

Sunday, March 13, 2022

# St. John of the Cross Parish

*Served by the Carmelites*



## PARISH OFFICE

6890 Glen Erin Drive, Mississauga, ON L5N 2E1  
Phone: 905.821.1331  
E-mail: [sjocrossmi@archtoronto.org](mailto:sjocrossmi@archtoronto.org)  
Parish Website: <https://stjohnofthecrossmi.archtoronto.org>

## PASTORAL TEAM

Fr. Joyson George, O.Carm, Pastor	Ext. 228
<a href="mailto:Fr.JGeorge@archtoronto.org">Fr.JGeorge@archtoronto.org</a>	
Fr. Felix Antony, O.Carm., Assoc. Pastor	224
<a href="mailto:FAntony@archtoronto.org">FAntony@archtoronto.org</a>	
Liane Harris, Pastoral Associate	226
<a href="mailto:LHarris@archtoronto.org">LHarris@archtoronto.org</a>	

Secretary—Violanta Nicholson	223
<a href="mailto:VNicholson@archtoronto.org">VNicholson@archtoronto.org</a>	
Reception—Diane Mejia	221

## SACRAMENTAL PREPARATION

1st Communion & 1st Reconciliation	225
Confirmation, <a href="mailto:confirmation@sjocross.org">confirmation@sjocross.org</a>	230
St. Vincent de Paul Society	305

## RECONCILIATION

After the 9am Masses Mon. to Saturday or by appointment.

## BAPTISM

Parents are required to attend the Baptism Preparation Class. They are also encouraged to attend the class prior to the birth of the baby. Godparents are expected to attend the class. A registration package is available at the Parish Office or at our website for download. Email the completed forms to the parish office.

## MARRIAGE

It is required that one of those to be married resides within the Parish boundary. Couples planning to be married must contact the Parish office at least one year in advance of their proposed date. They are required to complete a Marriage Preparation Course.

## SICK AND HOMEBOUND

Please contact the office.

## PARISH OFFICE HOURS

Monday to Friday:  
9:30am—4:30pm and 6:00-8:30pm  
Saturday:  
9:30am -12:00pm and 3:15-6:15pm  
Sunday: 9:30am—1:30pm

## MASS TIMES

Mondays to Saturdays: 9:00am  
Additional Mass on Wednesdays: 7:00pm  
Additional Mass on 1st Fridays: 7:00pm  
Sundays:  
8:00am, 10:00am, 12:00pm, and 4:00pm  
Sunday Vigil Mass at 5:00pm on Saturday

## AddMe

To receive parish notifications, weekly bulletin and Sunday Mass link, click AddMe to be added to the Parish Email List.



Click here for  
Live Stream

All 9am morning masses, Monday to Saturday, and the Saturday 5pm (Sunday Mass) Holy Mass will be livestreamed.

## PLEASE OBSERVE SAFETY PROTOCOLS FOR EVERYONE'S SAFETY:

1. Wear mask
2. Sanitize your hands when you come inside the church

### Two Steps for E-Transfer:

- 1) Send donations to: [admin@sjocross.org](mailto:admin@sjocross.org)
- 2) Send a separate email message to [admin@sjocross.org](mailto:admin@sjocross.org) with your Security Answer, your Name, Phone number, and purpose of this fund.

**BULLETIN DEADLINE—MONDAY AT NOON**

## MASS INTENTIONS

### Monday, March 14, 9am

1. For the soul of Michael Fernandes, requested by the Fernandes Family

### Tuesday, March 15, 9am

1. For the soul of Clarence Rodgers, requested by the Rodgers Family
2. For the soul of Cassilda Fernandes, requested by the Fernandes & DeSouza Families
3. For the soul of Trevor Bernard Andres, requested Mona Bell
4. Graces for special intention of the Furtado Family, requested by the Furtado Family
5. Thanksgiving for William's 6th Birthday, requested by Shella Flores
6. For the soul of Manuel Fernandes, requested by the Family

### Wednesday, March 16, 9am

1. Birthday Blessings for Kevin, requested by Sandra, Kyle & Sean
2. For the soul of Especia Perez, requested by Jessy Yap & Family

### Thursday, March 17, 9am

1. For the soul of Loyola Fernandes, requested by Pearl, Lionel & Irene
2. Birthday Blessings for Jennifer Fernandes, requested by a well-wisher

### Friday, March 18, 9am

1. Thanksgiving to St. Joseph, requested by the Nicholson Family
2. For the soul of Felicia Lawrence, requested by the Lawrence Family

### Saturday, March 19, 9am

1. For the soul of Joseph Vu, requested by Kim Vu
2. Protection of St. Joseph for Nadine & Adrian, requested by the Family

