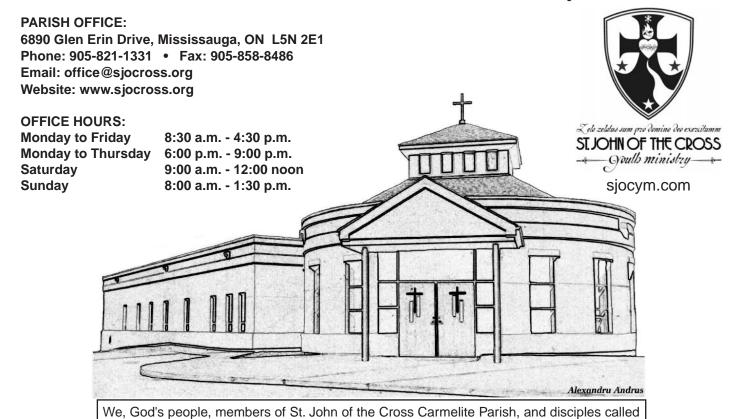
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St. John of the Cross Parish

Served by the Carmelites



through baptism to be prophetic, priestly, and holy, have been chosen to serve, help, and

guide each other on our Christian pilgrimage through life, to the Kingdom of God.

SUNDAY MASSES

Saturday: 5:00 p.m.

Sunday: 8:00 a.m., 10:00 a.m., 12:00 p.m., 4:00 p.m.

WEEKDAY MASSES AT THE CHURCH

Monday through Saturday: 9:00 a.m. Every Wednesday: additional mass 7:00 p.m. followed by Novena to Our Lady of Perpetual Help First Friday: additional mass 7:00 p.m. followed by Adoration

RECONCILIATION

Saturday: 4:00 p.m. to 4:45 p.m. Other times by appointment.

BAPTISM

BY APPOINTMENT ONLY

Parents are required to attend the Baptism Preparation Class. They are also encouraged to attend the class prior to the birth of the baby. Godparents are also expected to attend this class. A registration package is available at the Parish Office or at our website.

MARRIAGE

It is required that one of those to be married resides within the Parish boundary. Couples planning to be married must contact the Parish Office at least one year in advance of their proposed date. They are required to complete a Marriage Preparation Course.

SICK AND HOMEBOUND

Please contact the parish office if confined to home or hospitalization so sacramental care may be provided.

JOHN OF THE CROSS was born in 1542 at Fontiveros in Spain. He entered the Carmelite Community and was ordained a priest in 1567. Renowned for his wisdom and sanctity, he died at Ubeda in 1591. His writings are not only classics of spirituality, but also of Spanish literature. His best known books are The Ascent of Mount Carmel, The Dark Night of the Soul, and The Living Flame of Love.

PASTORAL TEAM Tel/Voice Mail

Fr. Joyson George, O Carm., **Pastor** pastor@sjocross.org Ext 228
Fr. Felix Antony, O.Carm., **Assoc. Pastor** frfelix@sjocross.org 224
Rev. Mr. John Cannon, **Deacon** deaconjohn@sjocross.org 222

PARISH SECRETARY – Violanta Nicholson 223
YOUTH MINISTER – Ante Skoko ym@sjocross.org 226
RECEPTIONIST – Liane Harris

SACRAMENTAL PREPARATION

First Communion & First Reconciliation 225 Confirmation 230

ST. VINCENT DE PAUL SOCIETY

SCHOOLS

St. Albert of Jerusalem	905-785-9298
St. Elizabeth Seton	905-821-2277
St. John of the Cross	905-824-3058
St. Richard	905-826-5572
St. Teresa of Avila	905-858-3462
St. Thérèse of the Child Jesus	905-785-0066
Our Lady of Mount Carmel	905-824-1025

5th Sunday of Ordinary Time

1st Reading: Isaiah 58:6-10++
2nd Reading: 1 Corinthians 2:1-5

Gospel: Matthew 5:13-16 Salt and Light

The Light of Stewardship

St. Teresa of Avila is famously quoted for saying, "from sour-faced saints, good Lord, deliver us." She believes that Christians who are on fire for their faith shouldn't be downcast but instead be joyful stewards of Christ. In today's Gospel, Jesus says "let your light shine before human beings so that they may see your good works and give glory to your Father in heaven" (Matt 5:16).

Jesus challenges us to let our light shine brightly. We must not be stewards with gloomy and sour faces, but ones that shine with the peace and joy of knowing that we are beloved children of God. Pope Francis says that "we need smiling Christians, not because they take things lightly, but because they are filled with the joy of God, because they believe in love and live to serve."

