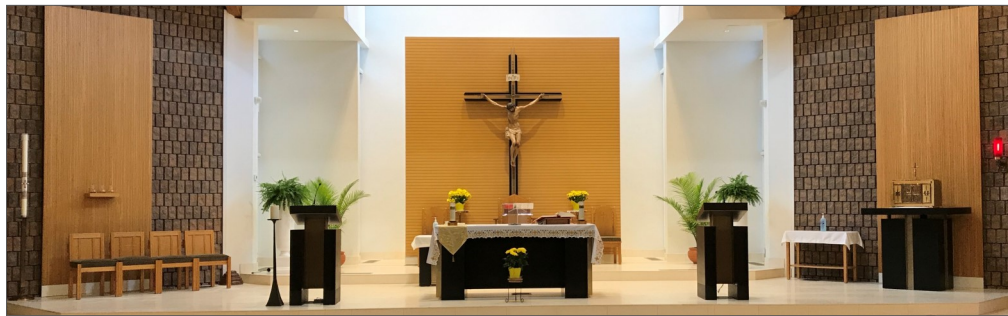


Sunday, May 16, 2021

# St. John of the Cross Parish

*Served by the Carmelites*



## PARISH OFFICE:

6890 Glen Erin Drive, Mississauga, ON L5N 2E1

Phone: 905.821.1331 \* Fax: 905.858.8486

E-mail: [office@sjocross.org](mailto:office@sjocross.org)

Parish Website: [www.sjocross.org](http://www.sjocross.org)

Church is in lockdown. For private prayer and confession, please call the office and make an appointment.

## PASTORAL TEAM

Fr. Joyson George, O.Carm, Pastor Ext. 228

[pastor@sjocross.org](mailto:pastor@sjocross.org)

Fr. Felix Antony, O.Carm., Assoc. Pastor 224

[rfelix@sjocross.org](mailto:rfelix@sjocross.org)

SECRETARY—Violanta Nicholson 223

RECEPTION — Liane Harris ○

## SACRAMENTAL PREPARATION

1st Communion & 1st Reconciliation 225

Confirmation, [confirmation@sjocross.org](mailto:confirmation@sjocross.org) 230

ST. VINCENT DE PAUL SOCIETY 305

## LOCKDOWN SCHEDULE

### RECONCILIATION

Contact the parish office to make an appointment.

### BAPTISM

Parents are required to attend the Baptism Preparation Class. They are also encouraged to attend the class prior to the birth of the baby. Godparents are expected to attend the class. A registration package is available at the Parish Office or at our website for download. Email the completed forms to the parish office.

### MARRIAGE

It is required that one of those to be married resides within the Parish boundary. Couples planning to be married must contact the Parish office at least one year in advance of their proposed date. They are required to complete a Marriage Preparation Course.

### SICK AND HOMEBOUND

Please contact the office.



**REGISTER FOR  
COMMUNION  
SERVICE**

All public Masses are cancelled. Registration is required for Sunday Communion Service. Registration opens on Tuesdays, 8pm. Please be on time.



**Click here for  
Live Stream**

Daily 9am Mass and Saturday Vigil 4pm Holy Mass are livestreamed. Click 'Click here for Live Stream' to join in.

# AddMe

To receive parish notifications, weekly bulletin and Sunday Mass link, click **AddMe** to be added into the Parish Email List.

***LET US LIVE OUT CHARITY!***

***SOCIAL DISTANCE— WASH HANDS***

***OFTEN - WEAR MASK PROPERLY—***

***DISINFECT THE SPACE THAT YOU USE  
GO OUT FOR ESSENTIAL REASONS ONLY.***

***Stay safe and healthy!***



**WEEKEND COMMUNION SERVICE**

Every Saturday 5:00pm-6:30pm and on Sunday from 8:00am-1:00pm during lockdown

**REGISTRATION REQUIRED**

Register at:

<https://www.eventbrite.ca/o/st-john-of-the-cross-parish-30474838986>

Registration opens on Tuesdays at 8pm

*Being obedient, Mary became the cause of salvation for herself and for the whole human race.*  
St. Irenaeus

**DAILY MASS READINGS**

May 17	Acts 19:1-8; John 16:29-33
May 18	Acts 20:17-27; Jn 17:1-11a
May 19	Acts 20:28-38; Jn 17:11b-19
May 20	Acts 22:30;23:6-11;Jn17:20-26
May 21	Acts 24:27;25:13b-21; John 21:15-19
May 22	Acts 28:16-20,30-31; John 21:20 -25
May 23	Acts 2:1-11; 1 Cor.12:3b-7,12-13; John 20:19-23