### Saturday, March 19, 5pm

1. Thanksgiving for blessings received, requested by the Tavares Family
2. Thanksgiving for favors received, requested by Gary D'Souza & Family
3. For the soul of Josefina Pineda, requested by the Pineda Family
4. For the soul of Josefino Arca, requested by the Arca Family

### Sunday, March 20, 10am

1. For the soul of Leanne Rodgers, requested by Mum & Dad

### Sunday, March 20, 12pm

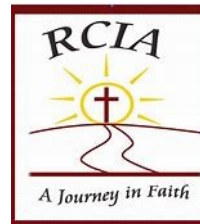
1. For the soul of Joseph D'Souza, requested by Gilbert D'Souza & Family
2. Birthday Blessings for Joachim Meyn, requested by the Meyn Family

## SEEKING GARDENING VOLUNTEERS

The Gardening Committee has lost a few volunteers for work or family reasons and is looking for new ones. The Committee will meet on Tuesday mornings from 9:00 am to about 11:00 am May to September. No gardening experience is necessary. If you can spare the time, please call Al at 416 970 9242.



## PRAY FOR THE ELECTS



Our elects have been journeying in faith through the Rite of Christian Initiation of Adults (RCIA) and Rite of Christian Initiation of Children (RCIC) programs in our parish since September 2021. As they continue their preparation for their Baptism, Confirmation, and Holy Communion, please take a name from the basket placed in the rotunda and pray for her/him.



*Kindly notify the parish office if you are moving.*

*“God, may my sacrifice of today of (state your Lenten sacrifice) remind me of my dependence on You for all the blessings I enjoy. Amen.”*

Sunday, March 13, 2022



Daylight Savings Time starts this Sunday, March 13th at 2am.

## INCOME TAX PREPARATION For Eligible Individuals

Free income tax preparation for low income individuals is offered by the Community Volunteer Income Tax Program (CVITP), coordinated by the Canada Revenue Agency.

Contact the parish office to check eligibility and to book an appointment on Saturdays from 9 AM to 12:00 PM, during the months of March and April.

Due to the current restrictions, all tax preparation will be completed by way of **telephone interview** with the approval of the taxpayer.

**To qualify for the CVITP program**, the income requirements (Approx.) are as follows:

- \$35,000 for a single person who has no dependents
- \$45,000 for a single parent and 1 child plus \$2,500 per additional dependent
- \$45,000 for a couple plus \$2,500 per dependent

The clinic does not complete tax returns for individuals with rental income, capital gains, self-employment / business income or returns for deceased individuals.

Interest income must be below \$1,000.

## STATIONS OF THE CROSS



**Stations of the Cross  
every Friday evening at  
7pm during Lent followed  
by the Holy Mass.**

**Remember to Pick up Your  
Bottle after Mass!**

The Knights of Columbus Council 12706 at St. John of the Cross Parish are participating in the Baby Bottle Campaign 2022 in support of JFJ Hope Centre.



Their vision: *We believe that strong families build a strong world, and that faithfully extending God's love will enrich our community now and for future generations.* Because of you, a young couple can receive counselling for an unplanned pregnancy, a single mom will get practical help and parenting supports, and children will benefit from the relationship counselling their parents' receive. The BBC 2022 will run from **March 12<sup>th</sup> and 13<sup>th</sup> until March 26<sup>th</sup> and 27<sup>th</sup>.**



*Fill a bottle, make a difference!* Want to donate without filling a bottle? No problem – use this link: <http://jfjhopecentre.ca/bbc/> to donate through Canada Helps. Thank you!!



**Easter Mass  
Cards are now  
available at the  
parish office for  
\$3 each.**

**BULLETIN DEADLINE—MONDAY AT NOON**

**Sunday, March 13, 2022**

*“... Jesus said, “Let the little children come to me, and do not stop them; for it is to such as these that the kingdom of heaven belongs.”*

*Matthew 19:14*



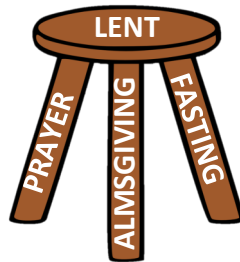
## **FAMILY ACTIVITY FOR THE WEEK: FASTING**

Okay, guys. We covered Almsgiving in last Sunday's issue of the bulletin. Remember that there are three pillars of spiritual discipline that we can do during Lent. These pillars are prayers, fasting, and almsgiving. They are meant to help us have a good preparation for Easter. For this issue, let's take a look at Fasting.

When you hear the word “fasting” what comes to your mind? Most likely, it means less food, right? Something like, eating only one full meal a day and two smaller meals or snacks the rest of the day. Well, fasting is not only about food, especially for you, boys and girls, since you're still kids and you need food to grow but there's different ways of fasting that children your age or the whole family can do.

For example, the family can choose to do digital fasting. You can choose which technology your family can let go during lent.

