am, 10am, 12pm, 4pm

April 14th HOLY THURSDAY

8pm—12am Holy Eucharist with Washing of

the Feet followed by Adoration of

the Blessed Sacrament

April 15th GOOD FRIDAY

10:00am Stations of the Cross (Youth)

3:00pm Celebration of the Passion of Our Lord 7:00pm Celebration of the Passion of Our Lord

April 16th HOLY SATURDAY

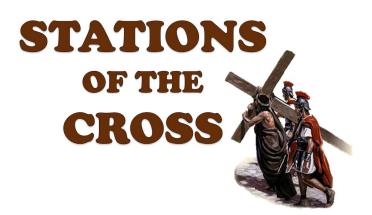
8:00pm Easter Sunday Vigil Mass

April 17th EASTER SUNDAY

8am, 10am, 12pm, 4pm

April 24th DIVINE MERCY

3pm Prayer by Parish Prayer Group



Stations of the Cross every Friday evening at 7pm during Lent followed by the Holy Mass.

INCOME TAX PREPARATION For Eligible Individuals

Free income tax preparation for low income individuals is offered by the Community Volunteer Income Tax Program (CVITP), coordinated by the Canada Revenue Agency.

Contact the parish office to check eligibility and to book an appointment on Saturdays from 9 AM to 12:00 PM, during the months of March and April.

Due to the current restrictions, all tax preparation will be completed by way of **telephone interview** with the approval of the taxpayer.

To qualify for the CVITP program, the income requirements (Approx.) are as follows:

- \$35,000 for a single person who has no dependents
- \$45,000 for a single parent and 1 child plus \$2,500 per additional dependent
- \$45,000 for a couple plus \$2,500 per dependent

The clinic does not complete tax returns for individuals with rental income, capital gains, self-employment / business income or returns for deceased individuals.

Interest income must be below \$1.000.

BABY BOTTLE CAMPAIGN



The Knights of Columbus Council 12706 at St. John of the Cross will be participating in Baby Bottle Campaign 2022 in support of JFJ Hope Centre. "Fill a bottle,

make a difference!" Because of you, a young couple can receive counselling for an unplanned pregnancy, a single mom will get practical help and parenting supports, and children will benefit from the relationship counselling their parents' receive. Strong families build a strong world. Thank you for strengthening families!

The Campaign will kick off on Saturday, March 12th and run until Sunday, March 27th. On your way out of mass next weekend, pick up a bottle and fill it with lose change, cash or a cheque.

Want to donate without filling a bottle? No problem – use this link: http://ifjhopecentre.ca/bbc/ to donate through Canada Helps. Thank you!

God of Mercy, please burn away all the weakness and sinfulness in me with the fire of your love. Help me grow in faith, in hope, and in love for you and for all my brothers and sisters. Amen,

Dear Parishioners:

It was such a delightful and heartening experience to see our St. John of the Cross filled with our parishioners on Ash Wednesday after two painfully long years of Covid-19 pandemic. Our church became fully alive. What a joy to celebrate together! God is Great!

As you have no doubt heard, our churches and parish facilities are able to safely reopen at full capacity. I look forward to welcoming all parishioners back to their spiritual home and participate in parish life.

These changes to public health directives have been long awaited. If you have not been to Mass during the pandemic, I encourage you to return to church when you feel comfortable. Please know we are doing our best to make sure you feel safe and welcomed.

Cardinal Collins reminds us that the Eucharist remains the source and summit of our life in Christ. Participation in the Sunday Eucharist is the central experience of the week. It is also the obligation of Catholics, if they are able, to be personally present at Mass.

It is understandable that some may well feel hesitant at first about returning to personal participation. Rest assured, we remain in step with public health and, for the time being, you'll need to wear masks. Sign-in is not required, nor is pre-registration for Mass. Ushers will also be present to provide assistance with seating and to answer any questions you may have. Special seating is provided for parishioners who desire social distancing in our parish hall. We encourage everyone entering our church to use the hand sanitizer available at the church entrance.

In closing, thank you for your patience during this time of transition, and a special thanks to all our volunteers who have worked so hard these past two years. Please know of my prayers as we enter the season of Lent. Looking forward to seeing you all soon.

Wishing you all a grace-filled Lenten Season!

God bless!

Fr. Joyson George O. Carm. Pastor

P.S. I invite you to view this brief and inspirational 'welcome back' video: https://bit.ly/welcomebacktochurch

"... Jesus said, "Let the little children come to me, and do not stop them; for it is to such as these that the kingdom of heaven belongs."

Matthew 19:14



FAMILY ACTIVITY FOR THE WEEK: ALMSGIVING

Hi guys, the Lent Season has officially started on Ash Wednesday. We have to prepare for Easter! Do you know that there are three pillars of Lent?



The three pillars are prayers, fasting, and almsgiving. These pillars are meant to help us have a good preparation for Easter. For this issue, let us take a closer look at Almsgiving, okay?

