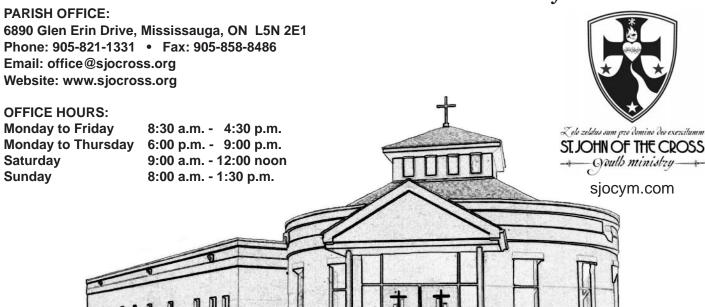
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St. John of the Cross Parish

Served by the Carmelites



We, God's people, members of St. John of the Cross Carmelite Parish, and disciples called through baptism to be prophetic, priestly, and holy, have been chosen to serve, help, and guide each other on our Christian pilgrimage through life, to the Kingdom of God.

SUNDAY MASSES

Saturday: 5:00 p.m.

Sunday: 8:00 a.m., 10:00 a.m., 12:00 p.m., 4:00 p.m.

WEEKDAY MASSES AT THE CHURCH

Monday through Saturday: 9:00 a.m. Every Wednesday: additional mass 7:00 p.m. followed by Novena to Our Lady of Perpetual Help First Friday: additional mass 7:00 p.m.

followed by Adoration

RECONCILIATION

Saturday: 4:00 p.m. to 4:45 p.m. Other times by appointment.

BAPTISM

BY APPOINTMENT ONLY

Parents are required to attend the Baptism Preparation Class. Parents are also encouraged to attend the Baptism Class prior to the birth of the baby. A registration package is available at the Parish Office or by visit to our Website.

PASTORAL TEAM Tel/Voice Mail

Fr. Joseph Kalluvila, O. Carm., **Pastor** pastor@sjocross.org Ext 228
Fr. Felix Antony, O.Carm., **Assoc. Pastor** frfelix@sjocross.org 224
Fr. Sebastian Joseph, O.Carm., **Assoc. Pastor** frsebastian@sjocross.org 223
Rev. Mr. John Cannon, **Deacon** deaconjohn@sjocross.org 222

PARISH SECRETARY – Violanta Nicholson	229
RECEPTIONIST – Liane Harris	221
Youth Minister – Ante Skoko ym@sjocross.org	226

SACRAMENTAL PREPARATION

First Communion & First Reconciliation	225
Confirmation	230

ST. VINCENT DE PAUL SOCIETY

SCHOOLS	
St. Albert of Jerusalem	905-785-9298
St. Elizabeth Seton	905-821-2277
St. John of the Cross	905-824-3058
St. Richard	905-826-5572
St. Teresa of Avila	905-858-3462
St. Thérèse of the Child Jesus	905-785-0066
Our Lady of Mount Carmel	905-824-1025

MARRIAGE

It is required that one of those to be married resides within the Parish boundary. Couples planning to be married must contact the Parish Office at least one year in advance of their proposed date. They are required to complete a Marriage Preparation Course.

SICK AND HOMEBOUND

Please contact the parish office if confined to home or hospitalization so sacramental care may be provided.

JOHN OF THE CROSS was born in 1542 at Fontiveros in Spain. He entered the Carmelite Community and was ordained a priest in 1567. Renowned for his wisdom and sanctity, he died at Ubeda in 1591. His writings are not only classics of spirituality, but also of Spanish literature. His best known books are The Ascent of Mount Carmel, The Dark Night of the Soul, and The Living Flame of Love.

