

Sunday, May 30, 2021

St. John of the Cross Parish

Served by the Carmelites

*Happy Feast of the
Most Holy Trinity!*



PARISH OFFICE:

6890 Glen Erin Drive, Mississauga, ON L5N 2E1
Phone: 905.821.1331 * Fax: 905.858.8486
E-mail: office@sjocross.org
Parish Website: www.sjocross.org

Church is in lockdown. For private prayer and confession, please call the office and make an appointment.

PASTORAL TEAM

Fr. Joyson George, O.Carm, Pastor Ext. 228
pastor@sjocross.org
Fr. Felix Antony, O.Carm., Assoc. Pastor 224
rfelix@sjocross.org

SECRETARY—Violanta Nicholson 223
RECEPTION — Liane Harris ○

SACRAMENTAL PREPARATION

1st Communion & 1st Reconciliation 225
Confirmation, confirmation@sjocross.org 230

ST. VINCENT DE PAUL SOCIETY 305

LOCKDOWN SCHEDULE

RECONCILIATION

Contact the parish office to make an appointment.

BAPTISM

Parents are required to attend the Baptism Preparation Class. They are also encouraged to attend the class prior to the birth of the baby. Godparents are expected to attend the class. A registration package is available at the Parish Office or at our website for download. Email the completed forms to the parish office.

MARRIAGE

It is required that one of those to be married resides within the Parish boundary. Couples planning to be married must contact the Parish office at least one year in advance of their proposed date. They are required to complete a Marriage Preparation Course.

SICK AND HOMEBOUND

Please contact the office.



**REGISTER FOR
COMMUNION
SERVICE**

All public Masses are cancelled. Registration is required for Sunday Communion Service. Registration opens on Tuesdays, 8pm. Please be on time.



**Click here for
Live Stream**

Daily 9am Mass and Saturday Vigil 4pm Holy Mass are livestreamed. Click 'Click here for Live Stream' to join in.

AddMe

To receive parish notifications, weekly bulletin and Sunday Mass link, click [AddMe](#) to be added into the Parish Email List.

LET US LIVE OUT CHARITY!

SOCIAL DISTANCE— WASH HANDS

OFTEN - WEAR MASK PROPERLY—

**DISINFECT THE SPACE THAT YOU USE
GO OUT FOR ESSENTIAL REASONS ONLY.**

Stay safe and healthy!

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HAPPY FEAST OF THE HOLY TRINITY!

“Most Holy Trinity, who live in me, I praise You, I worship You, I adore You and I love You.” Let the Son lead us to the Father through the Spirit, to live with the Triune God forever and ever. Amen.”

*St. Francis Xavier Prayer
to the Holy Trinity*



WEEKEND COMMUNION SERVICE

Every Saturday 5:00pm-6:30pm and on
Sunday from 8:00am-1:00pm
during lockdown

REGISTRATION REQUIRED

Register at:

<https://www.eventbrite.ca/o/st-john-of-the-cross-parish-30474838986>

Registration opens on Tuesdays at 8pm

WEDNESDAY ADORATION & BENEDICTION

7:00-8:00pm

Weekly Adoration & Benediction every Wednesday evening during the lockdown here in our beautiful parish.

The Parish Youth Group will lead the reflections and the Holy Rosary.

The Adoration will be livestreamed.



<https://stjohnofthecross-mi.archtoronto.org/en/parish-life/livestream/>

The Liturgy of the Hours

St. John of the Cross Parish

Let us gather to pray together as a community the Liturgy of the Hours, the official prayer of the church this Thursday, 7:00-7:45pm.

You will have a chance to offer your intentions during our virtual gathering of prayer in front of the statue of our Lady of Mount Carmel.

[Register at the parish website Virtual Event](#)



MASS INTENTIONS

Monday, May 31, 9am

1. For the soul of Patricia Hannon, requested by the Gallup Family
2. For the soul of Florine Rasquinha, requested by Joyce Gulati
3. For the soul of Irene Galvin, requested by John Galvin
4. Birthday blessings for Corrine Carpen, requested by the Capen Family

Tuesday, June 1, 9am

1. Birthday Blessings for Ian D'Souza, requested by Ivy Carnelio.
2. For the soul of George Abreo, requested by John D'Souza & Family

Wednesday, June 2, 9am

1. For the souls of Nelson & Stella Carnelio, requested by Ivy Carnelio

Thursday, June 3, 9am

1. For the soul of Reginald Ross, requested by the Ross Family
2. For the soul of Alice Fernandes, requested by the Fernandes Family