Now, what is almsgiving? Almsgiving is the giving of money or goods to those in need. Goods can be food, clothing, shoes, blankets, etc. Giving money would allow the less fortunate to buy things they need like bread, fruits, medicines, bus tickets, etc. Almsgiving helps us remember that we are all a member of God's family and families do help each other.

So, how do you think we can do almsgiving? Ask Mom and Dad for ideas. Hmmm Maybe you can have a Family Sacrifice Jar. Every time you do a chore at home, you get to put a quarter into the jar. When you make your bed, you put another quarter. Also, when you give up something that you like, for example, giving up two hours of playing video game, you can put another quarter. The

whole family can do the same.

At the end of Lent, the whole family can decide where you are going to give the money from your Family Sacrifice Jar to help the less fortunate.



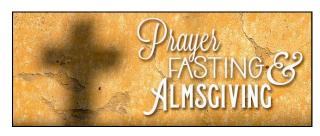
ALMS-GIVING

Ask Mom and Dad, okay. They may have other ideas that the

whole family can do together for almsgiving.

We keep you and your family in prayers as you all prepare for Easter.

See you in the next issue of the bulletin, boys and girls!





Lord, thank you for living in me, because, as the miles stretch ahead of you, you can see that the things that



trip me up are also within me.



GOOD NEWS!

Beginning March 1st:

- 1. No registration is required on Sunday Masses.
- 2. Social distancing is no longer required.
- 3. Church will be at 100% capacity limit.

Mask continues to be a mandatory requirement while you are inside the building.

Please remember to sanitize your hands as soon as you come in.

CATHOLIC FAITH Q & A:

Q: Why do we observe Lent?

A: Lent is a period of preparation for the celebration of Easter which originated in the fourth century. Originally, Lent was the time of preparation for those who were to be baptized. Later the whole community started observing Lent. It runs from Ash Wednesday until the beginning of the Mass of the Lord's Supper on Holy Thursday. Since Sundays celebrate the resurrection of Jesus, the six Sundays that occur during Lent are not counted as part of the 40 days of Lent. The word *Lent* is the Old English word for *spring*. In almost all other languages, Lent's name is a derivative of the Latin term quadragesima or "the forty days." In the Bible, forty days is a traditional number of discipline, devotion, and preparation. Moses stayed on the mountain of God forty days (Ex. 24:18, 34:28). Elijah traveled forty days before he reached the cave where he had his vision (1 Kgs. 19:8). Nineveh was given forty days to repent (Jonah 3:4). And, most significantly for our Lenten observance, Jesus spent forty days in wilderness praying and fasting prior to undertaking his ministry (Matt. 4:2). Thus it is fitting for Christians to imitate him with a fortyday period of prayer and fasting to prepare to celebrate the climax of Christ's ministry, Good Friday (the day of the crucifixion) and Easter Sunday (the day of the Resurrection). Catholics observe fasting on Ash Wednesdays and Good Friday. The Church prescribes abstinence (avoiding meat) on all Fridays of Lent. Biblical basis of abstinence is found in (Dan. 10:1-3) as a sign of repentance. Since Jesus died for our sins on Friday, making it an especially appropriate day of mourning our sins by denying ourselves something we enjoy. Giving up something we enjoy, engaging in physical or spiritual acts of mercy for others, prayer, fasting, abstinence, going to confession, and other acts expressing repentance in general. , "If any man would come after me, Jesus says, let him deny himself and take up his cross and follow me(Mk 8. 34). The color used in the sanctuary for most of Lent is purple, red violet, or dark violet. These colors symbolize both the pain and suffering leading up to the crucifixion of Jesus. But purple is also the color of royalty, and so anticipates through the suffering and death of Jesus the coming resurrection and hope of newness that will be celebrated in the Resurrection on Easter Sunday.

Answered by Fr. Tony Kadavil



Lord, let me dump all of my past failures into the sea of your love and forgiveness, and

to heed the 'No Fishing' sign.

DAILY MASS READINGS	
March 7	Levit. 19:1-2,11-18; Matt. 25:31-46
March 8	Isaiah 55:10-11; Matt. 6:7-15
March 9	Jonah 3:1-10; Luke 11:29-32
March 10	Esther 14:1, 3-5, 12-14; Matt.7:7-12
March 11	Ezekiel 18:21-28; Matthew 5:20-26
March 12	Deut. 26:16-19; Matthew 5:43-48
March13	Genesis 15:5-12, 17-18; Philippians 3:17- 4:1; Luke 9:28b-36

CATHOLIC CEMETERIES

FUNERAL SERVICES

www.catholic-cemeteries.com Assumption Cemetery 905-670-8801 Catholic Cremation Services 905-670-8801 Funeral * Cremation * Burial







www.goanspices.com

Karmas: Cooking Pastes, Spice Powders,

Seafood and Veg Pickles Costas: Bebinca

East Indian Bottle Masala All Items are imported from India.

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Trevorlyn Menezes

Chief Executive Officer

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