READINGS OF THE WEEK

Mon	May 20	Acts 14:5-18; John 14:21-26
Tues	May 21	Acts 14:19-28; John 14:27-31a
Wed	May 22	Acts 15:1-6; John 15:1-8
Thurs	May 23	Acts 15:7-21; John 15:9-11
Fri	May 24	Acts 15:22-31; John 15:12-17
Sat	May 25	Acts 16:1-10; John 15:18-21
Sun	May 26	Acts 15:1-2, 22-29; Revelation 21:10-14, 22-
		23; John 14:23-29

CHURCH

Tue	May 21	Adult Choir Practice 8:00-10:00pm
Wed	May 22	Band Practice 8:00-10:00pm
Thurs	May 23	Folk Choir Practice 8:00-10:00pm

SEMINAR ROOM

Tue	May 21	School Parish Rep Meeting 7:00-8:30pm
Wed	May 22	Prime Time Crafts 2:00-4:00pm
Sat	May 25	Rosary Apostolate Family Program Training 9:45am-12noon

NESSINGER HALL

Tue	May 21	Prime Time Line Dancing 1:00-3:00pm
Fri	May 24	LIFE TEEN 6:30-8:30pm
Sat	May 25	Confirmation 10:00am-1:00pm



Would you like one of the priests or the deacon from our parish visit you while you are in the hospital? *Please let us know by calling the parish office*, 905.821.1331.

SACRAMENTAL PREPARATION

Telephone voice mail extensions at the parish for questions regarding sacramental preparation for baptized children attending Catholic school. Message will be returned by Sacramental Team.

905.821.1331 x 225 1st Communion / Reconciliation

905.821.1331 x 230 Confirmation

WEDDING ANNOUNCEMENT



There is a promise of marriage between

Sheldon D'Sousa and Stephanie McIntosh

LET US PRAY FOR THIS COUPLE FOR A HAPPY MARRIAGE

Let us pray for all the sick, especially those who are lonely and hardly have any resources, for their families, and for their medical team.

BECOMING PRAYER

Prayer is an ongoing dialogue of intimate communion with God. God fashioned men and women as the crown of His creation, creating us in "His Image", for this loving, relational



conversation of life with Him. Our relationship with God was broken, separated and wounded through the first sin, the sin of origins or "original sin". That sin, like all sin since, is at root a misuse of freedom infected by pride and self sufficiency. The "Good News" is that through Jesus Christ, the way has been opened for an even fuller communion with God, one that is restored through His Incarnation, Saving life, Death and Resurrection. In Jesus Christ we are being re-created, re-fashioned and redeemed. The Lord wants us to freely choose to respond to His continual invitations to love. We will only find our fulfilment as human persons by entering into that kind of relationship. This is the meaning and purpose of life itself. As we grow in faith through our participation in the life of grace, lived out in the Church, our capacity to respond to His loving invitation grows as well, through prayer.

"When the Spirit dwells in a person, from the moment in which that person has become prayer, he never leaves him. For the Spirit Himself never ceases to pray in him. Whether the person is asleep or awake, prayer never from then on departs from his soul. Whether he is eating or drinking or sleeping or whatever else he is doing, even in deepest sleep, the fragrance of prayer rises without effort in his heart. Prayer never again deserts him. At

We will live the way we love and we will love the way we pray.

every moment of his life, even when it appears to stop, it is secretly at work in him continuously, one of the Fathers, the bearers of Christ, says that prayer is the silence of the pure. For their thoughts are divine

motions. The movements of the heart and the intellect that have been purified are the voices full of sweetness with which such people never cease to sing in secret to the hidden God."

Through prayer we are drawn by Love into a deepening relationship with Jesus whose loving embrace on the hill of Golgotha bridged heaven with earth; His relationship with His Father is opened now to us; the same Spirit that raised Him from the dead begins to give us new life as we are converted, transfigured and made new. Through prayer, heavenly wisdom is planted in the field of our hearts and we experience a deepening communion with

the Trinitarian God. We become, in the words of the Apostle Peter "partakers of the divine nature." (2 Peter 1:4) That participation will only be fully complete when we are with Him in the fullness of His embrace, in Resurrected Bodies in a New Heaven and a New earth, but it begins now, in the grace of this present moment. As we "become prayer" our daily life becomes the field of choice and we are capacitated to choose the "more excellent way" of love of which the great Apostle Paul wrote. (1 Cor. 13)

"Becoming prayer" is possible for all Christians, no matter their state in life or vocation, because God holds nothing back from those whom He loves. This relationship of communion is initiated by Him. Our part is to respond.

