

Sunday, February 21, 2021

# St. John of the Cross Parish

*Served by the Carmelites*



**Register for  
Communion Service**

Registration is required for Saturday and Sunday Communion Services. Click [Register for Mass/ Register for Sunday Communion Service](#) to sign up.



**Click here for  
Live Stream**

Daily Mass at 9am (Monday to Saturday) and Weekend Mass on Saturday at 5pm are livestreamed.

## AddMe

Click on AddMe to be added into the Parish Email List in order to receive parish notifications, weekly bulletin and Sunday Mass link.

## LOCKDOWN SCHEDULE

### RECONCILIATION

Contact the parish office to make an appointment.

### BAPTISM

Parents are required to attend the Baptism Preparation Class. They are also encouraged to attend the class prior to the birth of the baby. Godparents are expected to attend the class. A registration package is available at the Parish Office or at our website.

### PRIVATE PRAYER

BY APPOINTMENT ONLY. Please call the office before you leave your house to ensure that someone is available to open the door when you get here.

### MARRIAGE

It is required that one of those to be married resides within the Parish boundary. Couples planning to be married must contact the Parish office at least one year in advance of their proposed date. They are required to complete a Marriage Preparation Course.

### SICK AND HOMEBOUND

Please contact the office.

### PARISH OFFICE:

6890 Glen Erin Drive, Mississauga, ON L5N 2E1

Phone: 905.821.1331 \* Fax: 905.858.8486

E-mail: [office@sjocross.org](mailto:office@sjocross.org)

Parish Website: [www.sjocross.org](http://www.sjocross.org)

Office is closed on Monday afternoons and on Sundays. In other times, please call to make an appointment.

### PASTORAL TEAM

Fr. Joyson George, O.Carm, Pastor Ext. 228

[pastor@sjocross.org](mailto:pastor@sjocross.org)

Fr. Felix Antony, O.Carm., Assoc. Pastor 224

[frfelix@sjocross.org](mailto:frfelix@sjocross.org)

Rev. Mr. John Cannon, Deacon 222

[deaconjohn@sjocross.org](mailto:deaconjohn@sjocross.org)

SECRETARY—Violanta Nicholson 223

RECEPTION — Liane Harris 0

### SACRAMENTAL PREPARATION

1st Communion & 1st Reconciliation 225

Confirmation, [confirmation@sjocross.org](mailto:confirmation@sjocross.org) 230

ST. VINCENT DE PAUL SOCIETY 305

**LET US BE RELIGIOUS IN FOLLOWING THE  
SAFETY PROTOCOLS FOR THE SAFETY &  
HEALTH OF ALL.**

***LET US LIVE OUT CHARITY!***

**SOCIAL DISTANCE— WASH HANDS OFTEN -  
WEAR MASK PROPERLY—DISINFECT THE  
SPACE THAT YOU USE**

**GO OUT FOR ESSENTIAL REASONS ONLY.**

## DAILY MASS READINGS

February 22	1 Peter 5:1-4; Mt 16:13-19
February 23	Isaiah 55:10-11; Mt 6:7-15
February 24	Jonah 3:1-10; Luke 11:29-32
February 25	Esther 14:1,3-5,12-14; Matthew 7:7-12
February 26	Eze 18:21-28; Mt 5:20-26
February 27	Deut 26:16-19; Mt 5:43-48
February 28	Gen 22:1-2,9-13,15-18; Rom 8:31b-35, 37; Mark 9:2-10

## MASS INTENTIONS

### Tuesday, February 23, 9am

1. For the soul of Brian D'Costa, requested by Rodger Family

### Wednesday, February 24, 9am

1. For the conversion of Clive Kenny, requested by a parishioner
2. For the soul of Catherine Fernando, requested by the Rosary Apostolate

### Thursday, February 25, 9am

1. For the soul of Ida Maria Lewis, requested by the Nicholson Family

### Saturday, February 27, 9am

1. For the soul of Pluciano Dias, requested by the Nicholson Family

### Saturday, February 27, 5pm

1. For the soul of Francis Xavier Rajandarm, requested by Patricia
2. For the soul of Roque Soares, requested by Cyrus and Rolinda D'Almeida
3. For the soul of Thome Fernandes, requested by Fernandes and Desouza families
4. For the soul of Leonora Crasto, requested by Lourdes Lobo

*For these intentions, we pray to the Lord.  
Lord, hear our prayers.*

## COMMUNITY PRAYER CIRCLE



During the lockdown, SJOC Parish Community gathers in virtual prayer every Thursday from 7:00-8:00pm.

This Thursday, February 25th, we will be doing the Prayer Circle in front of the tabernacle where the Real Presence of the Lord is at. We will greet, sing, and pray. You will have a chance to spend time in front of the tabernacle in silence after the virtual prayer gathering.