How about fasting from sweets and salty snacks like chips, chocolates, French fries, cakes, and soft-drinks? Here's an idea .... You can use the money you save from fasting and put it in the Family Sac-



rifice Jar (see last issue of the bulletin) for almsgiving.

And, guys, here's another way of fasting. Nothing to do with food but everything to do with attitude.

*Fast from hurting words and say kind words.*

*Fast from anger and practice being patient.*

*Fast from yelling and use normal voices.*

Can you think of another way to fast?

Ask Mom and Dad for some ideas.

Maybe you can do a family fasting activity together.



**“Do you wish your prayer to fly toward God? Make for it two wings: fasting and almsgiving.”**

**St. Augustine**

## **2021 TAX RECEIPTS**

Tax receipts 2021 are ready for pick up at your convenience.

If you prefer that your receipt be emailed to you, please email the parish office at

**[sjocrossmi@archtoronto.org](mailto:sjocrossmi@archtoronto.org)**

*Thank you for your generosity!*

**BULLETIN DEADLINE—MONDAY AT NOON**

## CATHOLIC FAITH Q & A:

### Q: What are the Catholic observances during Lent?

Answer:

1) **Holy Mass:** Making more frequent participation in the Holy Mass during the week is an excellent Lenten observance because the Eucharistic celebration is the most sublime of Christian prayers.

2) **Lectio Divina:** It is the practice of slow, prayerful, meditative reading of the selected passages of the Sacred Scripture. It is a major part of our Lenten prayer life which enables us to listen to God talking to us. According to Pope Benedict XV it is “the diligent reading of Sacred Scripture accompanied by prayer brings about that intimate dialogue in which the person reading hears God who is speaking, and in praying, responds to him with trusting openness of heart” (cf. Dei Verbum, n. 25).

3) **Fast and abstinence:** Fasting is taking only one major meal per day and abstinence is avoiding meat. Lent is traditionally a time of fast and abstinence. Evidently, the obligations surrounding this have been much relaxed in the West in the past few decades, but the relaxing of the obligation does not mean there is not value in still opting to pursue these practices. Indeed, there is nothing (outside of health and age) to prevent one from taking up the practice of devotional fasts and abstinence.

4) **Decide on Lenten sacrifices** appropriate to the age of each child in the family, reminding them that our souls need this spiritual exercise to gain strength for living as Christians, just as our bodies need exercise to remain healthy. Our sacrifices are like a gift offered to God, and all real gifts “cost” the giver something.

5) **Sacrament of reconciliation:** Lent is a time for the Sacrament of Reconciliation so that we may put things right with God and others.

6) **Acts of charity:** Find out some one in need of our prayer, help, support or encouragement in our neighborhood and do with utmost sincerity what we can.

7) **Participation in the “Way of the cross”** devotion in the parish church to meditate on the suffering and death of Jesus for us sinners and to cultivate a holy fear of sin and its seriousness.

Answered by Fr. Tony Kadavil

For baptized adults who have not received the Sacraments of Holy Communion and/or Confirmation yet, please contact Liane Harris at the parish office as soon as possible for more information and to register for your sacramental preparation.

### DAILY MASS READINGS

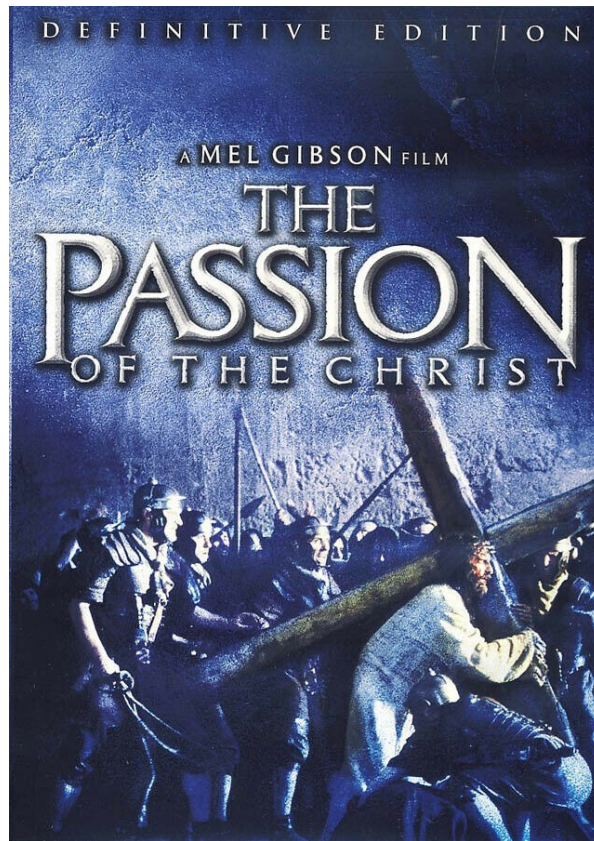
March 14	Daniel 9:3, 4b-10; Luke 6:36-38
March 15	Isaiah 1:10,16-20,27-28,31; Matthew 23:1-12
March 16	Jeremiah 18:18-20; Matt.20:17-28
March 17	Jeremiah 17:5-10; Luke 16:19-31
March 18	Genesis 37:3-4,12-13a,17b-28; Matthew 21:33-43,45-46
March 19	2 Samuel 7:4-5a, 12-14a,16; Romans 4:13,16-18,22; Matthew 1:16,18-21,24a
March 20	Exodus 3:1-8a, 13-15; 1 Corinthians 10:1-6,10-12; Luke 13:1-9