When people see us, they should be able to see the love and joy that emanates not from us, but from God dwelling within us. As stewards, we should fight the temptation to become complacent or robotic in our good works, doing them as if we're on autopilot. Instead, we should strive to be intentionally joyful and light-hearted as we serve Christ and His Church. Let us ask ourselves today, does our demeanor as stewards showcase the reality of God's transforming love to others? Does our light truly shine forth as a witness to the world?

"We need smiling Christians, not because they take things lightly, but because they are filled with the joy of God, because they believe in love and live to serve."



RESERVATIONS

CHURCH

Tue	Feb 11	Adult Choir Practice 8:00-10:00pm
Wed	Feb 12	Band Practice 8:00-10:00pm
Thurs	Feb 13	Folk Choir Practice 8:00-10:00pm
Sat	Feb 15	Children's Choir Practice 10:00-11:15am
Sun	Feb 16	Baptism 2:00pm

NESSINGER HALL

Mon	Feb 10	EDGE 7:00-9:00pm
Tue	Feb 11	Prime Time Line Dancing 1:00-4:00pm
Tue	Feb 11	Bible Study: Bible Timeline 7:00-9:00pm
Wed	Feb 12	Knights of Columbus 7:30-9:30pm
Wed	Feb 12	Christian Initiation of Children 6:30-7:30pm
Thurs	Feb 13	St. Vincent de Paul Society 7:30-9:00pm
Fri	Feb 14	LIFETEEN 7:00-9:00pm

SEMINAR ROOM

Mon	Feb 10	RCIA 7:00-9:00pm
Tue	Feb 11	Baptism Class 7:00-9:00pm
Wed	Feb 12	Prime Time Crafts 1:00-4:00pm
Wed	Feb 12	Sacramental Preparation 6:30-7:30pm
Thurs	Feb 13	Youth Ministry Meeting 10:00am-12:00noon
Fri	Feb 13	Adult Sacramental Preparation 7:00-8:45pm

READINGS OF THE WEEK

Mon	Feb 10	1 Kings 8:1-7,9-13; Mark 6:53-56
Tue	Feb 11	1 Kings 8:22-23,27-30; Mark 7:1-13
Wed	Feb 12	1 Kings 10:1-10; Mark 7:14-23
Thurs	Feb 13	1 Kings 11:4-13; Mark 7:24-30
Fri	Feb 14	1 Kings 11:29-32, 12-19; Mark 7:31-37
Sat	Feb 15	1 Kings 12:26-32,13:33-34; Mark 8:1-10
Sun	Feb 16	Sirach 15:15-20; 1 Cor 2:6-10; Matt 5:17-37

"Thank God ahead of time."

Bl. Solanus Casey

Father Solanus suggests that we thank God for what has not yet transpired. We are expressing hope beyond hope, because we know who God is (all good) and that everything we will encounter in the future is cause for gratitude.

MASS INTENTIONS		
Tue	Feb 11 9am	For the conversion of Cleve Kenny, requested by Anne Kenny For the soul of Don Pace, requested by Esther Pace
Wed	Feb 12 9am	For birthday thanksgiving of Esther Kange, requested by her family For the soul of James Ude, requested by his family
Fri	Feb 14 9am	For the healing of Nadine and Adrian Kenny, requested by Anne Kenny For the soul of Jose Fernandes, requested by Angelina Fernandes
Sat	Feb 15 5pm	For the soul of John D'Souza, requested by Ivy Carnelio
Sun	Feb 16 12pm	 For the soul of Durval Manuel Carrita, requested by Ines Carrita For the health and recovery of Ashish Mukherjee, requested by the McClellan Family

WORLD DAY OF THE SICK, FEBRUARY 11

When we, or those we love, become sick, everything changes. Routines are upended, roles are reversed and the future can be uncertain. Jesus experienced and bore these burdens in his lifetime and meets us with mercy, comfort and compassion.

Lord, we pray for all the sick, especially those in our parish, and their families. Lord, hear our prayers.

YOUTH MINISTRY EVENTS

March Break Camp for Grades 1-6: Mon, Mar 16 - Fri, Mar 20, 9am-4pm daily with Extended Care available. Registration @

> www.jcym.ca/marchbreak or at the parish office



Extraordinary Ministers of Holy Communion Ministry

Volunteers Needed

The ministry provides volunteers with the opportunity to participate at Mass as Eucharistic Ministers assisting with the service of Holy Communion. Volunteers are needed for all Masses but are especially needed for the 4pm Mass on Sundays. If you are interested in volunteering, please leave your name and phone number at the Parish Office.