Hope to see you there!

<https://zoom.us/meeting/register/tjwtd-CurTMvG9W8B-B7FEFLAgKgGbevtvHj>

### Two Steps to E-Transfer:

- 1) send donations to: [admin@sjocross.org](mailto:admin@sjocross.org)
- 2) send a separate email message to [admin@sjocross.org](mailto:admin@sjocross.org) with your Security Answer, your Name, Phone number, **and purpose of this fund. i.e: mass intention and the date the mass intention is offered, weekly/monthly donation.**

## TAX RECEIPTS

Tax receipts 2020 are ready for pick up. Please pick them up when you come for Ash and Communion Services or on Saturday/Sunday Communion Service.

**Thank you for your generosity!**

## What Every Catholic Should Know

### What Is Lent?

With ashes administered, we now begin Lent, a period of forty-six days (forty when Sundays are excluded) that commemorates the time Jesus spent in the desert prior to beginning his public ministry as Messiah. As described in the gospel readings according to Matthew, Mark and Luke, following his baptism by John the Baptist in the Jordan River, Jesus was led by the Holy Spirit into the desert, where he fasted for forty days and was subject to temptation by Satan. To honor this sacrifice and conquest over the devil, Catholics and other Christians elect to set aside the season of Lent to refocus on Jesus as we look ahead to his death on the Cross and rejoice over his miraculous return.

### What Do We Do during Lent?

Lent is a time when participants can carry out a three-fold mission, with the key pillars being fasting, almsgiving, and prayer. Certainly, these components are not new within our Catholic teachings nor are they reserved only for Lent, as we are encouraged to practice them regularly throughout the year. However, a special and renewed focus on each of them during Lent can foster growth and appreciation within our collective faith and respective spiritual journeys.

### Fasting

As Jesus fasted in the desert for forty days, we, too, are called to forgo something for the same period when observing Lent. It is during this time we can deepen our awareness of his sacrifice on the Cross, as well as Jesus' daily forgiveness of our sins and unconditional love for us.

It should be noted, however, this personal sacrifice should be difficult but healthy, while respecting responsibilities.

For instance, giving up coffee for Lent takes little to no effort if one rarely or never drinks it. Along the same lines, going without something you enjoy regularly—like Netflix, if you watch it often—may seem like an impossible task, but is a small price to pay for a step closer to eternal salvation. A student electing not to do any homework for the Lenten weeks ignores his or her academic obligations and can suffer

harmful ramifications. Despite the challenge of fasting, we can take solace in knowing Jesus protects us during our struggle, as St. John Henry Newman reminds us:

“Even in our penitential exercises, Christ has gone before us to sanctify them to us. He has blessed fasting as a means of grace, in that He fasted.”

### Almsgiving

Stressing the importance of recognizing those in need while demonstrating the model of selflessness that Jesus embodied on earth, Lent offers us an opportunity to further concentrate on displaying acts of charity within our communities.

Whether it be through the giving of time, money, clothing or food, volunteer service provides us a perfect occasion to improve society by living out Jesus' teaching of helping him through helping his people.

### Prayer

Another avenue for self-growth during Lent that can lead to closer relationship with God is prayer. While talking with God is a practice Catholics and all Christians should conduct regularly no matter what point in the year, Lent presents us with an especially meaningful time to connect with our Lord and nurture our bond. We can strengthen our relationship with God through deeper and more frequent prayer activity, such as Scripture readings before beginning our daily morning routine, or praying at mealtimes, commuting to work or school, or during nature walks and other such exercises.

Lent can also provide us a chance to pray in ways beyond simply asking things from God for ourselves. Praising him for his glory and wonder, acknowledging and thanking him for our many blessings and calling on God to intercede and aid in the lives of others are all examples of how we can appreciate God's presence and works.

*Excerpts: Matt Charbonneau, Ascension Press*

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## SATURDAY & SUNDAY COMMUNION SERVICE DURING LENT

Saturdays 3:00-4:30pm and 6:00-7:30pm

Sundays 8:00am-2:00pm

**REGISTRATION REQUIRED**

**Register at:**

<https://www.eventbrite.ca/o/st-john-of-the-cross-parish-30474838986>

**Registration opens on Tuesdays at 8:00pm for that upcoming Sunday.**

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# STATIONS OF THE CROSS



Every Friday at 7pm during Lent followed by  
the Eucharistic Celebration.

Access the livestream from the parish  
website, [www.sjocross.org](http://www.sjocross.org)  
and click on Live Stream.

*“We adore you, O Christ, and we praise You.”*

*“Because by your holy Cross You have redeemed  
the world.”*