Friday, June 4, 9am

1. For the souls of Lawrence & Ida Maria Lewis, requested by the Nicholson Family
2. For the souls of Polson & Annie Karam, requested by the Nicholson Family
3. For the 10th Wedding Anniversary of Kimberley and Clyde Monisse, requested by John, Sabrina & Family
4. For the living intentions and blessings for Vallerie Ambrose, requested by Cordell and Christine Robson

Saturday, June 5, 4pm

1. For the soul of Ronald D'Souza, requested by Clara, Harrison & Hansel
2. For the souls of Wanda & Antao, requested by Augusto & His Family
3. For the soul of Roque Soares, requested by Carol, Praveen & Family
4. Thanksgiving Intention, requested by Cyrus, Rolinda & Family
5. For the soul of Civia Silveira, requested by the Silveira Family

DAILY MASS READINGS

May 31	Zeph.3:14-18; Luke 1:39-56
June 1	Tobit 2:9-14,3:1; Mk 12:13-17
June 2	Tobit 3:1-6a,7-10a,11-13,15b-17a; Mark 12:18-27
June 3	Tobit 4:20, 5:4, 6:10-11b, 7:1, 9-16, 8:1,4-9; Mark 12:28-34
June 4	Tobit 11:5-15; Mk 12:35-37
June 5	Tobit 12:1-20; Mk 12: 38-44
June 6	Exodus 24:3-8; Heb.9:11-15; Mark 14:12-16,22-26

Two Steps to E-Transfer:

- 1) send donations to:
admin@sjocross.org
- 2) send a separate email message to admin@sjocross.org with your Security Answer, your Name, Phone number, and purpose of this fund.
i.e: mass intention and the date the mass intention is offered, weekly/monthly donation.



Donations received for Sharelife: \$33,485.10
which is 41.7% from our goal.

2nd Sharelife Collection: June 19-20, 2021

Thank you for your generosity!

TRINITY SUNDAY REFLECTIONS

Today's feast invites us to live in the awareness of the presence of the Triune God within us: The Father, the Son and the Holy Spirit. The mystery of the Holy Trinity, a doctrine enunciated by the ecumenical councils of Nicaea and Constantinople, is one of the fundamental doctrines of Christianity and the greatest mystery of our Faith, namely, that there are Three Divine Persons, sharing the same Divine nature in one God. "There is one God, who has three Persons, Father, Son and Holy Spirit. Each Person is God, yet there is still only one God" (CCC #234, #253-256). We have the Father Who is the Creator, the Son Who is the Redeemer and the Holy Spirit Who is the Sanctifier and the Counselor – One God. The doctrine of Three Persons in one God, co-equal and co-eternal in Divinity yet distinct in Person, is not explicitly spelt out in the Bible. Even the very word "Trinity" is not found in the Bible. But the doctrine of the Trinity underlies all major Christian feasts, including Christmas, the Epiphany, Good Friday, Easter, the Ascension and Pentecost. All the official prayers of the Church, including the Holy Mass and the Sacraments, begin with an address to the Holy Trinity: "*In the Name of the Father and of the Son and of the Holy Spirit.*" We are baptized, absolved of our sins and anointed in the name of the Blessed Trinity. Throughout the world, church bells ring three times a day inviting Christians to pray to God the Father (the Provider); God the Son (the Savior); and God the Holy Spirit (the Sanctifier), giving glory to the Triune God for the Incarnation of the Son and our Redemption.

Frank Sheed's explanation of the Holy Trinity & Karl Rahner's advice: The great apologist **Frank Sheed** used to give a very **interesting** explanation of the Most Holy Trinity. He started by thinking about our **own** human nature. Each one of us **exists**, but since we are **spiritual**, we also have an **idea** of ourselves. We can **think about** ourselves, **reflect on** ourselves, **know** ourselves. This is why human beings are the only animals on earth who **write diaries**. That's similar to what happens in the **relationship** between God the **Father** and God the **Son**. God the Father is **spiritual**, able to know Himself. He has an **Idea of himself**. But, since His knowledge is **limitless**, unlike ours, that Idea of Himself is **perfect** and **perfectly complete**. But to be perfect, the Idea, or the Word, has to **share** in God's own **existence**; the Word has to actually **be** a Divine Person. And so, God the Father, from all eternity, knowing Himself, **engenders the Son**, the perfect Image of the Father. And then, of course, since both the Father and the Son are **Infinitely Good and Beautiful**, as soon as They **know** Each Other, They also **love** Each Other. Even we, when we **think** about ourselves, **love** ourselves. We **want the best** for ourselves. We are **glad** that we exist. But God's Love, like his Knowledge, is unlimited, and so this Love, too, has to be so **intense** and so full that it shares **fully** in the Divine existence; this Love is a Divine Person - the **Holy Spirit**. This is the mystery we profess **each week** when we affirm our belief in the Son of God, who is "consubstantial [one in Being] with the Father, God from God, light from light true God from true God" and in the Holy Spirit, who "with the Father and the Son is **worshipped** and **glorified.**" (E- Priest).

