

St. John of the Cross Parish

Served by the Carmelites

PARISH OFFICE:

6890 Glen Erin Drive, Mississauga, ON L5N 2E1
 Phone: 905-821-1331 • Fax: 905-858-8486
 Email: office@sjocross.org
 Website: www.sjocross.org



Leho zelatus sum pro domino deo exercituum
ST. JOHN OF THE CROSS
YOUTH MINISTRY

sjocym.com

OFFICE HOURS:

Monday to Friday 8:30 a.m. - 4:30 p.m.
 Monday to Thursday 6:00 p.m. - 9:00 p.m.
 Saturday 9:00 a.m. - 12:00 noon
 Sunday 8:00 a.m. - 1:30 p.m.



Alexandru Andrus

We, God's people, members of St. John of the Cross Carmelite Parish, and disciples called through baptism to be prophetic, priestly, and holy, have been chosen to serve, help, and guide each other on our Christian pilgrimage through life, to the Kingdom of God.

SUNDAY MASSES

Saturday: 5:00 p.m.
 Sunday: 8:00 a.m., 10:00 a.m., 12:00 p.m., 4:00 p.m.

WEEKDAY MASSES AT THE CHURCH

Monday through Saturday: 9:00 a.m.
 Every Wednesday: additional mass 7:00 p.m.
 followed by Novena to Our Lady of Perpetual Help
 First Friday: additional mass 7:00 p.m.
 followed by Adoration

RECONCILIATION

Saturday: 4:00 p.m. to 4:45 p.m.
 Other times by appointment.

BAPTISM

BY APPOINTMENT ONLY
 Parents are required to attend the Baptism Preparation Class. They are also encouraged to attend the class prior to the birth of the baby. Godparents are also expected to attend this class. A registration package is available at the Parish Office or at our website.

MARRIAGE

It is required that one of those to be married resides within the Parish boundary. Couples planning to be married must contact the Parish Office at least one year in advance of their proposed date. They are required to complete a Marriage Preparation Course.

SICK AND HOMEBOUND

Please contact the parish office if confined to home or hospitalization so sacramental care may be provided.

PASTORAL TEAM

Fr. Joyson George, O Carm., **Pastor** pastor@sjocross.org Ext 228
 Fr. Felix Antony, O.Carm., **Assoc. Pastor** rrfelix@sjocross.org 224
 Rev. Mr. John Cannon, **Deacon** deaconjohn@sjocross.org 222

Tel/Voice Mail

PARISH SECRETARY – Violanta Nicholson 223
YOUTH MINISTER – Ante Skoko ym@sjocross.org 226
RECEPTIONIST – Liane Harris

SACRAMENTAL PREPARATION

First Communion & First Reconciliation 225
 Confirmation 230

ST. VINCENT DE PAUL SOCIETY

305

SCHOOLS

St. Albert of Jerusalem 905-785-9298
 St. Elizabeth Seton 905-821-2277
 St. John of the Cross 905-824-3058
 St. Richard 905-826-5572
 St. Teresa of Avila 905-858-3462
 St. Thérèse of the Child Jesus 905-785-0066
 Our Lady of Mount Carmel 905-824-1025

JOHN OF THE CROSS was born in 1542 at Fontiveros in Spain. He entered the Carmelite Community and was ordained a priest in 1567. Renowned for his wisdom and sanctity, he died at Ubeda in 1591. His writings are not only classics of spirituality, but also of Spanish literature. His best known books are The Ascent of Mount Carmel, The Dark Night of the Soul, and The Living Flame of Love.

1st Sunday of Lent

1st Reading: Genesis 2:7-9, 16-18, 25:3:1-7++

2nd Reading: Romans 5:12-19

Gospel: Matthew 4:1-11 *The Temptation of Jesus*

Fasting and Feasting

As we begin this great season of Lent, it is important to take some time to reflect on how we plan to best spend this time to grow as stewards of Christ. We often associate Lent with fasting and penances, which are undoubtedly good. However, it is important that if we are going to give something up, we should strive to replace it with something good as well, for Aristotle famously said that “nature abhors a vacuum.”

This leads us to the practice of “fasting and feasting” in Lent. Through this practice, we are able to cultivate strong stewardship through fasting from things that are unvirtuous and feasting on charitable and wholesome acts. Let us take some time to prayerfully reflect on how we can implement the following list this Lenten season.

Fast from judging others; Feast on the Christ dwelling in them. Fast from emphasis on differences; Feast on the unity of life. Fast from words that pollute; Feast on phrases that purify. Fast from discontent; Feast on gratitude. Fast from anger; Feast on patience. Fast from complaining; Feast on appreciation. Fast from negatives; Feast on affirmatives. Fast from self-concern; Feast on compassion for others. Fast from problems that overwhelm; Feast on prayer that strengthens. In essence, let us fast from anything that prevents us from being good stewards and feast on those practices that strengthens us.