**WEDNESDAY ADORATION & BENEDICTION**

7:00-8:00pm

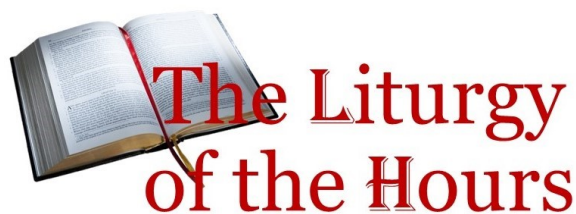
Weekly Adoration & Benediction every Wednesday evening during the lockdown here in our beautiful parish.

The Parish Youth Group will lead the reflections.

The 3rd Order Lay Carmelite will lead the Holy Rosary. The Adoration will be livestreamed.



<https://stjohnofthecrossmi.archtoronto.org/en/parish-life/livestream/>



St. John of the Cross Parish

Let us gather to pray together as a community the Liturgy of the Hours, the official prayer of the church. It is a journey to contemplation as we allow [the](#) psalms, readings, and hymns penetrate our minds and our hearts and sanctify the day.

You will have a chance to offer your intentions during our virtual gathering of prayer in front of the statue of our Lady of Mount Carmel.

**To register:**

<https://zoom.us/meeting/register/tJAuce2gqTMvG9Zlo6ex7zke5pmdMceE XD97>

# Happy Feast of the Ascension of our Lord!

## MASS INTENTIONS

### Monday, May 17, 9am

1. Birthday Blessings for Tiffany Joseph, requested by Erva Joseph
2. For the souls of Brian & Myrtle D'Costa, requested by Cheryl Rodgers
3. For the soul of Loyola Fernandes, requested by Irene Fernandes & Family
4. For the soul of Carmina Thuraisingam, requested By Marina & Zeno

### Tuesday, May 18, 9am

1. For personal intentions, requested by Hedy & Robert Castelino

### Wednesday, May 19, 9am

1. For the soul of Frances Leach, requested by Jean Evon
2. For the soul of Joseph Pinto, requested by Marilyn Bansod
3. For the conversion of Cleve Kenny, requested by Anne Kenny

### Thursday, May 20, 9am

1. For the soul of Teresa D'Silva, requested by the Family
2. For the souls of Grisilda, Raymond & Hyginus Perera, requested by the Perera Family
3. For the soul of Autilia D'Souza, requested by John D'Souza & Family

### Friday, May 21, 9am

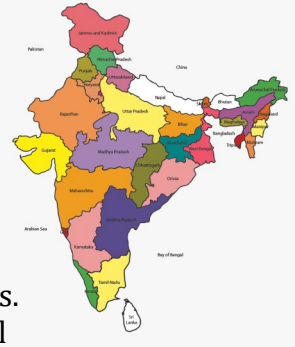
1. For the soul of Rose Navarro, requested by Maria Navarro
2. Thanksgiving for all blessings & graces received, requested by Jarvis & Family

### Saturday, May 22, 4pm

1. Birthday Thanksgiving & Blessings for Joyce Jacquin, requested by the Family
2. Birthday Thanksgiving & Blessings for Michelle Rose, requested by the Jacquin Family
3. For the soul of Alain Chettiar, requested by the Jacquin Family
4. For the soul of Pearl Gonzalves, requested by Jules & Michelle Coutinho
5. Birthday blessings for Jenny Salvacion, requested by the Salvacion Family

## HELP INDIA!

India is reeling from a devastating COVID-19 outbreak. In recent days, the country has been reporting more than 400,000 of new cases and 4,000 deaths every 24 hours. The medical system, funeral services and other social supports are unable to meet the country's needs at this time.



In response to numerous inquiries from parishioners and clergy, we are providing information for those who may wish to contribute to relief efforts to assist the people of India.

The Archdiocese of Toronto will send donations through Development and Peace to Caritas Internationalis, an international confederation of Catholic humanitarian organizations that is already in India helping those who are suffering during this COVID-19 outbreak.