The great 20th-century Catholic Theologian Father Karl Rahner, SJ, was supposedly asked once by a priest friend how he should explain the Holy Trinity when preaching. Father Rahner's reply was sim-

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ple: "Don't!" The mystery we celebrate in today's feast defies not only explanation but also comprehension (OSV) A teacher's simple explanation: "Our God is far beyond the grasp of our intellect. All we can say is: God, the Father, our Father, is Omnipresent and so I live in Him because the universe exists in Him. The Son, Jesus is Emmanuel – God with us -- and so He is always with me; I live with Him. The Holy Spirit is the One Who inspires us all, from within us and so The Holy Spirit lives in my heart. *There is only one God. We live in Him; He lives with us and He lives in us. Yahve - "I am Who am" - He is all (Joe Vempeny)*

Scripture lessons: Today's first and second readings do not give us a clear and elaborate presentation of the doctrine of the Blessed Trinity. The first reading, however, tells us that God is deeply involved in the world from its beginning, showing Fatherly care for His people and setting an example that summons us to imitation. The Responsorial Psalm (Ps 33) reminds us of our Triune God's great mercy for us as we sing the Refrain, "Blessed be the people the Lord has chosen to be His own," while the verses show us His trustworthiness, His Omnipotence as Creator, His Omniscience and His attentiveness to us in our need. In the second reading, Paul describes the role of God the Holy Spirit in making us true children of God the Father and brothers and sisters of God the Son, Jesus. Today's Gospel describes Jesus' final apparition to his apostles just before his Ascension into Heaven. At that moment, He commissioned them to make disciples of all nations and commanded them to baptize those who came to believe, "in the Name of the Father and of the Son and of the Holy Spirit." Here is the Trinitarian apostolic blessing of St. Paul, "*The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all*" (2 Corinthians 13:14).

Exegetical notes 1) The development of the Trinitarian doctrine in the Church. The oldest doctrinal formulation of the Church's belief in the Trinity is found in the Apostles' Creed which has served both as the basis for the instruction of catechumens and as the Baptismal confession of Faith since the second century. Later, the Nicene Creed, originating at the Council of Nicaea (AD 325), stated the doctrine more explicitly. This creed was introduced into our Western liturgy by the regional council of Toledo in AD 589. God has revealed to us three separate functions that are carried out by the Three Persons. He has told us that it is proper to attribute to God the Father the work of Creation, to God the Son the work of Redemption and to God the Holy Spirit the work of Sanctification. Our knowledge of God as Trinity is made possible *by God*, Who has chosen to reveal Himself as Father, Son and Holy Spirit. As Father, God has brought forth the created universe, including our own being. As Son, Jesus has made known a God who hears our cries, who cares, who counts the hairs on our head and who loves us so passionately that He became one of us in order to suffer for our sins, and even to die for us. As Spirit, God remains with us and within us.

2) The Triune God as seen in the Old Testament: Since Yahweh, the God of Israel, was careful to protect His Chosen People from the pagan practice of worshipping several gods, the Old Testament books give only indirect and passing references to the Trinity, and the rabbis never understood them as references to the Holy Trinity. Genesis 1:26 presents God speaking to Himself: "*Let Us make man in Our image, according to Our likeness.*" Genesis 18:2 describes Yahweh visiting Abraham under the appearance of three men, an event that the Russian Orthodox Church celebrates as the "Trinitarian

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Experience of Abraham." In Genesis 11:7, before punishing the proud builders of the Tower of Babel, God says, *"Come, let Us go down among them and confuse their language."* These passages imply, rather than state, the doctrine of the Trinity.

3) Clear doctrine of the Trinity in the New Testament.

a) The Annunciation (Luke 1: 26-38), describes how God the Father sent the angel Gabriel to Mary to announce to her that God the Holy Spirit, would *"come upon" her, that "the power the Most High will overshadow" her, that the Son would be made flesh in her womb: "Therefore, the Child to be born will be called holy, the Son of God."*

b) During the baptism of Jesus (Matthew 3: 16-17), the Holy Spirit was shown descending on Jesus in the form of a Dove, while the Voice of God the Father was heard from the clouds, saying, *"You are My Beloved Son in Whom I am well pleased"* (Luke 4:22).

c) John (Chapters 15 through 18), presents the detailed teaching of Jesus on the Persons of the Holy Trinity.

d) In the preaching mission given by the risen Lord to the disciples, Jesus commanded them to baptize people *"in the Name of the Father and of the Son and of the Holy Spirit."* (Confer also Matthew 28:19; John 10:30).