UPCOMING EVENTS

February 25 - SHROVE TUESDAY
SHARELIFE PANCAKE SUPPER

February 26 - ASH WEDNESDAY (Lent Begins)

February 28 - LENTEN STATIONS OF THE CROSS & MASS BEGINS

February 29 - RITE OF THE ELECT

Watch out for details in the upcoming bulletins.

MINISTERS OF CARE

Growing in Ministry Gathering

Saturday, February 29, 10:00am-1:00pm Nativity of Our Lord Parish 480 Rathburn Road, Etobicoke

Register at:

http://bit.ly/MinOfCare-GrowingInMinistry

Or contact: formation@archtoronto.org

Phone: 416.934.3400 x 523





After all weekend Masses on February 15th/16th and 22nd/23rd.

COFFEE SUNDAY NEXT WEEKEND!

Come, enjoy a cup of coffee, cookies and juice next weekend hosted by the Music Ministry. Mingle around and get to

know another member of our community.

JC Youth Ministry – February 2020 Update



EDGE helps Middle Schoolers (Grade 5-8) unleash who they were created to be, in Christ.

Edge is a Catholic middle school youth ministry program. It provides a safe fun place for youth to find solid Catholic community, to get answers to their questions about faith, and, most importantly, to experience Jesus in a profound and personal way. Edge speaks to the physical, psychological, cognitive, relational, and spiritual maturation of middle school youth. Edge has different semesters of Edge Nights every year, retreats, and has an adult Core Team, to assist in ministry and teaching in a way that young people can understand.

Our doors are always open to new youth. Come join us!









EDGE Camp is a fun and engaging five-day Catholic adventure camp in Haliburton with:

Sports & Activities, Live Music, Catechesis, Mass & Adoration, Fellowship, Praise & Worship



More info & registration @ www.jcym.ca/edgecamp (Open to EDGE youth only)



JC Youth Ministry - February 2020 Update



LIFE TEEN strengthens teens' Catholic identity, while rooting them firmly in Christ and His Church

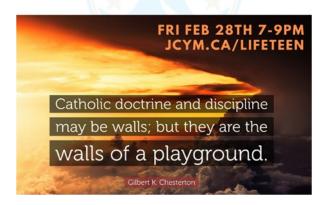
We at JCYM believe a revolution is happening. And we believe that this revolution is taking place in our Church, in our homes, in our schools and in our workplaces. It is a Catholic revolution, it is a generation of teenagers, parents, young and old alike who are rising up to proudly live their lives for Jesus Christ. The LIFE TEEN ministry at St. John of the Cross is a small part of this larger movement that extends far beyond the walls of our parish. LIFE TEEN began as a ministry in 2005 in Arizona & has since spread through North America; guided by the Holy Spirit through the intercession of Mary, drawing strength through the Holy Mass & Eucharist.

Our doors are always open to new youth. Come join us!









www.jcym.ca/confirmation

confirmation@sjocross.org

Confirmation Days Released





For youth currently in Grades 1-6 Mon March 16th – Fri March 20th 9:00am

- 4:00pm @ St. John of the Cross Parish

FEE: \$25 per Day, OR \$100 for the Week (\$25 Discount)

Family Discount: Siblings \$20/day OR \$80/week

EXTENDED CARE:

Daily with AM (8-9am) and/or PM (4-5pm) options - \$5/day Family Discount: 2nd/3rd Child Extended Care is free

REGISTER ONLINE www.jcym.ca/marchbreak

Youth Minister Ante Skoko | ym@sjocross.org | 905.821.1331 Ext.226 www.jcym.ca

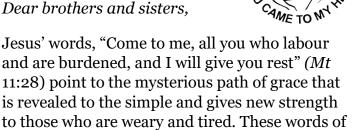
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MESSAGE OF HIS HOLINESS POPE FRANCIS FOR THE XXVIII WORLD DAY OF THE SICK

11 February 2020

"Come to me, all you who labour and are burdened, and I will give WHEN I WAS ILL you rest" (Mt 11:28)



Christ express the solidarity of the Son of Man with all those who are hurt and afflicted. How

people suffer in both body and soul! Jesus urges everyone to draw near to him - "Come to me!" and he promises them comfort and repose. "When Jesus says this, he has before him the people he meets every day on the streets of Galilee: very many simple people, the poor, the sick, sinners, those who are marginalized by the burden of the law and the oppressive social system... These people always followed him to hear his word, a word that gave hope! Jesus' words always give hope!"

On this XXVIII World Day of the Sick, Jesus repeats these words to the sick, the oppressed, and the poor. For they realize that they depend entirely on God and, beneath the burden of their trials, stand in need of his healing. Jesus does not make demands of those who endure situations of frailty, suffering and weakness, but offers his mercy and his comforting presence. He looks upon a wounded humanity with eyes that gaze into the heart of each person. That gaze is not one of indifference; rather, it embraces people in their entirety, each person in his or her health condition, discarding no one, but rather inviting everyone to share in his life and to experience his tender love.