(Excerpts from Deacon Keith Fournier Reflections www.catholic.org/news/hf/faith/story.php?id=28750)

GRIEF: THE UNTOLD STORY BEREAVEMENT SEMINAR FOR THOSE WHO HAVE SUFFERED A LOSS

For those who mourn, there is a sadness and heaviness that is difficult to lift. Learn how to explore grief, experience healing, and renew our faith.

Seminar will be held in the funeral home of Assumption Catholic Cemetery, 6933 Tomken Road, Mississauga Sunday, June 9, 2:00-3:00pm

Contact: Catholic Cemeteries & Funeral Services – Archdiocese of Toronto

Phone: 416.733.8544 x 2047 E-mail: info@cc-fs.ca

CARMELITE MOMENTS



St. Joachina de Vedruna de Mas Feast Day: May 22

Joachina was born in Barcelona in 1783. She founded the Congregation of Carmelite Sisters of Charity to care for the sick and education of

children, especially the poor. She was greatly drawn to contemplating the mystery of the Holy Trinity. Her spiritual life was marked by prayer, mortification, detachment, humility and love. St. Joachina, pray for us.

"In every person, there is a cry for the infinite. We are very different from cows grazing in the field. None of us is satisfied with the limited. We want more, more, more. More power, more love, more knowledge. This cry for the infinite is a cry for God, and we will be dissatisfied until we find it." – Jean Vanier

YOUTH MINISTRY EVENTS

The 2nd annual Summer Day Camp at our parish is for youth in Grades 1 to 8 (as of Sep 2019) and runs 9:00am-3:30pm, with extended care available and

discounts for siblings. We're incorporating our Catholic faith with fun sports, games, crafts, music, and more! Registration closes on July 7th.

Registration is online @ www.sjocym.com/crosscamp

Week 1: Mon Aug 5th - Fri Aug 9th, 2019 Week 2: Mon Aug 12th - Fri Aug 16th, 2019

PRIME TIME CLUB

A social group for those over 50 with a membership of \$10 per year. Held occasionally are outings, Saturday evening dinners in Nessinger Hall and luncheon in local restaurants. Held weekly are Line Dancing on Tuesdays at 1pm and Craft Group on Wednesdays at 2pm.

Contact Mary at 905.824.8537.

PRAYER FOR VOCATIONS

Lord Jesus, as you once called the first disciples to make them fishers of men, let your sweet invitation continue to resound: Come, follow Me! Give young men and women the grace to respond quickly to Your voice. Support our bishops, priests, and consecrated people in their apostolic labour. Grant perseverance to our seminarians and to all those who are carrying out the ideal of a life totally consecrated to your service. Awaken in our community a missionary

Lord, send workers to Your harvest and do not allow humanity to be lost for the lack of pastors, missionaries, and people dedicated to the cause of the Gospel. Mary, Mother of the Church, the model of every vocation, help us to say "yes" to the Lord who calls us to cooperate in the divine plan of salvation. Amen. - Pope St. John Paul II

WELCOME NEW PARISHIONERS!

Welcome to St. John of the Cross Parish Community! We are glad to have you. Please feel free to introduce yourself to Fr. Joseph, Fr. Sebastian, or Fr. Felix and when you get a chance, come by the Parish Office and register as a new parishioner.

PARISH OFFICE IS CLOSED ON MONDAY, MAY 20TH FOR VICTORIA DAY.



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