### Those wishing to help may do so in the following ways:

- Online, through the Archdiocese of Toronto website: [www.archtoronto.org](http://www.archtoronto.org)
- By phone, through the Development Office - 416-934-3411
- Through the parish, making cheques payable to: **Name of Parish - India's COVID-19 Outbreak - Disaster Relief**

### Two Steps to E-Transfer:

- 1) send donations to:  
[admin@sjocross.org](mailto:admin@sjocross.org)
- 2) send a separate email message to [admin@sjocross.org](mailto:admin@sjocross.org) with your Security Answer, your Name, Phone number, and purpose of this fund.  
**i.e: mass intention and the date the mass intention is offered, weekly/monthly donation.**

Sunday, May 16, 2021

# PARISH MOVIE NIGHT!

Friday, May 21st, 7:00pm



John is a hardworking man that has focused more on his career than his family. A devastating event leads him back to his hometown, he will come face to face with his choices and their impact on his family. This heartfelt story demonstrates the incredible power of prayer and how God's love can overcome all.  
(92 minutes)

*Click to register:*

<https://zoom.us/meeting/register/tJIpc-qvqTouHNJ06zrBZeolCcu-glyITiBF>

*See you at our parish community movie night!*

Sunday, May 16, 2021

## **NOVENA TO THE HOLY SPIRIT**

**FOREWORD:** The novena in honor of the Holy Spirit is the oldest of all novenas since it was first made at the direction of Our Lord Himself when He sent His apostles back to Jerusalem to await the coming of the Holy Spirit on the first Pentecost. It is still the only novena officially prescribed by the Church. Addressed to the Third Person of the Blessed Trinity, it is a powerful plea for the light and strength and love so sorely needed by every Christian.



### **ACT OF CONSECRATION TO THE HOLY SPIRIT**

To be recited daily during the Novena

On my knees I before the great multitude of heavenly witnesses I offer myself, soul and body to You, Eternal Spirit of God. I adore the brightness of Your purity, the unerring keenness of Your justice, and the might of Your love. You are the Strength and Light of my soul. In You I live and move and am. I desire never to grieve You by unfaithfulness to grace and I pray with all my heart to be kept from the smallest sin against You. Mercifully guard my every thought and grant that I may always watch for Your light, and listen to Your voice, and follow Your gracious inspirations. I cling to You and give myself to You and ask You, by Your compassion to watch over me in my weakness. Holding the pierced Feet of Jesus and looking at His Five Wounds, and trusting in His Precious Blood and adoring His opened Side and stricken Heart, I implore You, Adorable Spirit, Helper of my infirmity, to keep me in Your grace that I may never sin against You. Give me grace O Holy Spirit, Spirit of the Father and the Son to say to You always and everywhere, "Speak Lord for Your servant heareth." Amen.

### **PRAYER FOR THE SEVEN GIFTS OF THE HOLY SPIRIT**

To be recited daily during the Novena

O Lord Jesus Christ Who, before ascending into heaven did promise to send the Holy Spirit to finish Your work in the souls of Your Apostles and Disciples, deign to grant the same Holy Spirit to me that He may perfect in my soul, the work of Your grace and Your love. Grant me the Spirit of Wisdom that I may despise the perishable things of this world and aspire only after the things that are eternal, the Spirit of Understanding to enlighten my mind with the light of Your divine truth, the Spirit on Counsel that I may ever choose the surest way of pleasing God and gaining heaven, the Spirit of Fortitude that I may bear my cross with You and that I may overcome with courage all the obstacles that oppose my salvation, the Spirit of Knowledge that I may know God and know myself and grow perfect in the science of the Saints, the Spirit of Piety that I may find the service of God sweet and amiable, and the Spirit of Fear that I may be filled with a loving reverence towards God and may dread in any way to displease Him. Mark me, dear Lord with the sign of Your true disciples, and animate me in all things with Your Spirit. Amen.

## Sunday, May 16, 2021

The Novena begins on the day after the Solemnity of the Ascension, Friday of the 6th Week of Easter, even if the Solemnity of the Ascension is transferred to the 7th Sunday.

### **FIRST DAY (Friday after Ascension or Friday of 6th Week of Easter)**

Holy Spirit! Lord of Light! From Your clear celestial height, Your pure beaming radiance give!

The Holy Spirit Only one thing is important -- eternal salvation. Only one thing, therefore, is to be feared--sin? Sin is the result of ignorance, weakness, and indifference The Holy Spirit is the Spirit of Light, of Strength, and of Love. With His sevenfold gifts He enlightens the mind, strengthens the will, and inflames the heart with love of God. To ensure our salvation we ought to invoke the Divine Spirit daily, for "The Spirit helpeth our infirmity. We know not what we should pray for as we ought. But the Spirit Himself asketh for us."