Dear brothers and sisters who are ill, your sickness makes you in a particular way one of those "who labour and are burdened", and thus attract the eyes and heart of Jesus. In him, you will find light to brighten your darkest moments and hope to soothe your distress. He urges you: "Come to me". In him, you will find strength to face all the worries and questions that assail you during this "dark night" of body and soul. Christ did not give us prescriptions, but through his passion, death and resurrection he frees us from the grip of evil. In your experience of illness, you certainly need a place to find rest. The Church desires to become more and more the "inn" of the Good Samaritan who is Christ (cf. Lk 10:34), that is, a home where you can encounter his grace, which finds expression in closeness, acceptance and relief. In this home, you can meet people who, healed in their frailty by God's mercy, will help you bear your cross and enable your suffering to give you a new perspective. You will be able to look beyond your illness to a greater horizon of new light and fresh strength for your lives.

A key role in this effort to offer rest and renewal to our sick brothers and sisters is played by healthcare workers: physicians, nurses, medical and administrative professionals, assistants and volunteers. Thanks to their expertise, they can make patients feel the presence of Christ who consoles and cares for the sick, and heals every hurt. Yet they too are men and women with their own frailties and even illnesses. They show how true it is that "once Christ's comfort and rest is received, we are called in turn to become rest and comfort for our brothers and sisters, with a docile and humble attitude in imitation of the Teacher"

To the Blessed Virgin Mary, Health of the Sick, I entrust all those who bear the burden of illness, along with their families and all healthcare workers. With the assurance of a remembrance in my prayers, I cordially impart my Apostolic Blessing.

(Excerpts from Pope Francis Message. The whole write up, is at http://www.vatican.va/content/francesco/en/ messages/sick/documents/papafrancesco_20200103_giornata-malato.html

COME AND SEE WEEKEND

March 13-15, 2020 at St. Augustine's Seminary

Inviting single Catholic men 17 years and older, to cultivate a deeper prayer life and relationship with Jesus Christ; leading to a better discernment of God's call for their lives. Time for prayer, reflection and information on the process of becoming one of Christ's disciples as a Catholic priest. Please register online at www.vocationstoronto.ca. For more information, please contact the Office of Vocations at 416.968.0997; or email vocations@archtoronto.org.

Please note: Registrants 17 years old will require parental consent.

VOCATION SEEDS

"You are the light of the world." Are you willing to let your light shine as a priest, deacon, brother, or sister? If you think God is calling you to a church vocation, contact Fr. Christ Lemieux, Vocation Director, Archdiocese of Toronto at 416.968.0997.

INCOME TAX PREPARATION

FREE Income Tax Preparation for low income individuals / families, newcomers and seniors is offered by the Community Volunteer Income Tax Program (CVITP), coordinated by the Canada Revenue Agency. Eligibility requirements are posted on the bulletin board. Contact the parish office to book an appointment on Saturdays from 9:00 - 11:30am beginning February 29th and during the months of March and April.

Additional times from 1:00–3:30pm is added for April 18th and 25th.

Valentine Mass Cards, Bibles, Catechism of the Catholic Church, Rosaries, Mass Cards, and Scapulars are available in the Parish Office. You can purchase them during office hours.



MOVING? Please notify the parish office.

PARISH PILGRIMAGE TO HOLY LAND

Under the Spiritual Leadership of Fr. Felix Antony

October 25—November 2, 2020 (9 days) \$3,099 if booked by March 13 - Toronto Departure including all taxes & tips

Travel arrangements by International Heritage Tours. See the bulletin board for more information.

LIFT JESUS HIGHER RALLY 2020

Lift Jesus Higher Rally (LJHR) is an annual event for Youth and Adults that focuses on evangelizing through uplifting music, testimonials, confessions, reflections, Divine Mercy celebration and Eucharistic Procession.

Rally Location: Metro Toronto Convention Centre
John Bassett Theatre, 255 Front Street West, Toronto
Rally Time: Saturday, March 7th from 9:00am to 5:30 pm
If interested, contact Ante Skoko, Youth Ministry
Coordinator, in the parish
office.

"A humble soul does not trust itself, but places all its confidence in God." St. Faustina

POPE FRANCIS' FEBRUARY PRAYER INTENTION

Listen to the Migrants' Cries We pray that the cries of our migrant brothers and sisters, victims of criminal trafficking, may be heard and considered.

Our Father ... Hail Mary ... Glory Be ...

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