Sunday, March 13, 2022

# PARISH MOVIE NIGHT

## Thursday, March 31st

### 6:30-8:30pm



One of the cinema's most intensely powerful movie-going experiences, The Passion of the Christ has become a critically acclaimed, global box-office phenomenon. It depicts the final twelve hours in the life of Jesus of Nazareth, on the day of his crucifixion in Jerusalem.

Click to register:

<https://us06web.zoom.us/meeting/register/tZltcuipqDovHdXQ6HnOJN3zVfsmv4mSmzrI>

**BULLETIN DEADLINE—MONDAY AT NOON**

# LENTEN SCHEDULE

**Friday Nights**  
7pm

**STATIONS OF THE CROSS**  
followed by Holy Mass

**March 28th—30th**  
7pm—9pm

**PARISH MISSION**  
by Fr. Henry Alva OFM Cap.

**April 5th**  
7pm—9pm

**PARISH RECONCILIATION**

**April 9th/10th**

**PALM SUNDAY**  
Saturday, April 9th, 5pm  
Sunday, April 10th  
8am, 10am, 12pm, 4pm

**April 14th**  
8pm—12am

**HOLY THURSDAY**  
Holy Eucharist with Washing of  
the Feet followed by Adoration of  
the Blessed Sacrament

**April 15th**  
10:00am  
3:00pm  
7:00pm

**GOOD FRIDAY**  
Stations of the Cross (Youth)  
Celebration of the Passion of Our Lord  
Celebration of the Passion of Our Lord

**April 16th**  
8:00pm

**HOLY SATURDAY**  
Easter Sunday Vigil Mass

**April 17th**

**EASTER SUNDAY**  
8am, 10am, 12pm, 4pm

**April 24th**  
3pm

**DIVINE MERCY**  
Prayer by Parish Prayer Group

<p><b>CATHOLIC CEMETERIES</b> FUNERAL SERVICES <a href="http://www.catholic-cemeteries.com">www.catholic-cemeteries.com</a> Assumption Cemetery 905-670-8801 Catholic Cremation Services 905-670-8801 Funeral * Cremation * Burial</p> 		<p><b>Dr. Beena George DMD, BDS</b></p>  <p><b>905-542-9999</b> 2275 Britannia Rd. W., Unit 10, Mississauga <a href="http://www.drbeenageorge.com">www.drbeenageorge.com</a></p>
	<p><b>www.goanspices.com</b> <b>Karmas: Cooking Pastes, Spice Powders, Seafood and Veg Pickles</b> <b>Costas: Bebinca</b> <b>East Indian Bottle Masala</b> All Items are imported from India. <b>(416)-770-4998</b> </p>	
<p><b>Trevorlyn Menezes</b> Chief Executive Officer Mentra Logistics, Vonova Logistics, CPR Funerals, Sombrero Sports Mississauga <b>30+ Years Global Logistics Experience</b> Cell: +1 416-543-5503 <a href="http://www.mentralogistics.com">www.mentralogistics.com</a> <a href="http://www.vonovalogistics.com">www.vonovalogistics.com</a></p>     <p>C-TPAT Certified and Validated with US Customs, Border Protection and CBSA DG/IMDG Certified for Handling Hazardous Materials Licensed and US &amp; CA Bonded</p> <p>.... We go the extra mile to deliver ....</p>	 <p><b>CENTURY TRAVEL SERVICES</b></p> <p>GILBERT D'SOUZA - DIR-TEL-647-975-8739 <b>Ph. 905.282.0220 / 416.742.8788</b> Toll Free : 1.877.742.8780 <a href="mailto:info@centurytravelservices.com">info@centurytravelservices.com</a> <a href="mailto:gdsouza@centurytravelservices.com">gdsouza@centurytravelservices.com</a></p> <p>UNIT 26-A, 7895 TRAINERS DRIVE, Mississauga, ON L5S 1V9</p>  <p><b>SERVICES</b> Inbound &amp; Outbound Travel Package ★ Wedding Destination ★ Vacation Package ★ Hotel Reservation ★ Travel Insurance ★ Airline Booking ★ Safari Vacation</p> 	
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