Prayer: Almighty and eternal God, Who hast vouchsafed to regenerate us by water and the Holy Spirit, and hast given us forgiveness all sins, vouchsafe to send forth from heaven upon us your sevenfold Spirit, the Spirit of Wisdom and Understanding, the Spirit of Counsel and fortitude, the Spirit of Knowledge and Piety, and fill us with the Spirit of Holy Fear. Amen.

Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES.  
Act of Consecration, Prayer for the Seven Gifts

### **SECOND DAY (Saturday of 6th Week of Easter)**

Come. Father of the poor. Come, treasures which endure; Come, Light of all that live!

The Gift of Fear The gift of Fear fills us with a sovereign respect for God, and makes us dread nothing so much as to offend Him by sin. It is a fear that arises, not from the thought of hell, but from sentiments of reverence and filial submission to our heavenly Father. It is the fear that is the beginning of wisdom, detaching us from worldly pleasures that could in any way separate us from God. "They that fear the Lord will prepare their hearts, and in His sight will sanctify their souls."

Prayer: Come, O blessed Spirit of Holy Fear, penetrate my inmost heart, that I may set you, my Lord and God, before my face forever, help me to shun all things that can offend You, and make me worthy to appear before the pure eyes of Your Divine Majesty in heaven, where You live and reign in the unity of the ever Blessed Trinity, God world without end. Amen.

Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES.  
Act of Consecration, Prayer for the Seven Gifts

### **THIRD DAY (7th Sunday of Easter or transferred Ascension)**

Thou, of all consolers best, Visiting the troubled breast, Dost refreshing peace bestow.

The Gift of Piety The gift of Piety begets in our hearts a filial affection for God as our most loving Father. It inspires us to love and respect for His sake persons and things consecrated to Him, as well as those who are vested with His authority, His Blessed Mother and the Saints, the Church and its visible Head,

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our parents and superiors, our country and its rulers. He who is filled with the gift of Piety finds the practice of his religion, not a burdensome duty, but a delightful service. Where there is love, there is no labor.

Prayer: Come, O Blessed Spirit of Piety, possess my heart. Enkindle therein such a love for God, that I may find satisfaction only in His service, and for His sake lovingly submit to all legitimate authority. Amen.

Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES.  
Act of Consecration, Prayer for the Seven Gifts

### **FOURTH DAY (Monday, 7th Week of Easter)**

Thou in toil art comfort sweet, Pleasant coolness in the heat, solace in the midst of woe.

The Gift of Fortitude By the gift of Fortitude the soul is strengthened against natural fear, and supported to the end in the performance of duty. Fortitude imparts to the will an impulse and energy which move it to under take without hesitancy the most arduous tasks, to face dangers, to trample under foot human respect, and to endure without complaint the slow martyrdom of even lifelong tribulation. "He that shall persevere unto the end, he shall be saved."

Prayer: Come, O Blessed Spirit of Fortitude, uphold my soul in time of trouble and adversity, sustain my efforts after holiness, strengthen my weakness, give me courage against all the assaults of my enemies, that I may never be overcome and separated from Thee, my God and greatest Good. Amen.

Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES.  
Act of Consecration, Prayer for the Seven Gifts

### **FIFTH DAY (Tuesday, 7th Week of Easter)**

Light immortal! Light Divine! Visit Thou these hearts of Thine, And our inmost being fill!

The Gift of Knowledge The gift of Knowledge enables the soul to evaluate created things at their true worth--in their relation to God. Knowledge unmask the pretense of creatures, reveals their emptiness, and points out their only true purpose as instruments in the service of God. It shows us the loving care of God even in adversity, and directs us to glorify Him in every circumstance of life. Guided by its light, we put first things first, and prize the friendship of God beyond all else. "Knowledge is a fountain of life to him that possesseth it."

Prayer: Come, O Blessed Spirit of Knowledge, and grant that I may perceive the will of the Father; show me the nothingness of earthly things, that I may realize their vanity and use them only for Thy glory and my own salvation, looking ever beyond them to Thee, and Thy eternal rewards. Amen.

Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES.  
Act of Consecration, Prayer for the Seven Gifts

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**SIXTH DAY (Wednesday, 7th Week of Easter)**

If Thou take Thy grace away, nothing pure in man will stay, All his good is turn'd to ill.

The Gift of Understanding Understanding, as a gift of the Holy Spirit, helps us to grasp the meaning of the truths of our holy religion BY faith we know them, but by Understanding we learn to appreciate and relish them. It enables us to penetrate the inner meaning of revealed truths and through them to be quickened to newness of life. Our faith ceases to be sterile and inactive, but inspires a mode of life that bears eloquent testimony to the faith that is in us; we begin to "walk worthy of God in all things pleasing, and increasing in the knowledge of God."

Prayer: Come, O Spirit of Understanding, and enlighten our minds, that we may know and believe all the mysteries of salvation; and may merit at last to see the eternal light in Thy Light; and in the light of glory to have a clear vision of Thee and the Father and the Son. Amen.

Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES.

Act of Consecration, Prayer for the Seven Gifts

**SEVENTH DAY (Thursday, 7th Week of Easter)**

Heal our wounds--our strength renews; On our dryness pour Thy dew, Wash the stains of guilt away.

The Gift of Counsel The gift of Counsel endows the soul with supernatural prudence, enabling it to judge promptly and rightly what must be done, especially in difficult circumstances. Counsel applies the principles furnished by Knowledge and Understanding to the innumerable concrete cases that confront us in the course of our daily duty as parents, teachers, public servants, and Christian citizens. Counsel is supernatural common sense, a priceless treasure in the quest of salvation. "Above all these things, pray to the Most High, that He may direct thy way in truth."

Prayer: Come, O Spirit of Counsel, help and guide me in all my ways, that I may always do Thy holy will. Incline my heart to that which is good; turn it away from all that is evil, and direct me by the straight path of Thy commandments to that goal of eternal life for which I long.

Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES.

Act of Consecration, Prayer for the Seven Gifts

**EIGHTH DAY (Friday, 7th Week of Easter)**

Bend the stubborn heart and will, melt the frozen warm the chill. Guide the steps that go astray!

The Gift of Wisdom Embodying all the other gifts, as charity embraces all the other virtues, Wisdom is the most perfect of the gifts. Of wisdom it is written "all good things came to me with her, and innumerable riches through her hands." It is the gift of Wisdom that strengthens our faith, fortifies hope, perfects charity, and promotes the practice of virtue in the highest degree. Wisdom enlightens the mind to discern and relish things divine, in the appreciation of which earthly joys lose their savor, whilst the Cross of Christ yields a divine sweetness according to the words of the Saviour: "Take up thy cross and follow me, for my yoke is sweet and my burden light.

Prayer: Come, O Spirit of Wisdom, and reveal to my soul the mysteries of heavenly things, their exceed-



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ing greatness, power and beauty. Teach me to love them above and beyond all the passing joys and satisfactions of earth. Help me to attain them and possess them for ever. Amen.

Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES.

Act of Consecration, Prayer for the Seven Gifts

### **NINTH DAY (Saturday, Vigil of Pentecost)**

Thou, on those who evermore Thee confess and Thee Adore, in Thy sevenfold gift, Descend; Give Them Comfort when they die; Give them Life with Thee on high; Give them joys which never end. Amen

The Fruits of the Holy Spirit The gifts of the Holy Spirit perfect the supernatural virtues by enabling us to practice them with greater docility to divine inspiration. As we grow in the knowledge and love of God under the direction of the Holy Spirit, our service becomes more sincere and generous, the practice of virtue more perfect. Such acts of virtue leave the heart filled with joy and consolation and are known as Fruits of the Holy Spirit. These Fruits in turn render the practice of virtue more attractive and become a powerful incentive for still greater efforts in the service of God, to serve Whom is to reign.

Prayer: Come, O Divine Spirit, fill my heart with Thy heavenly fruits, Thy charity, joy, peace, patience, benignity, goodness, faith, mildness, and temperance, that I may never weary in the service of God, but by continued faithful submission to Thy inspiration may merit to be united eternally with Thee in the love of the Father and the Son. Amen.

Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES.

Act of Consecration, Prayer for the Seven Gifts

The text of this Novena is taken from [www.ewtn.com](https://www.ewtn.com/catholicism/devotions/novena-to-the-holy-spirit-for-the-seve): <https://www.ewtn.com/catholicism/devotions/novena-to-the-holy-spirit-for-the-seve>

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