“Fasting cleanses the soul, raises the mind, subjects one’s flesh to the spirit, renders the heart contrite and humble, scatters the clouds of concupiscence, quenches the fire of lust, and kindles the true light of chastity. Enter again into yourself.” - *St. Augustine of Hippo*

RESERVATIONS

CHURCH

Tue	Mar 3	Adult Choir Practice 8:00-10:00pm
Wed	Mar 4	Band Practice 8:00-10:00pm
Thurs	Mar 5	Folk Choir Practice 8:00-10:00pm
Fri	Mar 6	1st Friday Stations of the Cross, Holy Mass, Praise & Worship, Talk by Fr. Ben St. Croix
Sat	Mar 7	Children’s Choir Practice 10:00am-11:30am

NESSINGER HALL

Tue	Mar 3	Prime Time Line Dancing 1:00-4:00pm
Tue	Mar 3	Bible Study: Bible Timeline 7:00-9:00pm
Wed	Mar 4	Christian Initiation of Children 6:30-7:30pm
Thurs	Mar 5	Confirmation Session 6:30-8:00pm
Sat	Mar 7	Confirmation Session 10:00am-12:00pm
Sat	Mar 7	Bible Timeline Make-up 12:15-4:15pm

SEMINAR ROOM

Mon	Mar 2	RCIA 7:00-9:00pm
Tue	Mar 3	Knights of Columbus 7:30-9:00pm
Wed	Mar 4	Prime Time Crafts 1:00-4:00pm
Wed	Mar 4	Sacramental Preparation 6:30-7:30pm
Wed	Mar 4	Parish Community Prayer Group 7:30-8:30pm
Sat	Mar 7	Lay Carmelites 9:00am-4:00pm
Sat	Mar 7	CFCFFL 6:30-10:30pm

READINGS OF THE WEEK

Mon	March 2	Leviticus 19:1-2, 11-18; Matthew 25:31-46
Tue	March 3	Isaiah 55:10-11; Matthew 6:7-15
Wed	March 4	Jonah 3:1-10; Luke 11:29-32
Thurs	March 5	Esther 14:1, 3-5, 12-14; Matthew 7:7-12
Fri	March 6	Ezekiel 18:21-28; Matthew 5:20-26
Sat	March 7	Deut 26:16-19; Matthew 5:43-48
Sun	March 8	Genesis 12:1-4; 2Tim 1:8b-10; Matthew 17:1-9

Living the Gospel by Sharing Our Blessings



“The needs of our brothers and sisters in Christ are greater than ever before. In order for ShareLife agencies to continue their vital work, it is crucial that we meet our parish campaign of \$13.8 million. Our goal can be met, but only with your help. As you contemplate the blessings God has entrusted to you, please join me in giving to ShareLife to the best of your ability.” - Cardinal Thomas Collins

MASS INTENTIONS

Tues	Mar 3 9am	For the soul of Luiza Maria Couthino, requested by her friends
Wed	Mar 4 7pm	For the healing of Emilio Moreno Andrade, requested by his daughter
Thur	Mar 5 9am	For thanksgiving of Pat Vegas 90th birthday, requested by Robert and Hedy
Fri	Mar 6 7pm	For the soul of Walter Lobo, requested by Maurice and Wilma Saldanha
Sat	Mar 7 9am	<ol style="list-style-type: none"> 1. For the soul of Nury Andrews, requested by the Andrews Family 2. For the soul of Lina Ariganello, requested by Rob Ariganello 3. For the soul of Polson and Annie Karam, requested by the Nicholson Family 4. For the soul of Justiano Lawrence Lewis, requested by the Nicholson Family
	5pm	<ol style="list-style-type: none"> 1. For the soul of Ronald D'Souza, requested by the D'Souza Family 2. For the soul of Domingo Narciso, requested by Linda Narciso
Sun	Mar 8 10am	<ol style="list-style-type: none"> 1. For the soul of Philomena and Anthony Falcon, requested by the Falcon Family 2. For the soul of Adeline and Sydney Carvalho, requested by the Falcon Family 3. For the soul of Lynette Colaco, requested by the Falcon Family 4. For the soul of Donald Parnell, requested by the Falcon Family

CATHOLIC WOMENS LEAGUE

There will be a pulpit announcement after all masses on March 7th and 8th about Catholic Women's League by women from the League. They will also answer any questions after the masses for those who are interested in forming a league in the parish.

Catholic Women's League (CWL) empowers and encourages the women in parishes to be transformational and influential leaders in the community where they work, live, and worship.

INCOME TAX PREPARATION

FREE Income Tax Preparation for low income individuals / families, newcomers and seniors is offered by the Community Volunteer Income Tax Program (CVITP), coordinated by the Canada Revenue Agency. Eligibility requirements are posted on the bulletin board. Contact the parish office to book an appointment on Saturdays from 9:00 - 11:30am beginning February 29th and during the months of March and April.

Additional times from 1:00– 3:30pm is added for April 18th and 25th.



STATIONS of the CROSS

Every Friday during Lent

Holy Mass is celebrated after the Stations of the Cross

REPENT. PRAISE. GIVE THANKS.

Praise & Worship and Talk follows after the celebration of the Holy Mass on 1st Friday, March 6.

HOLINESS
by Fr. Ben St. Croix, CC

ST. JOHN OF THE CROSS PARISH PRAYER GROUP

YOUTH MINISTRY EVENTS

**March Break Camp for Grades 1-6:
Mon, Mar 16 - Fri, Mar 20, 9am-4pm
daily with Extended Care available.
Registration @ at parish office or @
www.jcym.ca/marchbreak**



FREE CATHOLIC ESTATE PLANNING

Come and learn about the importance of a Will, Powers of Attorney & Estate Planning as well as Catholic teachings and traditions around cremation. The Archdiocese of Toronto estate planning team & Catholic Cemeteries & Funeral Services will share:

- How to protect your loved ones with a proper Will
- How to ensure that your wishes are legally protected
- About Powers of Attorney
- Finding lawyers and estate planning advisors

Saturday, March 14th, 9:00am
Assumption Catholic Cemetery
6933 Tomken Road, Mississauga
RSVP: Frank, 416.733.8544 x 2023 or email
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