Life messages: 1) We need to respect ourselves and respect others. Our conviction that the Triune God is present within us always should help us to esteem ourselves as God's holy dwelling place, to behave well in His holy presence, and to lead purer and holier lives, practicing acts of justice and charity. This Triune Presence should also encourage us to respect and honor others as "Temples of the Holy Spirit."

2) We need to be aware of God as the Source of our strength and courage. The awareness and conviction of the presence of God within us gives us the strength to face the manifold problems of life with Christian courage. It was such a conviction that prompted the early Christian martyrs being taken to their execution to shout the heroic prayer of Faith from the Psalms: "The Lord of might is with us, our God is within us, and the God of Jacob is our helper" (Psalm 46).

3) We need to see the Trinity as the model for our Christian families: We are created in love to be a community of loving persons, just as the Father, Son, and Holy Spirit are united in Love. From the day of our Baptism, we have belonged to the Father, Son and Holy Spirit. How privileged we are to grow up in such a beautiful Family! Hence, let us turn to the Father, Son and Holy Spirit in prayer every day. We belong to the Family of the Triune God. The love, unity and joy in the relationship among the Father, Son and Holy Spirit should be the supreme model of our relationships within our Christian families. Our families become truly Christian when we live in a relationship of love with God and with others.

4) We are called to become more like the Triune God through all our relationships. We are made in God's image and likeness. Just as God is God only in a Trinitarian relationship, so we can be fully human only as one member of a relationship of three partners. The self needs to be in a hori-

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zontal relationship with all other people and in a vertical relationship with God. In that way our life becomes Trinitarian like that of God. Modern society follows the so-called "I-and-I" principle of unbridled individualism and the resulting consumerism. But the doctrine of the Blessed Trinity challenges us to adopt an "I-and-God-and-neighbor" principle: "I am a Christian insofar as I live in a relationship of love with God and with other people." Like God the Father, we are called upon to be productive and creative persons by contributing to the building up of the fabric of life and love in our family, our Church, our community and our nation. Like God the Son, we are called upon to reconcile, to be peacemakers, to put back together that which has been broken, to restore what has been shattered. Like God the Holy Spirit, it is our task to uncover and teach truth and to dispel ignorance.

(Trinitarian spirituality: "The doctrine of the Trinity affirms that it belongs to God's very Nature to be committed to humanity and its history, that God's Covenant with us is irrevocable, that God's Face is immutably turned toward us in love, that God's Presence to us is utterly reliable and constant... Trinitarian spirituality is one of solidarity between and among persons. It is a way of living the Gospel attentive to the requirements of justice, understood as rightly ordered relationships between and among persons." *Dictionary of Spirituality*)

(Excerpts from Fr. Antony Kadavil's reflections, Vatican News)

St. Augustine's Seminary Lay Formation Program: Where Holiness is Found: Ordinary People Called to Extraordinary Lives

Saturday, June 5 – 9:30 a.m. to 12 p.m.

A VIRTUAL EVENT HOSTED BY ST. AUGUSTINE'S SEMINARY

We invite you to register today and forward this invitation to your friends and family. It's been a stressful year for all of us – a year of unknowns and constant changes. Take a few moments to breathe, reflect and pray. This retreat, designed especially for women, looks at the everyday moments of our lives and asks: How can I live a life of extraordinary calling? Where is holiness found? Please join us as we consider how each of us, as ordinary women, are called to live extraordinary lives.

Presenter: Dr. Anne Jamieson.

COST: \$25 **REGISTER:** <http://bit.ly/DayOfReflectionForWomen> **PHONE:** 416-261-7207

Catholic Family Services of Toronto's Online Counselling Sessions

Catholic Family Services of Toronto is now offering online quick access single sessions. Single-session counselling is a quick and effective way for individuals, couples or families to address a mental health or relationship concern. To arrange for a session, please contact: info@cfstoronto.com or 416-921-1163 or 416-222-0048. Leave us a message with your name, email and phone number, and a staff person will contact you.

Clients who are interested in pursuing other or additional services in the agency have the option to access our ongoing counselling, wellness or group programs.

Counselling fees are charged according to a client's income level. No one is denied service because of their inability to pay fees.